

Chests Out

Women Veterans, proud to have served our nation.

06/2026 JUNE

Sharing Friendship



Members getting together at the Bundaberg RSL Veterans' Morning Tea

Association Information

POSTAL ADDRESS: PO Box 397 Bundaberg Qld 4670

PHYSICAL ADDRESS: 4 Glasgow St, Svensson Heights Qld 4670

WEBSITE: <https://bundywomenveterans.org.au> FACEBOOK: Bundaberg District Women Veterans Inc

E-MAIL: secretary@bundywomenveterans.org.au

admin@bundywomenveterans.org.au (enquiries) <> wellbeing@bundywomenveterans.org.au
events@bundywomenveterans.org.au

BUSINESS INFORMATION: Incorporation IA13064 NFP Charity ABN 78362718229 Public liability Insurance Miramar -132848-Q \$20M
See website for constitution, by laws, business plan and other important documents

Electronic Funds Transfer & Direct Deposits:

Bundaberg District Women Veterans Inc. **Westpac Bundaberg: BSB 034122 A/c 637419**

PLEASE INFORM SECTY or TREAS.

CASH: You can pay cash at a meeting—Please assist the Treasurer by having the correct money.
If you need a receipt let the treasurer know.

MEMBERSHIP: Service Member \$10; Associate \$15 per year. You may pay for more than one year. Please be sure to alert treasurer of your transfer of money. Your secretary has a record of your advance payments—contact her to check your status.

Patron: Leone Wilson OAM

EXECUTIVE COMMITTEE MEMBERS

President: Jenny Waldron OAM

07 4157 4621 0487 302 114 jenny.waldron@outlook.com

Vice President: Mary-Rose Mulvaney OAM

0419 121 128 maryrose.mulvaney@gmail.com

Secretary: Gloria Kilpatrick

0408 886 421 kilpatrickg@hotmail.com

Treasurer: Sharon Barsby

07 4157 4621 0428 570 014 sharonbarsby1@outlook.com

COMMITTEE MEMBERS

Deb Bratt 0422 028 773 debbrattis@gmail.com

Angella Hillis CSC (Commemorations)

0400 422 331 hillis.wa@gmail.com

Kay Littler (Assistant Treasurer)

07 4159 1881 0427 685 167 pdk7@dodo.com.au

Annette Newsham (Librarian)

0407 581 935 annettenewsham@yahoo.com.au

Lynne Pollock (Property)

07 4151 7795 0438 517 795 lynne.pollock21@outlook.com

WELLBEING SUPPORT OFFICERS

Jenny Waldron OAM 07 4157 4621 0487 302 114

Shirley Watson 0408 460 951

Leone Wilson OAM 07 4159 4135 0427 415 946

Terrie-Ann Howard (WO) 0409 700 581

GENERAL APPOINTMENTS

Activities	Jenny Waldron, Mary-Rose Mulvaney, Deb Bratt, Kerry Clements, Terrie-Ann Howard, Gloria Kilpatrick, Annette Newsham
Assist. Secty	Leone Wilson (non committee)
Awards	President, Vice President plus as per policy 1.17
Commemorations	Angella Hillis, Leone Wilson
Commun & Prom	President
Financial Auditor	Lynne Pollock, Sheona Webster-Gorrie
Fundraising	Sharon Barsby, Kay Littler, Lynne Pollock
Grants	Jenny Waldron, Kay Littler, Sharon Barsby
History	Leone Wilson
Legacy Liaison	Sheryl Parker, Lynne Pollock
Library	Annette Newsham
Line Dancing	Sharon Barsby
Newsletter	Leone Wilson
Property	Lynne Pollock, Sharon Barsby
RSL Liaison	Dannielle Brearley, Gloria Kilpatrick
Social Media	Helen Baldwin (pending), Jenny Waldron
Ten Pin Bowls	Lynne Pollock
Website	Jenny Waldron, Faye Chatham

OTHER RESPONSIBILITIES

Activities	AO, Sub C'tee, Coordinators
Activity Bookings	You, AO, Coordinator, Treasurer
Membership	Secretary, Treasurer, President
Policy & Procedures	President, Secretary
Strategic Planning	President

CURRENT LIFE MEMBERS

Leone Wilson OAM

Shirley Watson

Kay Derome

Jennifer Waldron OAM

Sharon Barsby

Behind the news, June

Sad news

One of our 'Friends of Ex Servicewomen' associates, Bernie Phelan has passed away. See page 10

Meeting

It was very obvious from President Jenny's reports, that a lot of work is being carried out particularly by those involved in planning activities for the rest of the year, and the reunion.

One of the best ways we can show our appreciation, is to participate in the events; and many are doing just that. Great to see! A big thank you to all of the workers.

A few members were missing from the meeting but hopefully we will see you attend next time, and that won't be until August.

Thanks to members who contribute prizes and purchase tickets in the meeting raffle. And of course, to those who bring goodies for afternoon tea.

ACTIVITIES

SCESSWA – lunch held 4 Jun

Members who attended the Sunny Coast Luncheon all reported an enjoyable time with many mates.

Bundy 59th Birthday Mon 20 July

It is almost time to celebrate our birthday. Bookings are required by 30 June and cost is \$35 members and \$45 for guests.

The Swinging Seventies is sure to create a merry reason to get into the groove – so join in and laugh along with mates – and friends welcome.

Winter Light Lunch and Wine Tasting 3 Aug

What better way to decide which bottles of 60th anniversary wine you would like to order, than having a taste of what is on offer....and enjoy a seniors size meal at the same time.

\$20 will give you the opportunity to sip and dine in the comfort of the RSL Terrace room. Bookings are open now.

Hervey Bay Luncheon Saturday 17 Oct.

A coach has been booked and cost for lunch and

travel is \$70 per person.

This is another annual favourite and the theme for 2026 will raise the dead – 'Get your Ghoul on'. Our friends at the Bay are looking forward to a gathering of goblins, ghouls, and ghosts to contribute to a scream of a party to celebrate their 42nd Birthday.

Cost to attend, including travel is \$70. Don't forget to note any dietary requirements when you book. Sharon needs to RSVP before 3 October so get your name on the list and pay well before then please.

Christmas Lunch - Monday 16 November

Our usual end of year fun activity is an open book awaiting volunteers to coordinate the activity.

RSL Veterans Morning Tea 17 July 1000 Hrs

Some fourteen members attended the June veterans' morning tea hosted by the RSL Sub Branch.

The event was much more than enjoying the great friendship, Betty's famous scones and cream, and a cuppa – we also heard the latest on what is planned in coming months.

Check out pages 4 and 5 for more information and take a gander at the photos for an idea of what is on offer.

COMMEMORATIONS

These are covered on page 10 and in the general meeting minutes.

Representation is being arranged. Additional support from members would be appreciated.

WELLBEING

We have members who are no longer well enough to enjoy our activities. We also have some that are caring for family and those recovering from loss.

If we can help in some way please let us know. Meanwhile, you are not alone, you have the thoughts and best wishes of we who care.

Leone, Editor

TEN PIN BOWLERS – PLEASE NOTE!

REGULARS: If you are unable to attend an activity, please send a text or phone Lynne Pollock – she needs to know not to be waiting for you to arrive. Thanks.

ASPIRANTS: If you decide to come along and join with friends to have a go at this fun activity, please arrive before 1030 Hrs or better still, let Lynne Pollock know at least a day ahead that you will be there.



THE PROGRAM: Members gather in the café section, Bundaberg Bowl and Leisure and many enjoy a cuppa while Lynne checks off the numbers. After 1030 Hrs Lynne organises the required number of lanes and pays for the participants. At 1100 Hrs the fun begins. We finish bowling before noon and many stay on to enjoy some lunch together.

Have you read our Policy Manual?

Our policy manual is available for you to read on our website.

The Policies of our association are reviewed annually. They are compliant with our constitution and the relevant government acts. Bundaberg District Women Veterans policies are divided into two areas:

GOVERNANCE POLICIES cover:

Functions of the Management Committee
Role of the President
Budgeting
Induction and Training
Conflict of Interest
Financial Management
Website and Social Media
Commemorations

Ethics, Proper Practice and Conduct
Privacy
Not-for-profit Registered Organisation
Sub Committees
by-Laws
Asset Protection
War Nurses Memorial Park
Awards

OPERATIONAL POLICIES cover:

Positions and Appointments, Roles and Responsibilities
Duty Statements for each executive and for committee
Outgoing Committee and also Management Committee Meetings

SOMETIMES IT PAYS
JUST TO KNOW
WHERE TO LOOK

BUNDABERG RSL JULY MORNING TEA

INFORMATIVE AS WELL AS ENJOYABLE

The July morning tea, upstairs Terrace Room on Friday 17th
will include a special guest speaker,

Senior Constable Brittany Duncan will be there to talk about Cyber Security.

If you have a mobile phone or other electronic connection to the internet, you can't afford to miss this one.

Book with activities@bundabergsl.qld.net.au

Wellbeing

All of our activities are for the wellbeing of members

Weekly Line Dancing - Monthly Ten Pin Bowls *BEGINNERS WELCOME*

THE IDEA IS: **BE ACTIVE - HAVE FUN WITH FRIENDS**

Both of these are good for your health. NO SKILL NECESSARY



REMINDER: FREE EVENT

Friday 3rd July 2026 9:00am – 1:00 pm
Bundaberg Recreational Precinct, Kendalls Road

This is a fantastic opportunity to connect with up to 70 stall holders showcasing Community Services in the Bundaberg Region that offer support services for seniors. Promoting services for Wellbeing, Leisure Activities, Regional & Council Supports, Community Services for in home support, Age Care, Arthritis, Dementia, Qld Health to mention a few. Legacy, Bundaberg Women Veterans, Bundaberg & Qld RSL representatives will be there sharing a stall so drop in and share a smile.

See you there.....

Department of Veterans' Affairs

- LUNCH WITH PURPOSE

Tuesday 25th August –

Gallipoli Room, Bundaberg RSL Club

- How to access services
 - Overview of the claims process
 - Update on VETS Act reforms
 - Upcoming changes to Allied Health access
- \$20 per person includes lunch, 2 drinks.

BOOKING ESSENTIAL

Let's make up a women veterans table – enjoy friendship as well!

Ph:07 4330 3166 E: activities@bundaberg.rslqld.net.au

Your wellbeing begins with YOU

ACTIVITIES 2026

59th Birthday Luncheon—Monday 20 Jul, 1200 Hrs

Theme: ***The Swinging Seventies*** with Singalong Karaoke

**Bundaberg RSL Club, Terrace Room,
Member \$35 Guest \$45 RSVP 30 Jun.**

Coordinators: Jenny W, Terrie-Ann, Gloria K

(Pizza at Bungadoo has been cancelled at least for this year)

Winter Light Lunch & Wine Tasting Mon 03 Aug 1130 Hrs for noon.

\$20 per person. Special seniors light lunch and tasting included.

A chance to select and order your choice of our 60th anniversary commemorative wine

Feel free to bring a friend. This event is supporting our 2027 reunion.

RSVP 20 July

Country Getaway—Cania Gorge Tourist Retreat

Arrive Monday 31Aug depart Friday 4 Sep. Data sheet available at the Lodge.

Book cabin or site now (full payment required for cabins) Ph 4167 8110. Let Jenny W know if you book. (essential for planning). RSVP 20 August. Coordinators: Jenny W & Terrie-Ann

Hervey Bay Luncheon—Saturday 17 Oct

\$70 per person includes lunch and coach travel

Coach departing 0930, Bundaberg Coaches. RSVP 30 Sept. Coordinator Jenny W

Christmas Luncheon—Monday 16 Nov, 1200 Hrs

Bundaberg RSL Club, Terrace, Member \$35 Guest \$45. RSVP 3 Nov.

Coordinator required – volunteers please contact Jenny Waldron.

(Cuppa Chats on first Wednesday have been cancelled – gather on 3rd Friday instead)

Bundaberg RSL Veterans Morning Tea – third Friday

A different way to enjoy a cuppa and chat!

Catch up with other members and veterans

Terrace Room 1000 HRS

The above information will be updated monthly, so please recheck for additional detail or changes.

'Member' means FULLY FINANCIAL MEMBER AT TIME OF PAYING

BOOKING FOR AN ACTIVITY—PLEASE BOOK EARLY TO ASSIST WITH PLANNING.

The RSVP date is the last date for cancellations to receive a refund.

The easy way to book is via the clipboards at the Lodge, otherwise contact coordinator, activity officer or secretary.

Contact details and payment info can be found on page 2

IMPORTANT: Please note any special diet requirements when booking for a function.

JUNE

WED 24 Line Dancing, Coronation Hall
1200 Hrs
MON 29 Ten Pin Bowls, Bundy Bowl &
Leisure Centre 1030 Hrs

JULY

FRI 17 RSL Morning Tea 1000 Hrs
MON 20 Birthday Luncheon, RSL,
1130 for 1200 Hrs
WED 1, 8, 15, 22, 29 Line Dancing,
Coronation Hall 1200 Hrs
MON 27 Ten Pin Bowls, Bundy Bowl &
Leisure Centre 1030 Hrs

AUGUST

MON 03 Winter Luncheon & Wine
Tasting. RSL 1130-1200
MON 17 General Meeting, Lodge 1300
Hrs
FRI 21 RSL Morning Tea 1000 Hrs
WED 5,12,19,26 Line Dancing,
Coronation Hall 1200 Hrs
TUE 25 RSL/DVA LUNCH WITH A
PURPOSE 1130 Hrs
MON 31 Ten Pin Bowls, Bundy Bowl &
Leisure Centre 1030 Hrs
MON 31 Country Getaway to 4 Sep

SEPTEMBER

AUG 31 – 4 SEP Country Getaway at
Cania Gorge
FRI 18 RSL Morning Tea 1000 Hrs
WED 1, 8, 15, 22, 29 Line Dancing,
Coronation Hall 1200 Hrs
MON 27 Ten Pin Bowls, Bundy Bowl &
Leisure Centre 1030 Hrs

OCTOBER

FRI 16 RSL Morning Tea 1000 Hrs
SAT 17 Hervey Bay Luncheon
WED 7,14, 21, 28 Line Dancing,
Coronation Hall 1200 Hrs
MON 19 General Meeting Lodge 1300
Hrs

Vogue in the sunshine – Maroochydore 2026



Cuppa time on the Terrace at the RSL (3rd Friday, 1000 Hrs)





Thank you Tracey
Thank you Betty
Thank you RSL

The Veterans Morning Tea is held on the third Friday of the month. Hopefully you will join us there in July.



BUNDABERG DISTRICT WOMEN VETERANS
59th BIRTHDAY LUNCHEON & 70s DANCE PARTY
You're Invited!

Get ready to *boogie, sparkle, and shine* as we celebrate 59 fabulous years in true **disco style!**

70s Dance Party Luncheon: Monday, 20 July 2026
 11:30am for 12:00pm
 Bundy RSL Club

Cost: \$45 per person | \$35 members

★ **What's in Store**

- A delicious luncheon
- Classic '70s hits to groove to
- Fabulous friends, fun and memories
- A celebration that's going to be *far out!*

Cost: \$45 per person | \$35 members
RSVP: By 30 June 2026

Bookings & Enquiries:
 Email: secretary@bunddywomenveterans.org.au
events@bunddywomenveterans.org.au
 Phone: Gloria: 0408 866 421
 Jenny: 0497 302 114

Payment Details:
Direct Deposits:
 Bundaberg District Women Veterans
 Westpac Bank
 BSB: 034 122
 Account: 637419

Party time is almost here.

Member \$35 Guest \$45

RSVP 30 Jun.

Many of us can remember reaching 60.....and wondering why we didn't make more of being 'just 50 odd' well now you get another chance to party before the big association 60!

Commemorations

10 July Formation of Royal Australian Navy 1911

27 July Korean Veterans Day 1950 TO 1953 A total of 153 Australian nurses, including RAAF and Army Nursing Corps nurses, served in Commonwealth hospital units during the Korean War. While based mainly in Japan, they also served in Korea.

Coming Commemorations

Most of these are being organised by the RSL Sub Branch. Note indicates 'to be confirmed'*

Mon	27 Jul	Korean War, 1000 Hrs, location*
Tue	18 Aug	Vietnam, 1000 Hrs, Anzac Park Vietnam, 1100 Hrs, BDV Drop In Centre
Wed	02 Sep	Battle for Australia, 1000 Hrs, Anzac Park
Mon	14 Sep	National Peacekeepers Day* (nothing organised yet)
Sun	20 Sep	INTERFET Day, 1000 Hrs, Anzac Park (to be confirmed)
Wed	07 Oct	Afghanistan, 1000 Hrs, Anzac Park (to be confirmed)

Members with a special link to one or more of these may contact the commemorations officer and volunteer to be our representative. Members may also attend.

More details will be provided as invitations are received.



Bernie Phelan always considered his time with our members as special. And his life with Pearl unequalled. No photo such as above should be cropped to show only Bernie. He would be happy to have any tribute include folk such as WW2 member Joan Waldock, RSL Auxiliary stalwart Verlie Climpson, his precious Pearl, and Jean Grother also WW2.



Bernie's support of our association saw him awarded an 'Above & Beyond' associates award in 2019.

Rest in peace with Pearl, Bernie.

b. 1970's or earlier?

According to today's regulators and bureaucrats, those of us who were kids in the 40's, 50's, 60's, or even maybe the early 70's probably shouldn't have survived.

Our baby cribs were covered with bright colored lead-based paint. We had no childproof lids on medicine bottles, doors or cabinets, and when we rode our bikes, we had no helmets. (Not to mention the risks we took hitchhiking.)

As children, we could ride in cars with no seat belts or air bags. Riding in the back of a pickup truck on a warm day was always a special treat.

We drank water from the garden hose and not from a bottle. Horrors!

We ate cupcakes, bread and butter, and drank soda pop with sugar in it, but we were never overweight because we were always outside playing.

We shared one soft drink with four friends, from one bottle, and no one actually died from this.

We would spend hours building our go-carts out of scraps and then rode down the hill, only to find out we forgot the brakes. After running into the bushes a few times, we learned to solve the problem.

We would leave home in the morning and play all day, as long as we were back when the street lights came on. No one was able to reach us all day. No cell phones. Unthinkable!

We did not have Playstations, Nintendo 64, X-Boxes, no video games at all, no 99 channels on cable, video tape movies, surround sound, personal cell phones, personal computers, or Internet chat rooms.

We had friends! We went outside and found them. We played dodgeball, and sometimes, the ball would really hurt. We fell out of trees, got cut and broke bones and teeth, and there were no lawsuits from these accidents.

They were accidents. No one was to blame but us. Remember accidents?

We had fights and punched each other and got black and blue and learned to get over it. We made up games with sticks and tennis balls and ate worms, and although we were told it would happen, we did not put out very many eyes, nor did the worms live inside us forever.

We rode bikes or walked to a friend's home and knocked on the door, or rang the bell or just walked in and talked to them.

Little League had tryouts and not everyone made the team. Those who didn't had to learn to deal with disappointment.

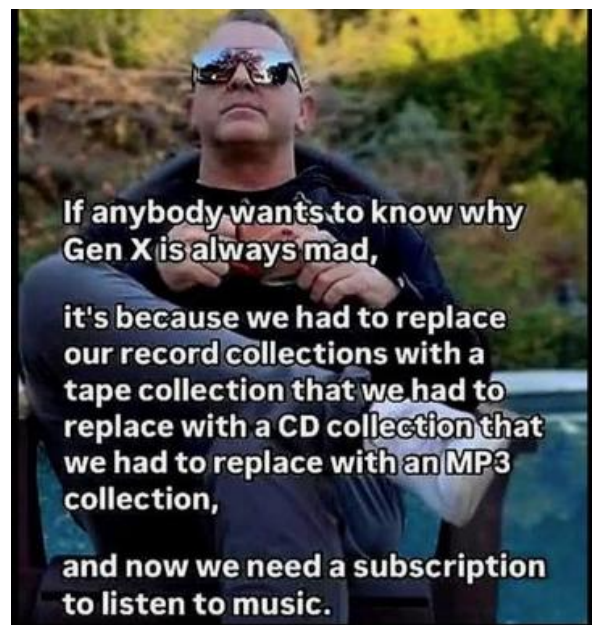
Some students weren't as smart as others, so they failed a grade and were held back to repeat the same grade. Horrors! Tests were not adjusted for any reason. Our actions were our own. Consequences were expected.

The idea of a parent bailing us out if we broke a law was unheard of. They actually sided with the law. Imagine that!

This generation has produced some of the best risk-takers and problem solvers and inventors, ever. The past 50 years have been an explosion of innovation and new ideas.

We had freedom, failure, success and responsibility, and we learned how to deal with it all.

And you're one of them! Congratulations.



SMILE

CONTACTS

Bundaberg RSL

Secretary

07 4138 7621 / 0477 959 747

Wellbeing

Advocacy & Hospital Visits

07 4330 3166

Activities & Events

07 4330 3167

Bundaberg RSL Club

07 4138 7620

Defence Vets Drop In Centre

07 4153 4599

Open Mon & Thu mornings,
ESO BBQ's lunchtime First Sunday

WELLBEING

Jude Binder

Bundaberg Legacy

07 4152 5958

Dept. of Veterans' Affairs

1800 838 372 dva.gov.au

Mates4Mates

Contact and register at
mates4mates.org

ADF Health & Wellbeing Portal

www.defence.gov.au/health/healthportal

Open Arms

Veterans & Families Counselling

1800 011 046

Safe Zone 24/7

1800 142 072

Defence Family Helpline 24/7

1800 624 608

www.defence.gov.au/DCO/Defence-Helpline.asp

Lifeline 24/7

13 11 14

www.lifeline.org.au

Elder Abuse

1800 737 732

Health Direct

1800 022 222

Poisons Information

13 11 26

My Aged Care

1800 200 422

State Emergency Service

132 500

Bundaberg & District

Neighbourhood Centre

(information hub—weekdays)

111 Targo Street

4153 1614

info@bundync.org.au

QLD GOVERNMENT LIST

For full details, go to

qld.gov.au/seniors

(some are work hours)

Seniors Support Services

1300 135 500

Human Rights

1300 130 670

Beyond Blue

1300 224 636

Crime Stoppers

1800 333 000

DV Connect

1800 811 811 (women)

1800 600 636 (men)

Public Guardian

1300 653 187

Relationships Australia Qld

(Bundaberg)

14 Tantitha Street

1300 063 232

Sexual Assault Helpline

1800 010 120

Women's Infoclink

1800 177 577



*Happy
Birthday for July*

20 Patricia Collins

29 Lisa Taylor

My husband and I were sitting at a table at my high school reunion, and he kept staring at a drunken lady swigging her drink as she sat alone at a nearby table. I asked, 'Do you know her?'

'Yes,' he sighed, 'She's my old girlfriend. I understand she took to drinking right after we split up those many years ago, and I hear she hasn't been sober since.'

'My gosh!' I said, 'who would think a person could go on celebrating that long?'

And then the fight started...

HE MUST PAY

Husband and wife had a tiff.
Wife called up her mom and said,
"He fought with me again, I am coming to live with you."
Mom said, "No darling, he must pay for his mistake. I am coming to live with you."



DEFINITIONS NOT IN THE DICTIONARY

EGOTIST: Someone who is usually me-deep in conversation.

MOSQUITO: An insect that makes you like flies better.

Acknowledgement: Thank you to the Bundaberg RSL Sub Branch and Anzac Day Trust for assistance with this publication.