

Chests Out

Women Veterans, proud to have served our nation.

08/2026 AUGUST

Foundation president and members honoured at
 Innes Park by Bundaberg Regional Council:

Kendrick Street
Eleanora Way
Ivy Crescent
Flowers Street
Rasmussen Street



Association Information

POSTAL ADDRESS: PO Box 397 Bundaberg Qld 4670

PHYSICAL ADDRESS: 4 Glasgow St, Svensson Heights Qld 4670

WEBSITE: <https://bundywomenveterans.org.au> FACEBOOK: Bundaberg District Women Veterans Inc

E-MAIL: secretary@bundywomenveterans.org.au

admin@bundywomenveterans.org.au (enquiries) <> wellbeing@bundywomenveterans.org.au

events@bundywomenveterans.org.au

BUSINESS INFORMATION: Incorporation IA13064 NFP Charity ABN 78362718229 Public liability Insurance Miramar –132848-Q \$20M

See website for constitution, by laws, business plan and other important documents

Electronic Funds Transfer & Direct Deposits:

Bundaberg District Women Veterans Inc. **Westpac Bundaberg: BSB 034122 A/c 637419**

PLEASE INFORM SECTY or TREAS.

CASH: You can pay cash at a meeting—Please assist the Treasurer by having the correct money.
If you need a receipt let the treasurer know.

MEMBERSHIP: Service Member \$10; Associate \$15 per year. You may pay for more than one year. Please be sure to alert treasurer of your transfer of money. Your secretary has a record of your advance payments—contact her to check your status.

Patron: Leone Wilson OAM

EXECUTIVE COMMITTEE MEMBERS

President: Jenny Waldron OAM

07 4157 4621 0487 302 114 jenny.waldron@outlook.com

Vice President: Mary-Rose Mulvaney OAM

0419 121 128 maryrose.mulvaney@gmail.com

Secretary: Gloria Kilpatrick

0408 886 421 kilpatrickg@hotmail.com

Treasurer: Sharon Barsby

07 4157 4621 0428 570 014 sharonbarsby1@outlook.com

COMMITTEE MEMBERS

Deb Bratt 0422 028 773 debbrattis@gmail.com

Angella Hillis CSC (Commemorations)

0400 422 331 hillis.wa@gmail.com

Kay Littler (Assistant Treasurer)

07 4159 1881 0427 685 167 pdk7@dodo.com.au

Annette Newsham (Librarian)

0407 581 935 annettenewsham@yahoo.com.au

Lynne Pollock (Property)

07 4151 7795 0438 517 795 lynne.pollock21@outlook.com

WELLBEING SUPPORT OFFICERS

Jenny Waldron OAM 07 4157 4621 0487 302 114

Shirley Watson 0408 460 951

Leone Wilson OAM 07 4159 4135 0427 415 946

Terrie-Ann Howard (WO) 0409 700 581

GENERAL APPOINTMENTS

Activities	Jenny Waldron, Mary-Rose Mulvaney, Deb Bratt, Kerry Clements, Terrie-Ann Howard, Gloria Kilpatrick, Annette Newsham
Assist. Secty	Leone Wilson (non committee)
Awards	President, Vice President plus as per policy 1.17
Commemorations	Angella Hillis, Leone Wilson
Commun & Prom	President
Financial Auditor	Lynne Pollock, Sheona Webster-Gorrie
Fundraising	Sharon Barsby, Kay Littler, Lynne Pollock
Grants	Jenny Waldron, Kay Littler, Sharon Barsby
History	Leone Wilson
Legacy Liaison	Sheryl Parker, Lynne Pollock
Library	Annette Newsham
Line Dancing	Sharon Barsby
Newsletter	Leone Wilson
Property	Lynne Pollock, Sharon Barsby
RSL Liaison	Dannielle Brearley, Gloria Kilpatrick
Social Media	Helen Baldwin (pending), Jenny Waldron
Ten Pin Bowls	Lynne Pollock
Website	Jenny Waldron, Faye Chatham

OTHER RESPONSIBILITIES

Activities	AO, Sub C'tee, Coordinators
Activity Bookings	You, AO, Coordinator, Treasurer
Membership	Secretary, Treasurer, President
Policy & Procedures	President, Secretary
Strategic Planning	President

CURRENT LIFE MEMBERS

Leone Wilson OAM

Shirley Watson

Kay Derome

Jennifer Waldron OAM

Sharon Barsby

Behind the news, August

Meeting

As is usual for our meetings, business progressed smoothly with plenty of update on information followed by the drawing of a rather large number of raffle prizes and enjoying social time over a cuppa.

Support of meetings and events by our members is greatly appreciated by those who work hard to deliver a program of activities for members' benefit.

A special approval was the award of Life Membership to our hardworking and inventive Jeannie Roberts. The award is effective in 2027 and will be presented at the reunion.

Congratulations Jeannie!

The reunion sub committee which is working hard behind the scene, welcomes new volunteers Sharon Cord and Lesley Woodall.

Cania Getaway

It is almost time for the Cania Campers to head bush on their country getaway 31 August to 4 September, to Cania Gorge Tourist Retreat.

The kookaburras are in for a treat!

Hervey Bay Luncheon Saturday 17 Oct.

Travel options: Due to the rising costs of coach hire, we will most likely utilize the Legacy minibus and depart from 'the Lodge'. This bus holds 12 persons. Some have indicated they will drive. It has been established that the bus is available but we are yet to have a driver authorized. Watch for confirmation.

The cost for lunch and travel remains \$70 per person. Members opting to drive themselves will be \$45.

The luncheon theme for 2026 is '*Get your Ghoul on*'. Goblins, ghouls, and ghosts are welcome.

Importantly, when booking, please make note of any dietary requirements. Sharon needs to RSVP before 3 October so get your name on the list and pay well before then please.

Christmas Lunch - Monday 16 November

Gloria will be coordinating this annual event which will be held at the RSL, Terrace room. As usual, raffle prizes will be welcomed and are appreciated.

Keep a look out for any further information and mark your calendar and book.

RSL Veterans Morning Tea and Monthly Muster

The morning tea has filled a gap created by the need to cancel cuppa chat. A growing number of members are attending and enjoying the usual get together with other members and also with other veterans. Betty's scones are proving very popular.

The morning tea starts at 1000 Hrs. Doors open at 0945 Hrs – mark your diary for the 3rd Friday and watch for RSL texts.

Members have also been attending the RSL Monthly Muster which provides similar social interaction plus raffles. The muster is held on the last Friday of the month, commencing at 1600 Hrs, finishing at 1800 Hrs.

Bundaberg Legacy – our supportive landlord

Legacy Week's annual round of fundraisers is about to get underway so please look for the stalls selling a variety of items to raise funds for Legacy's ongoing and worthy cause.

There will be a Golf Day at Bundaberg North and this will include a monster raffle which non-golfers can also support. The Golf Day will be held on 19 September.

Legacy are also holding a Trivia Evening, 25 September, at Brothers. Book a table with mates and enjoy a fun evening.

For more info contact Legacy or look for advertising.

Wellbeing

Message from our president to all wellbeing support officers and members who care:

Just like to say thankyou on behalf of all our members, for the work everyone does in keeping in touch with our members. A little chat here and there, a phone call etc can sometimes make someone's day.

Don't underestimate your valuable contribution to everyone's mental wellbeing from your efforts. Jen

Leone, Editor

Diamond Jubilee countdown

***Our next reunion is less than
11 months away!***

***Do you have mates who may like to
attend?***

Our planners can provide you with an invitation pack detailing the program and the costs



IN BRIEF:

FRIDAY –

- Interservice Social Golf
- Sunset Ceremony
- Welcome Function

SATURDAY

- Diamond Jubilee Birthday Luncheon

COSTS

- Golf \$40
- Welcome \$40
- Luncheon \$60

RSVP 30 June 2027 no refunds after that date.

*Invite your friends to join us in Bundaberg –
Enjoy your own mini-reunion with mates –
Ask for an information pack for full details,
KEEP AN EYE OUT FOR UPDATES*

MEMBERS OF SISTER ASSOCIATIONS

Your secretary should be in receipt of an electronic (PDF) information pack. The information contained in the pack is for you too.

We look forward to your company!



Floral fundraiser wines including whites, reds, port and bubbly are available to order now. Obtain an order form from Jenny Waldron and get your special Bundaberg District Women Veterans Floral label wine to admire and enjoy.

Wellbeing

All of our activities are for the wellbeing of members

Weekly Line Dancing - Monthly Ten Pin Bowls

BEGINNERS WELCOME

THE IDEA IS:

BE ACTIVE - HAVE FUN WITH FRIENDS

Both of these are good for your health. NO SKILL NECESSARY



Christmas in July at Ten Pin Bowls

BUNDABERG RSL MORNING TEA

INFORMATIVE AS WELL AS ENJOYABLE

The morning tea, is held upstairs on the third Friday

The Monthly Muster is held upstairs on the last Friday

BUNDABERG RSL AUGUST MUSTER

Members of our association attend and can organise a table together.?



Your wellbeing begins with YOU

ACTIVITIES 2026

Country Getaway—Cania Gorge Tourist Retreat

Arrive Monday 31 Aug depart Friday 4 Sep. Fun and games begin Monday at the campfire gathering – per person \$30 required in advance to assist with incidentals purchased to ensure you have a great time. Coordinators: Jenny W & Terrie-Ann

Hervey Bay Luncheon— Saturday 17 Oct

\$70 per person includes lunch
and coach travel

Coach departing 0930, Legacy
Lodge, 4 Glasgow St (TBC)

RSVP 30 Sept.

Coordinator Jenny W



Hervey Bay Ex-Servicewomen's Social Club
42nd Birthday

Pres: Cassie Hodges 0431979414
Sec: Leonie Mercer 0414828385
Treas: Julie Chapple 0407766545

P.O. Box 3339
Hervey Bay Qld 4655
hervey.bayesw@outlook.com

It's time
to get your
ghoul on!

Friday 18th OCTOBER
"Casual"
Friday night get together
RSL on the Veranda
5.30pm for 6.00pm Start
Cost: Own Expense

Saturday 17th OCTOBER
"Get your Ghoul on"
Saturday Luncheon
RSL in Hervey House
11.30am for 12.00pm Start
Cost: \$45
(1 drink voucher pp incl.)

Sunday 18th OCTOBER
Indicate interest
Numbers needed
Cafe 63
Breakfast @ 8am
Cost: Own Expense

**THIS YEAR WE WANT YOU TO WEAR.....
A COSTUME SO GOOD IT WILL RAISE THE DEAD!**
Partners are most welcome. We can't wait to see you there.

Christmas Luncheon—Monday 16 Nov, 1200 Hrs

Bundaberg RSL Club, Terrace, Member \$35 Guest \$45. RSVP 3 Nov.

Coordinator Gloria Kilpatrick.

(Cuppa Chats on first Wednesday have been cancelled – gather at the RSL on 3rd Friday instead)

The above information will be updated monthly, so please recheck for additional detail or changes. NB. 'Member' means FULLY FINANCIAL MEMBER AT TIME OF PAYING

BOOKING FOR AN ACTIVITY—PLEASE BOOK EARLY TO ASSIST WITH PLANNING.

The RSVP date is the last date for cancellations to receive a refund.

The easy way to book is via the clipboards at the Lodge, otherwise contact coordinator, activity officer or secretary. Contact details and payment info can be found on page 2

IMPORTANT: Please note any special diet requirements when booking for a function

2027 Activities Planning

Our reunion is only one activity to take place in 2027 – what else we do is about to be considered by the committee and activities sub committee.

If you have a suggestion, including some associated details, please let the committee know **now, before the September meeting.**

AUGUST

FRI 28 RSL Muster, 1600-1800 Hrs
MON 31 Country Getaway to 4 Sep

SEPTEMBER

AUG 31 – 4 SEP Country Getaway at
Cania Gorge

WED 1, 8, 15, 22, 29 Line Dancing,
Coronation Hall 1200 Hrs

FRI 18 RSL Morning Tea 1000 Hrs

FRI 25 RSL Muster, 1600-1800 Hrs

MON 27 Ten Pin Bowls, Bundy Bowl &
Leisure Centre 1030 Hrs

OCTOBER

WED 7, 14, 21, 28 Line Dancing,
Coronation Hall 1200 Hrs

FRI 16 RSL Morning Tea 1000 Hrs

SAT 17 Hervey Bay Luncheon

MON 19 General Meeting Lodge 1300
Hrs

FRI 30 RSL Muster, 1600-1800 Hrs

MON 26 Ten Pin Bowls, Bundy Bowl &
Leisure Centre 1030 Hrs

NOVEMBER

WED, 4, 11, 18, 25 Line Dancing,
Coronation Hall 1200 Hrs

MON 16 Christmas Lunch
RSL Terrace 1200 Hrs

FRI 16 RSL Morning Tea 1000 Hrs

FRI 27 RSL Muster, 1600-1800 Hrs

MON 30 Ten Pin Bowls, Bundy Bowl &
Leisure Centre 1030 Hrs

CLIPBOARD BOOKING

Where possible, the clipboard booking
sheets will be taken to the RSL
morning tea.

Please check you have booked and
paid by the RSVP date.:

DECEMBER

WED 2, 9, 16 Line Dancing,
Coronation Hall 1200 Hrs

FRI 18 RSL Muster, 1600-1800 Hrs

FRI 25 Santa 0000 Hrs Your place
maybe!



REUNION FUNDRAISER LUNCH & WINE TASTING

Proof that 'things' don't just happen, they are planned, budgeted, considered, refined, approved and implemented by your management committee.

In September, ideas for the 2027 diary, will begin this process.

The Diamond Reunion may be a major focus, but other activities can also take place.

Submit your suggestions to the committee before the next meeting (21Sep)





Vietnam Veterans Day 18 August

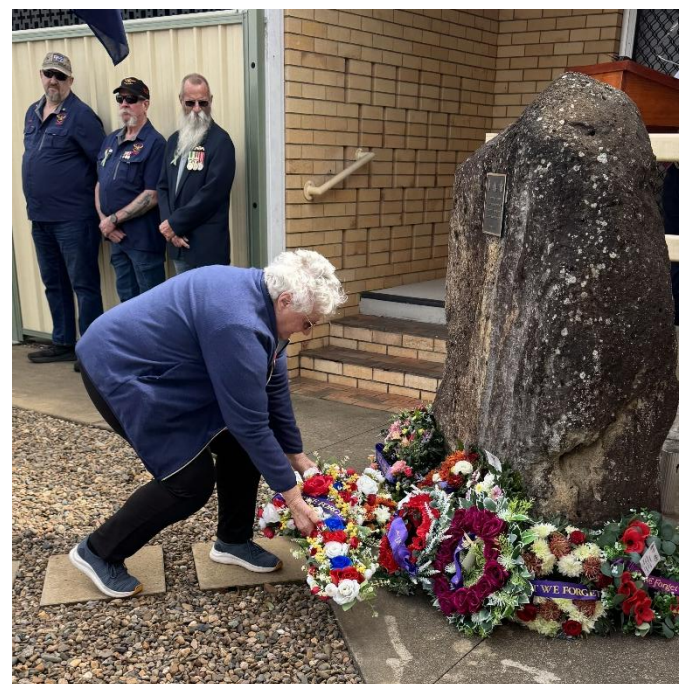
Gloria Kilpatrick, Anzac Park,

Phyllis Smith, Korean Veterans' Day, 27 July



Shirley Watson, Defence Veterans Drop In Centre

Pictured with Shirley are associates, John Wilson OAM, and Con Chatham. Con was representing the RAAF Assn.



Remembering – lest we forget.

Commemorations

- 02 Sep Battle for Australia Day** Commemorates the first time in the history of European settlement that Australia came under direct attack and the campaigns to the north of Australia. We recognise those who served in the defence of the Australian mainland, and in land air and sea battles in the Coral Sea, Papua and New Guinea. These actions stopped the Japanese southward advance and contributed to the defeat of Japan.
- 03 Sep Merchant Navy Day** Anniversary of the first attack on Allied merchant ship in World War II, only hours after Britain declared war on Germany.
- 03 Sep Australian National Flag Day** Commemorates the first time the Australian National Flag was flown on September 3, 1901, at the Royal Exhibition Building in Melbourne
- 14 Sep National Peacekeepers Day** Anniversary of the day Australia became the world's first peacekeepers to deploy into the field, in the Netherlands East Indies (now Indonesia) in 1947. Large peacekeeping deployments were made to other countries across the globe over the coming years.

STREETS OF REMEMBRANCE

details from our cover plus more news

- Kendrick Street** Private Merna LeClare Kendrick AAMWS (mrd Freid). Merna was the inaugural president of Bundaberg & District Ex Servicewomen's Association.
- Eleanora Way** Eleanora Mallett (previously Hayes) AWLA. Eleanora was a member and her daughter, Helen Hancock, is an associate member.
- Ivy Crescent** Sergeant Ivy Joan Nichols (mrd Waldock) WAAAF. Joan was a foundation member of the association.
- Flowers Street** ACW Shirley Field Flowers (mrd Coutts) WAAAF. Shirley was a member and her WWII service included RAAF Station Bundaberg.
- Rasmussen Street** Lieutenant Colonel Janet Rasmussen. RAANC/WRAAC/RAAMC/Army Janet is a current member.

The above members were honoured with this recognition by the Bundaberg Regional Council and the developer of a proposed residential area in Innes Park. Three nurses, submitted by Leone via the association, have also be recognised. They are:

- Mowbray Street** Sister Norma Mowbray WWII
- Morrisson Street** Lieutenant Neita Lillian Morisson WWII
- Pollock Street** Lieutenant Gladys Isobel Underwood, nee Pollock WWII

Council have also approved the following for a future street:

- Frances Street** Private Frances Eileen Woods nee Davies. AAMWS WWII Eileen was a member living in Childers.

Coming Commemorations

Most of these are being organised by the RSL Sub Branch. Note indicates 'to be confirmed'*

- Wed 02 Sep Battle for Australia, 1000 Hrs, Anzac Park
- Sun 20 Sep INTERFET Day, Time TBA, Anzac Park
- Wed 07 Oct Afghanistan, 1000 Hrs, Anzac Park (to be confirmed)

Members with a special link to one or more of these may contact the commemorations officer and volunteer to be our representative. Members may also attend.

HOME HINTS

1. If you are choking on an ice cube, don't panic. Simply pour a cup of boiling water down your throat and presto. The blockage will be almost instantly removed.
2. Clumsy? Avoid cutting yourself while slicing vegetables by getting someone else to hold them while you chop away.
3. For high blood pressure sufferers: simply cut yourself and bleed for a few minutes, thus reducing the pressure in your veins. Remember to use a timer.
5. A mouse trap, placed on top of your alarm clock, will prevent you from rolling over and going back to sleep after you hit the snooze button.
6. If you have a bad cough, take a large dose of laxatives, then you will be afraid to cough.
7. Have a bad toothache? Smash your thumb with a hammer and you will forget about the toothache.

Better than a flu shot

Miss Beatrice, the church organist, was in her eighties and had never been married. She was admired for her sweetness and kindness to all.

One afternoon the pastor came to call on her and she showed him into her quaint sitting room. She invited him to have a seat while she prepared tea.

As he sat facing her old Hammond organ, the young minister noticed a cut-glass bowl sitting on top of it. The bowl was filled with water, and in the water floated, of all things, a condom!

When she returned with tea and scones, they began to chat. The pastor tried to stifle his curiosity about the bowl of water and its strange floater, but soon it got the better of him and he could no longer resist.

"Miss Beatrice," he said, "I wonder if you would tell me about this?" pointing to the bowl.

"Oh, yes," she replied, "Isn't it wonderful? I was walking through the Park a few months ago and I found this little package on the ground. The directions said to place it on the organ, keep it wet and that it would prevent the spread of disease. Do you know I haven't had the flu all winter."

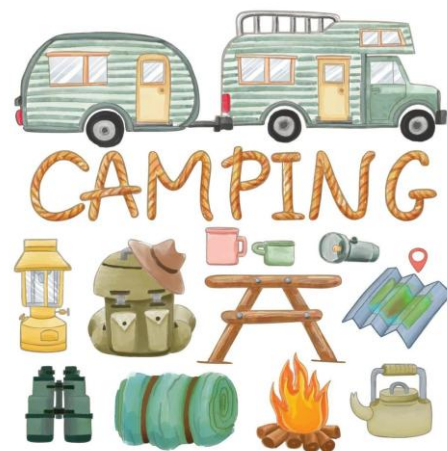
WIMPY DADS

SMILE

Two kids are arguing over whose father is the biggest scaredy-cat.

The first kid says, "My dad is so scared that when lightning strikes, he hides underneath the bed."

The second kid replies, "Yeah? Well, that's nothing. My dad is so scared that when my mom has to work the nightshift, he sleeps with the lady next door."



Sherlock Holmes and Dr Watson go on a camping trip, set up their tent and fall asleep. Some hours later, Holmes wakes his faithful friend.

"Watson, look up at the sky and tell me what you see".

Watson replies, "I see millions of stars".

Holmes says, "What does that tell you?"

Watson ponders a minute. "Astronomically speaking, it tells me that there are millions of galaxies and potentially billions of planets. Astrologically, it tells me that Saturn is in Leo. Time wise, it appears to be approximately a quarter past three. Theologically, it's evident the Lord is all powerful and we are small and insignificant. Meteorologically, it seems we will have a beautiful day tomorrow. What does it tell you?"

Holmes is silent for a moment, then speaks. "Watson you idiot, someone has stolen our tent."

Have fun at Cania folk!!

CONTACTS

Bundaberg RSL

Secretary

07 4138 7621 / 0477 959 747

Wellbeing

Advocacy & Hospital Visits

07 4330 3166

Activities & Events

07 4330 3167

Bundaberg RSL Club

07 4138 7620

Defence Vets Drop In Centre

07 4153 4599

Open Mon & Thu mornings,
ESO BBQ's lunchtime First Sunday

WELLBEING

Jude Binder

Bundaberg Legacy

07 4152 5958

Dept. of Veterans' Affairs

1800 838 372 dva.gov.au

Mates4Mates

Contact and register at
mates4mates.org

ADF Health & Wellbeing Portal

www.defence.gov.au/health/healthportal

Open Arms

Veterans & Families Counselling

1800 011 046

Safe Zone 24/7

1800 142 072

Defence Family Helpline 24/7

1800 624 608

www.defence.gov.au/DCO/Defence-Helpline.asp

Lifeline 24/7

13 11 14

www.lifeline.org.au

Elder Abuse

1800 737 732

Health Direct

1800 022 222

Poisons Information

13 11 26

My Aged Care

1800 200 422

State Emergency Service

132 500

Bundaberg & District

Neighbourhood Centre

(information hub—weekdays)

111 Targo Street

4153 1614

info@bundync.org.au

QLD GOVERNMENT LIST

For full details, go to
qld.gov.au/seniors

(some are work hours)

Seniors Support Services

1300 135 500

Human Rights

1300 130 670

Beyond Blue

1300 224 636

Crime Stoppers

1800 333 000

DV Connect

1800 811 811 (women)

1800 600 636 (men)

Public Guardian

1300 653 187

Relationships Australia Qld

(Bundaberg)

14 Tantitha Street

1300 063 232

Sexual Assault Helpline

1800 010 120

Women's Infolink

1800 177 577



Happy

*Birthday for
September*

07 Robyn Ellis

09 Jennie Promnitz

15 Mavis Blackwood

18 Carmel Bridge

19 Berris Bainbridge

25 Jeannie Roberts

28 Tracy Casteleijn

Apologies to Lesley Woodall –
published as 'Amos' last issue.



"So, Mrs. Tyler, we're going to take a scan
of your brain to see why you have such
debilitating claustrophobia."

DEFINITIONS NOT IN THE DICTIONARY

YAWN: An honest opinion openly expressed.

WRINKLES: Something other people have. I have character lines!

Acknowledgement: Thank you to the Bundaberg RSL Sub Branch and Anzac Day Trust for assistance with this publication.