

52nd

Annual Report for the year 2019



ANNUAL GENERAL MEETING

16 March 2020



INDEX

Agenda	3
Management committee 2019	4
Appointments	5
Minutes, 2019 Annual General Meeting	6
President's annual report	9
Financial statements for year 2019	23
Auditor's report for year 2019	24
Budget for year 2020	26
Association Life Members	27
Historical Information	27

AGENDA

52nd ANNUAL GENERAL MEETING

2.00pm Monday 16 March 2020, Bundaberg RSL Veterans Support Centre

- 1. Opening:**
- 2. Welcome:**
- 3. Attendance:**
- 4. Apologies:**
- 5. Minutes:**
- 6. Correspondence**
- 7. Annual Reports:**
 - 1. President's Report:**
 - 2. Audited Financial Report:**
- 8. Budget:**

- 9. Election of Office Bearers:**
- 10. Appointments:**
- 11. Signatories and online banking:**
- 12. General Business:**
- 13. Notices:**
- 14. Close:**

Afternoon tea and presentation of committee badges

Bundaberg District Women Veterans Inc

Management Committee

March 2019-March 2020



President: Jennifer Waldron



Vice President: Raelene Fryer



Secretary: Leone Wilson OAM



Treasurer: Sharon Barsby

Committee Members:



Sharon Cord



Kay Derome



Kay Littler

Appointments

Committee appointments:

Assistant Treasurer:	<i>Kay Derome</i>
Assistant Secretary:	<i>Raelene Fryer</i>
Chair, Finance & Audit Sub Committee:	<i>Sharon Barsby</i>
Chair, Strategic Planning Sub Committee:	<i>Jenny Waldron</i>
Chair, Policy and Procedures:	<i>Leone Wilson</i>

General appointments:

Communications & Promotions Officer	<i>Raelene Fryer</i>
Activities Officer	<i>Jenny Waldron</i>
Assistant/s	<i>Gloria Kilpatrick, Kay Littler</i>
Bus sub-committee:	<i>Lynne Pollock (Chair), Jenny Chester, Kay Littler, Jenny Waldron</i>
Fundraising Officer:	<i>Treasurer and assistant/s Sharon Cord</i>
History Officer and assistant/s:	<i>NIL</i>
Commemorative Officer:	<i>Janet Rasmussen and assistant/s</i>
Newsletter Editor:	<i>Leone Wilson and assistant Carolyn Kennedy</i>
Website Manager:	<i>Jenny Waldron, and assistant/s Raelene Fryer.</i>
Social Media Manager:	<i>Jenny Waldron assistant/s Raelene Fryer</i>
Wellbeing Officer:	<i>Sharon Cord</i>
Wellbeing Support Officers:	<i>Lynne Pollock, Jenny Waldron, Shirley Watson, Leone Wilson.</i>
Awards Sub Committee:	<i>Jenny Waldron, Leone Wilson, Elaine Holt (to July), Kay Derome (from September).</i>

Honorary Auditor:

*Ann Vautin of Bundaberg Tax and
Accounting*

Bundaberg District Women Veterans Inc.

Formally Bundaberg & District Ex Servicewomen's Association Inc.

MINUTES of 51ST ANNUAL GENERAL MEETING

2.00pm Monday 18 March 2019, Bundaberg RSL Veterans Support Centre

- 1. Opening:** President Jenny Waldron declared the meeting opened at 1400.
- 2. Welcome:** Those in attendance were welcomed and a Moment's Silence observed.
- 3. Attendance:** Service members: Sharon Barsby, Helen Blackburn (arrived during meeting), Sharon Cord, Kay Derome, Raelene Fryer, Elaine Holt, Carolyn Kennedy, Gloria Kilpatrick, Kay Littler, Shirley Parker, Lynne Pollock, Janet Rasmussen (departed during meeting for medical reasons), Jeannie Roberts.

Associates: Betty Hawkins, Pamela McNee.

- 4. Apologies:** Service members: Helen Baldwin, Jenny Chester, Del Crowley, Glenda Everton-Brocklesby, Sonya Leijen, Michele Mackenzie, Bev O'Neil, Linda Rae. Also, service members on the annual list accepted at January's meeting.

Associates: John Wilson

Acceptance Moved: Raelene Fryer, seconded Kay Derome.

CARRIED

5. Minutes:

Noted that the Minutes of the 50th Annual General Meeting held 19 March 2018 were presented and accepted as a true & correct record of that meeting at the general meeting held 21 May 2018.

- 6. Correspondence:** Nil pertaining to the Annual General Meeting

7. Annual Reports:

1. President's Report:

President, Jennifer Waldron presented her report and moved for its acceptance.

Seconded Shirley Watson.

CARRIED

2. Audited Financial Report:

a. Treasurer Sharon Barsby presented the annual financial statement of income and expenditure and balance sheet for 2018 and moved they be received. Seconded Leone Wilson.

CARRIED

b. the treasurer presented the auditor's report and moved that it be received.

Seconded Raelene Fryer.

CARRIED

c. Moved Sharon Barsby, seconded Sharon Cord that a vote of thanks be recorded to honorary auditor Ann Vautin.

CARRIED

8. Budget:

Budget for 2019.

Treasurer Sharon Barsby moved for the adoption of the budget for 2019 as presented and accepted at the February General Meeting. Seconded Leone Wilson. CARRIED

9. Election of Office Bearers:

Jenny Waldron declared all positions vacant and invited Pamela McNee to chair the elections and address the members.

Pamela congratulated the association on its activities enjoyed by the membership and its contribution to the community.

1. Nominations closed 3 March – the following were elected unopposed:

President	Jennifer Waldron
Vice President	Raelene Fryer
Secretary	Leone Wilson OAM
Treasurer	Sharon Barsby
Committee Member	Kay Derome
Committee Member	Kay Littler

2. Nomination to be called from the members for one additional committee member. Nominees must be financial service members of the association.

Nominee/s Sharon Cord. Moved Jenny Waldron, seconded Raelene Fryer. There were no other nominations. Sharon Cord was declared a member of the committee.

The chairman handed the chair back to association president Jenny Waldron who thanked Mrs McNee.

Presentation of committee badge to new committee member was deferred to post meeting.

10. Appointments:

1. Honorary Auditor:

Moved Raelene Fryer that auditor Ann Vautin of Bundaberg Tax and Accounting be appointed. Seconded Sharon Cord. CARRIED

2. Committee appointments:

Assistant Treasurer – *Kay Derome*
Assistant Secretary - *Raelene Fryer*
Chair, Finance & Audit Sub Committee – *Sharon Barsby*
Chair, Strategic Planning Sub Committee – *Jenny Waldron*
Chair, Policy and Procedures – *Leone Wilson*

3. General appointments:

Communications & Promotions Officer *Raelene Fryer*
Activities Officer *Jenny Waldron* assistant/s *Gloria Kilpatrick, Kay Littler*
Fundraising Officerand assistant/s *Sharon Cord*
History Officer and assistant/s
Commemorative Officer – *Janet Rasmussen* and assistant/s
Newsletter Editor – *Leone Wilson* and assistant *Carolyn Kennedy*
Website Manager – *Jenny Waldron*, and assistant/s *Raelene Fryer*.
Social Media Manager *Jenny Waldron* assistant/s *Raelene Fryer*
Welfare Officer – *Leone Wilson* and assistant/s – *Shirley Watson, Sharon Cord*.
Awards Sub Committee – *Jenny Waldron, Leone Wilson, Elaine Holt*.

Moved Kay Derome that the appointments for 'Committee appointments' and 'General appointments' be approved. Seconded Lynne Pollock. CARRIED

11. Signatories and online banking:

In accordance with by-law 4.4 association bank account/s signatories with online access are:-

President - *Jennifer Waldron*;
Treasurer - *Sharon Barsby*;
Vice President - *Raelene Fryer*;
Secretary - *Leone Wilson*;
Assistant Treasurer - *Kay Derome*.

Moved Sharon Cord that former Vice President Glenda Everton-Brocklesby be removed as a signatory and replaced by Vice President Raelene Fryer and that with this amendment, the signatories as listed are correct, Seconded Kay Littler. CARRIED

12. General Business:

No general business had been received at the date the agenda closed, 3 March

13. Notices:

a. Association governance documents:

- by-laws, constitution – available on the website or from secretary;
- constitution – name change is approved, and official updating effected; and
- insurance certificate of placement – 2019 Certificate of Placement for policy BU161701961 has been received and a copy is available from the secretary.

b. Notice of coming activities. The following items were covered:

1. ANZAC Girls & Salute to Servicewomen – Reminder, RSVP 6 Apr
2. Anzac Day – city – wreath layer *Helen Baldwin*
3. Anzac Day – War Nurses – work party; Sharon Barsby, Kay Derome, Janet Rasmussen, Jenny Waldron, Shirley Watson, Leone & John Wilson and Sunrise Rotary.
4. e. Anzac Service – Bundaberg Special School 24 Apr 1145 Hrs – *Sharon Cord*
5. f. Winter on Sunshine Coast – Reminder, RSVP 22 April
6. g. Spring trip – decision re option. Members advised that cruises currently booked out but that may change when the \$1 deposit needs to be firmed up with additional remittance; an additional suggestion was a day trip to Lady Musgrave. Ballina was deferred to future.
7. g. Rats of Tobruk service – 14 April – *Shirley Watson*.
8. h. polo shirt update – Jenny Chester and Jenny Waldron had sourced a selection for members to try on. Decision was Maroon with white trim. Styles Flash and Razor were selected – similar would be acceptable as long as same colour scheme was used with the logo.
9. Badge & banner update – still awaiting artwork from designer.

Cr. Helen Blackburn was invited to address the meeting. Cr Blackburn praised the committee and members for the contributions made by the members in self-care and by the association to the Bundaberg community.

14. Close: The chairman declared the meeting closed at 1500

- Presentation of Committee Badge –
Cr. Helen Blackburn presented Vice President Raelene Fryer with her badge of office. Mrs. Pamela McNee presented committee badges to Sharon Cord and Kay Littler.
- Afternoon Tea. President Jenny thanked Betty Hawkins for the spread provided for afternoon tea.

President's Report

for the year 2019

This is the 52nd President's Report to be presented for our Association. It is a significant achievement when so many other ex-servicewomen's associations have closed either to lack of members or lack of volunteers to take on the 'red tape' roles of executive committee members.

It is a great reflection of the willingness and desire of our association's management committees and members that we have kept the Association going and in more recent years we have shown a strength of purpose and resolve to be prepared to evolve to meet member's needs and to embrace change to ensure it's continued relevance to women veterans now and hopefully for many years to come.

As part of those changes, the Annual Report 2019 is presented in a different format this year, with the concept being to make it a more representative report of the year's activities, complete with a pictorial record of the year. The report was printed and made available for members prior to the Annual General Meeting to allow members to read the report at their leisure and submit questions to the Secretary.

Secretary, Leone Wilson OAM provided information regarding membership, newsletters, meetings and general association matters, Treasurer Sharon Barsby prepared the Financial Reports and Sharon Cord prepared the report on wellbeing support program activities and the great work undertaken by her team of Wellbeing Support Officers (WSOs).

I welcome any feedback regarding both the format and content of the Annual Report and your comments can be passed to the Secretary.

2019 Key Achievements



- **Constitution changes to reflect:**

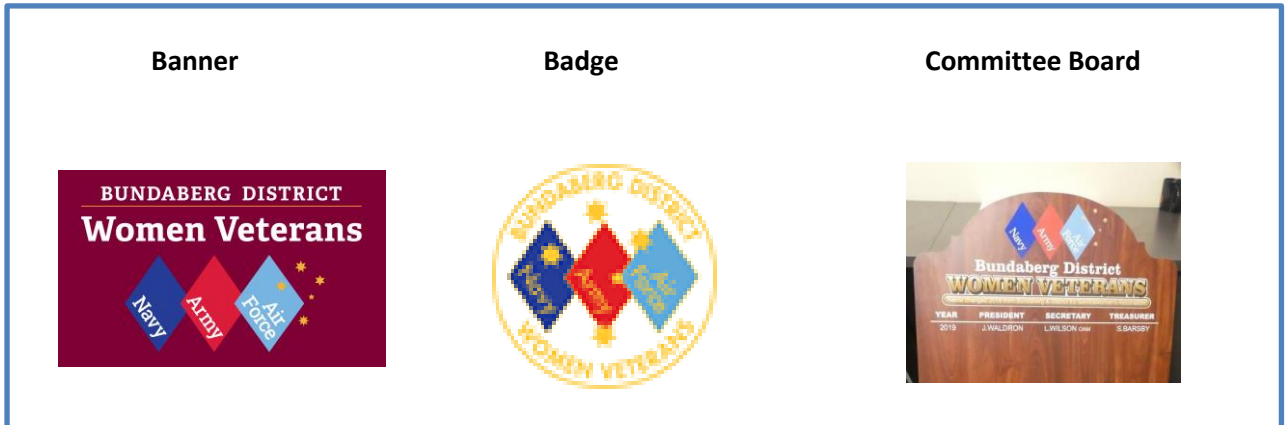
- New Name: Bundaberg District Women Veterans Inc
- Updated the Objects to reflect a more active role in providing wellbeing support and advocacy for women veterans

New Objects

1. To foster and strengthen friendship between members of the Association
2. To promote friendship and goodwill amongst current and form servicewomen generally
3. To commemorate and preserve the history of women's service in the Australian Defence Force
4. To foster and strengthen ties between the Association and other ex-service organisations
5. To foster camaraderie and social inclusion among members of the Association
6. To promote good mental and physical health, and general wellbeing of members of the Association
7. To assist in providing welfare support to Association members in need
8. To advocate on behalf of former and current servicewomen



- **New Badge, Banner and Board**



- **Welfare renamed Wellbeing:**

- A team of trained Wellbeing Support Officers (WSOs) appointed
- Increased wellbeing activities within our calendar of events
- Co-Hosted Veterans Health Week
- Member of the Bundaberg group of ESOs focused on wellbeing and advocacy



- **Membership :**

- Increased Service members by 3 to a total of 62
- Association Achievement Awards instituted



- **New PA System**



Membership

At the end of 2019 Service membership stood at 62 compared to 59 the previous year. We had four of these members deceased. New members totalled six. One 2018 member did not renew when they left the area, plus two were deceased.

Associate members totalled 17, one deceased. 10 of these are FoEs including the deceased.

Total membership stood at 79. Membership breakdown for 2019:

Service	Number
Navy	13
Army	20
Air Force	27
Land Army	2
TOTAL	62

Era	Number
WW II	12
Post War Women's Services Only	23
Contemporary	27

International	
Country & Service	Number
NZ Army	1
UK Air Force	2
USA Air Force	1
UK Land Army	1

Associates	Numbers
Associates	17
FOE Status	10
TOTAL	17

Vale				
Date Dec	Name	Service Details	Association Details	Associate Details
10 May	Patricia Pearson	WAAAF, WW II	Loyalty Award for 25 years active member	
12 July	Elaine Holt	WRAAC, Post War Women's Services Only	Longest serving President, Life Member. Loyalty Award for 25 years service	
21 July	Jennie Wheeler	WAAAF, WW II	Co-Founder, Past Patron, Life Member. Loyalty Award for 50 years service	
29 Aug	Ray Hinkler	AWAS, WW II	Foundation member of 1967, Loyalty Award for 25 years active member	
28 Aug	Pearl Phelan		FOE Status	Associate Member
TOTAL		Service: 4		Associate: 1

Awards

To complement the Constitution, a new policy covering awards for members, both Service and Associate was approved during the year with a special Awards Sub Committee (Current President and Secretary and Past President Elaine Holt) appointed to manage the application/ selection process. The following were the inaugural recipients of the newly created awards for members:

Service Members	Name	Associate Members	Name
Life Membership	Kay Derome		
Award of Excellence	Sharon Barsby (2) Janet Rasmussen (2) Jeannie Roberts (1) Jenny Waldron(3) Leone Wilson (3)	Above & Beyond Award	Pamela McNeen Bernie Phelan John Wilson OAM
Loyalty Award – 25 yrs -50 yrs	Lorna Crosswell Ray Hinkler Elaine Holt Patricia Pearson Shirley Watson Leone Wilson Jennie Wheeler		
Note: figures in () indicates the number of significant events a member was recognised for			

Meetings

We held seven ordinary general meetings and an AGM, with an average attendance of 15 members. (14 Service Members and 1 Associate Member per meeting).

Six management committee meetings were held during the year.

Newsletters



10 full-colour issues on our newsletter “Chests Out” were produced by Leone Wilson OAM and printed at the RSL Sub Branch. The newsletters continue to entertain and inform members and readers, as well as record our history.

2019 saw an increase in the number of pages to include more photos, more information and more of Leone's funnies.

The importance of our newsletters in keeping members who are not able to attend meetings or activities connected with our association and fellow women veterans, ensuring they feel they still belong and are valued, is not to be underestimated.

Sub Branch Support

Bundaberg RSL Sub Branch continued to provide support to our association by assisting with printing of minutes, our newsletters and programs of our commemorative services and general administrative items.

The RSL Sub Branch processes and funds police checks for our volunteers when required and we value being able to hold our meetings and other activities at the Veterans Support Centre, a Sub Branch facility at no cost.

Website & Facebook Page

Our website reflects our new name and a revamp at the end of 2019 has seen a new section covering Wellbeing and Support featuring on our home page, plus an updated calendar of 2020 activities and events. A new payment facility was also established to enable event bookings and payments to be made via Paypal secure payments system, directly from our website. This facility is focused mainly on our visitors to major events such as reunion weekends.

Members are encouraged to make use of the resources and information available on the website which is a great way to check out the upcoming events at a glance. The calendar is on the home page <https://www.bundywomenveterans.org.au>

Currently, our website is being maintained by the president, however, if anyone would like to take on the task or assist, training can be provided and your help would be appreciated.

Thanks to Pauline Bos who continues to provide hosting services for our website free of charge.

Donations

The Association made the following donations:

Recipients	Amount
Municipal Bank	\$50.00
Caledonian Pipe Band	\$50.00
T.S. Bundaberg ANC	\$100.00
Sunrise Rotary	\$100.00
TOTAL	\$300.00

The following donation over \$10 was received: \$279.30 from Gail McKewen for costs of researching eligibility of WW II nurses for overseas service plaque.

Fundraising

Members assisted with the Super Saturday Raffles at the Bundaberg Services Club during the months of January and August. This continues to be a major contributor to our fundraising efforts.

Raffles were arranged by Treasurer Sharon Barsby for meetings and luncheons and I thank those generous members who kindly donated prizes and supported the raffles with their purchase of tickets and provided assistance in selling at lunches etc.

Fundraising Breakdown		
Activity	Amount	Supporting
Super Saturday Raffles	\$800.00	Wellbeing Program Commemorative Events Social Activities General Operations
Meeting Raffles/Stock sales	\$575.00	
Luncheons etc Raffles	\$434.00	
LESS costs of fundraising	-\$224.86	
TOTAL	\$1584.14	

Grants

We received the following grant funding:

Source/Provider	\$ Amt sought/eligible expenditure	\$ Received	Purpose/Comments
Qld Govt-Community Gambling Benefit Fund	8,300.00	8,300.00	Purchase PA System and lecterns (Acquitted)
DVA-Veterans' Health Week Grant	630.00	630.00	VHW activities (Acquitted)
Anzac Day Trust (ADT)	10,932.68 (2018 FY)	3,000.00	Annual grant that offsets our costs to conduct activities and expenses relating to operation/admin, such as insurances. (Acquittal-N/A)
TOTAL RECEIVED		\$11,930.00	

The following grant applications were submitted, with assessment due in the first half of 2020:

Source/Provider	\$ Amt sought/eligible expenditure	Purpose/Comments
DVA-Saluting Their Service Grant	2,500.00	VP75 commemorations
DVA-Veteran and Community Grant	29,630.00	Charter costs for a 12-month bus trip program Jul 20 – Jun 21
Volunteers Grant Hinkler Electorate	2,056.00	Expression of Interest to be considered for grant funding : items to support our volunteers



Commemorations

ANZAC Day

ANZAC Day tributes were placed at the Bundaberg Citizen's Service, Moore Park Beach and at Burnett Heads.

Our contingent paraded our new banner displaying our new name at the Bundaberg ANZAC Day Citizens' Parade. The contingent was led by placard carrier Sienna Clark, St Lukes Anglican School student and granddaughter of Associate Member Betty Hawkins.

The War Nurses' ANZAC Day Memorial Service was very well supported by political and council representatives, representatives of hospital, nursing, Army Reserve and Emergency Services, plus community groups, association members and public.

As usual, we had the support of TS Bundaberg Australian Naval Cadets, Bundaberg Municipal Band Bulger and a piper from the Bundaberg Caledonian Pipe Band. Bundaberg Rotary Sunrise assisted with the setup of marquees, chairs and equipment. The Honour Roll was read by student Sienna Clark.

Sharon Cord attended a service at Bundaberg Special School, Norville during the lead-up ANZAC Day and on ANZAC Eve Shirley Watson placed a tribute at the Bundaberg Ex Servicewomen's plinth near the 'Soldiers' War Memorial. She was then joined by Olive Paterson at the Mulgrave Masonic Lodge ANZAC Eve service.

Quiet Moment/ Salute to Servicewomen

Lily Ferguson and Lorna Gibbs were named in the roll call at our annual Quiet Moment and Salute to Servicewomen at the Servicewomen's Memorial, Lions Remembrance Park on 15th April 2019.

Members were joined by David Batt MP, State Member for Bundaberg, who laid a wreath at our memorial. Treasurer Sharon Barsby laid the Association tribute before members moved to the Veterans Support Centre where Kay lay our second tribute at the VSC Memorial Stone. Thanks to Raelene Fryer who produced both of the tributes.

The ANZAC Girls luncheon that followed included a commemorative address by President Jenny honouring the Women of World War Two.

War Nurses Memorial Park

Bundaberg Regional Council undertook considerable garden work at the beginning of the year and the result was a refreshed look for ANZAC Day.

Thanks to Des Allen and his company for funding the purchase and installation of a special bronze plaque for WW I nurse Sister Norma Violet Mowbray, who now has her name added to the First World War Honour Roll.

The additional plaque was dedicated on ANZAC Day by Presiding Officer LTCOL Janet Rasmussen (Ret).

Other Commemorative Services

Shirley Watson represented the association at Rats of Tobruk Service on 14 April and Leone Wilson was our representative at Vietnam Veterans Day and RAAF Station Bundaberg services. New member Cath Fitzsimmons laid our tribute at Bundaberg's Remembrance Day Service, Leone Wilson was our representative at Burnett Heads and our Moore Park Beach members represented us at their local commemoration.

Ray Hinkler, Elaine Holt, Patricia Pearson and Jennie Wheeler's names were forwarded to the Council of Ex Servicewomen's Associations (Qld) for reading at the annual service held at the Women's Memorial, Kallangur.

Future Commemorations

VP75

Initial planning commenced later in the year for appropriate events to commemorate the 75th Anniversary of Victory in the Pacific which ended Australia's involvement in World War II.

Two days of events are planned with services at both the Servicewomen's Memorial and War Nurses Memorial and a special luncheon on the Terrace at the Bundaberg Services Club for invited guests, to honour the men and women of WW II.

Due to work commencing in Anzac Park and the Bundaberg Services Club main function room being booked, to ensure the Bundaberg community has the opportunity to mark this special anniversary, our service at War Nurses Memorial Park will also honour men and women who were not nurses. The Bundaberg RSL Sub Branch will join with our association to conduct the luncheon and share costs.





AIR FORCE 100

Leone Wilson attended a meeting/briefing on the possible events that the Bundaberg region may consider expressing an interest in holding to mark the 100th Anniversary of the Royal Australian Air Force. Our association would only provide support to a lead agency if any events were to be held in our area.

Purchase of PA System

We received \$8,300 in grant funding from the Queensland Government's Community Gambling Benefit Grant program which allowed us to purchase a PA system specially built to meet the requirements of Services at War Nurses Memorial and also any other future indoor/outdoor events, complete with portable lecterns and banners displaying our various Association logos.

Wellbeing Activities

 3 x Bus Trips	3 x Official Luncheons 	 1 x Car Rally & BBQ	9 x Cuppa Chats 3 x Ten Pin Bowling 8 x Super Saturdays 
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Our calendar of events was expanded during the year to include new wellbeing focused activities to complement our usual mix of social and commemorative activities/events.

Bus Trips

In February we enjoyed a bus trip to Maryborough Military Museum with a guided tour of new memorial installations in the memorial park before checking out the Mary Poppins murals around town and enjoying lunch at the Carrier's Arms Hotel.

In June we travelled to the Sunshine Coast via Eidsvold where we visited the RM Williams Centre for morning tea and lunch before overnighing at Maroolaba Beach. We enjoyed an 'Indulge Dinner Cruise' on Mooloolaba Harbour and attended the Maroochydore Ex Servicewomen's luncheon before heading home.

Both these bus trips were supported by a grant from the Department of Veterans' Affairs.

In October we travelled to Hervey Bay for their annual luncheon and enjoyed winning a good share of the raffle prizes on offer.

This year a Bus Trip Sub Committee was appointed to propose a program of bus trips for a future grant application and I thank Chair Lynne Pollock, Jenny Chester and Kay Littler for assisting me in planning a fantastic program of bus trips for the period Jul 2020 to Jun 2021. Check out newsletters for the latest advertisements for upcoming trips. This group has met regularly to work on itineraries and often has other members join them for ideas and enjoy a pleasant lunch together. Ask when they are meeting next and join them.

Luncheons

Our birthday lunch had a Rock n Roll theme and thanks go to Vice President Raelene 'Elvis' Fryer, Jeannie Roberts and others who assisted in organising and conducting this fun event. We had visitors from Redcliffe for the first time as well as our friends from Hervey Bay who travel up every year.

We had our Christmas lunch at the Spotted Dog Tavern and ensured the patrons were entertained by our merriment and drawing of the many raffle prizes kindly donated by members.

We held an Anzac Girls Luncheon in the lead up to Anzac Day instead of a local bus trip as numbers were low. The theme for the lunch was 'Women of World War Two' and was held in the Cane Fire

Room at the Spotted Dog Tavern. It was deemed a good alternative to hold a luncheon instead of hiring a coach for a small number of participants.

Wellbeing Activities


We commenced monthly cuppa chats at the Veterans Support Centre (VSC) and Glenda Everton-Brockelsby conducted three successful and fun 10 Pin Bowling mornings during the year. Glenda also planned and conducted our first car rally in September. Thanks to Glenda and Lynne Pollock for their work in attempting to get participants 'lost' for a few hours or attempting to understand 'Navy clues' and we enjoyed a great BBQ lunch at the VSC once all cars were safely home.

The 10 pin bowling mornings have proved so popular it will be a monthly activity in 2020 with the monthly Cuppa Chats continuing.

Super Saturdays were conducted during January and August where members enjoyed a chat over a cuppa before assisting with the raffle draw.

Many members enjoyed lunch together following Cuppa Chats, Bowling mornings and the Super Saturday mornings – but these are 'on the spot decisions' and not included in official association activities.


Veterans' Health Week



VETERANS' HEALTH WEEK

VETERANS HEALTH WEEK BUNDABERG PROGRAM 2019

organised by **Bundaberg Community of Practice**



28 OCT TO 1 NOV
at the
Veterans' Support Centre
69-71 Takalvan Street
0930 – 1400
Contact for information:
Eddie Stockill 0428 988 580

	MONDAY 28/10/19	TUESDAY 29/10/19	WEDNESDAY 30/10/19	THURSDAY 31/10/19	FRIDAY 01/11/19					
Time	Activity									
0930 to 1000	Reconnect with Movement and Mindset <i>Gentle Movement that focuses on Flexibility, Balance and Stability.</i> With JAZZ <small>(The Person not the music)</small>	Occupational Therapy and Assistive Products With Cheryl Tacey - OT	Stretching & Mindfulness With PALAK MOEP	Dance, Fitness & Fun <small>Incorporating Dance, Tai Chi and Yoga</small> With Veska	Pathways to Respite Care; Dementia and My Aged Care Gracie Dixon Respite Centre					
1000 to 1030						Morning Tea				
1100 to 1130						Healthy Eating IWC presentation	Hearing Hearing Australia With Kathleen Dimes Hearing Tests and Product display for DVA approved devices	SMART goal setting IWC Psych model/helpful thoughts IWC Mindful eating IWC	Balance & Strength With Ange Tranet CURVES	Trivia with Bundaberg District Women Veterans
1130 to 1200	Lunch									
1200 to 1230	Lunch									
1300 to 1330	Physiotherapy Mitch Davis Connected Physiotherapy Clinic	Medication wise handling IWC Pharmacist Tim Spargo	Managing PTSD and Stress With Dr Mohamed Hussein	Importance of sleep and your wellbeing Dr Liebenberg (TBC) and Genesis Care	Speed Date with a Dietitian IWC					
1330 to 1400	Lunch									

<> **DISPLAYS** <> **HAND-OUTS** <> **GIVE-AWAYS** <> **GAME PRIZES** <> **MORNING TEAS**
 <> **ADVOCATE IN ATTENDANCE** <> **JP/C.DEC IN ATTENDANCE** <> **LIGHT LUNCH**
 * **OPPORTUNITIES TO ASK QUESTIONS** * **MEET OTHER VETERANS**
Veterans, War Widows and Families are welcome – Veterans Health Week is provided FREE

I would like to thank our excellent presenters and Glenda for putting together the Trivia morning.

During the week, many of our members attended the various events and our interest and support have resulted in a weekly exercise program commencing at the VSC in February and at least one of our members took up the offer of assistance from the dietary presenters from the IWC.

Wellbeing Support Program

As we all know “wellbeing” is the experience of health, happiness, and prosperity. It includes having good mental health, high life satisfaction, a sense of meaning or purpose, and the ability to manage stress. Wellbeing is something sought by just about everyone because it includes so many positive things; feeling happy, healthy, socially connected, and purposeful. To develop genuine wellbeing support, we need to build our social skills, like gratitude, kindness, and communication. Social skills make it easier to have positive interactions with others, helping others to feel less lonely, angry, or disconnected. This interaction develops social wellbeing with the intent to feel more meaningfully connected to others.

To further improve the Association’s wellbeing approach and to align with the (our) purpose outlined above, we renamed and refocused our welfare support efforts mid-year, with the appointment of a wellbeing officer who heads a team of four wellbeing support officers and reports the team’s activities to meetings.

The Wellbeing Team for 2019 was: Sharon Cord-Wellbeing Officer. Lynne Pollock, Jenny Waldron, Shirley Watson and Leone Wilson OAM– Wellbeing Support Officers.

These five members provided direct and in-direct support to members and their work has a positive and direct effect on those they engage with. Their efforts are greatly appreciated by us all. General ‘mate to mate’ support continues within the association by all members.

Wellbeing Support – As stated above there has been frequent contact and /or engagement with our members throughout the year. This has been achieved through various forms of direct and in-direct contact such as hospital or home visits, phone or e-mail contacts made to members by the wellbeing officer’s team. The table below details the form/s and frequency of various wellbeing support conducted:

Mid Year to December 2019	
Form of contact	Frequency of contact
In Person	63
By Phone	111
By Email	57
By Home Visit	9
By Hospital Visit	14
By Nursing Home Visit	1

Throughout the year the wellbeing support officers have attended and continue to attend training and information seminars, and Bundaberg Veterans Group/Community of Practice meetings which provided both ongoing personal development, which has proven to be very beneficial, and the opportunity for collaboration with other local Ex Service Organisations on wellbeing matters that is so important to the Bundaberg veteran community.

Wellbeing Activities – We held bus trips, luncheons, morning teas, 10 pin bowling, kayaking and a car rally; all aimed at provided enjoyment for our member and these are detailed under Activities in this report.

Volunteer Hours

Wellbeing Activities

Activity Type	No of Volunteers	No of Hours	Voluntary Value \$ *
Home Visits	4	18	180.00
Hospital Visits	5	7	70.00
Nursing Home Visits	1	1	10.00
WSO other support	5	25	250.00
Funerals	10	15	150.00
Veterans Health Week	10	130	1300.00
Wellbeing Training	2	30	300.00
Wellbeing Meetings	3	40	400.00
Bus Trips	4	286	2,860.00
Luncheons etc	8	80	800.00
10 Pin Bowling	1	12	120.00
Car Rally	2	30	300.00
Cuppa Chats	4	36	360.00
Newsletter	1	120	1,200.00
TOTALS	60	830	\$ 8,300.00

*\$10 per hour

Commemorative & Patriotic Activities

Activity Type	No of Volunteers	No of Hours	Voluntary Value \$ *
Salute to Servicewomen	10	100	1,000
Pre-Anzac and Lodge	2	5	50.00
Anzac Day	10	180	1,800.00
Remembrance Day	4	12	120.00
Rats of Tobruk	1	2	20.00
Vietnam Veteran's Day	2	2	20.00
RAAF	2	2	20.00
VP75	2	30	300.00
AIRFORCE100	1	4	40.00
Other	1	2	20.00
TOTALS	35	339	\$ 3390.00

The Management Committee's voluntary work in conducting the business of the Association is not included in the above tables, and I thank them for their tireless work and their contribution. Many volunteer hours have been 'clocked up' by committee members during 2019.

President's Thank You

I wish to thank the members of the Management Committee for their support and commitment during the year and to those members who had appointments that are part of enabling the delivery of our calendar of events, both social/wellbeing and commemorative.

There are also numerous members who undertake tasks in support of association activities when volunteers are called for and along with all the members who turn up for meetings, I thank all of them sincerely for their work and efforts. Frankly, we would be in a pickle without your helping hands.

Without active members, our association may well stagnate or even wither away and your continued support at meetings, activities and generally is key to our continued success as we strive to remain relevant to our current member's needs and of interest to the younger cohort of women veterans.

We have many members who are now restricted to the home but remain connected by our newsletters, phone calls and electronic contact between members, and we value their continued membership highly.

Vice President Raelene Fryer is standing down this year, and I thank her for her work and support during the last year and wish her and Scott well on their year of travels.

It has been my privilege to represent the Bundaberg District Women Veterans Inc as President in 2019.

Jennifer Waldron

President

16th March 2020

Financial statements

Statement of Income & Expenditure for the year ending 31 Dec 2019

BUNDABERG & DISTRICT EX SERVICEWOMEN'S ASSOCIATION INC

ANNUAL FINANCIAL REPORT page 1 of 2
For Year ended 31st December 2019

STATEMENT OF INCOME & EXPENDITURE 2019

<i>Cashbook balance as at 1st January</i>		13,313.61
Income		
Members Subscriptions	385.00	
Social (functions/outings)	7,247.00	
Travel (members subscriptions)	1,870.00	
Donations	281.60	
Fundraising	1,809.69	
Operating	0.00	
Stock	1,066.80	
Interest	134.28	
Reunion	0.00	
Grants	11,975.00	
<i>Blank</i>	0.00	
Sundries	1,016.00	
Special Projects	0.00	
Total Income for Year	25,785.37	
Sub Total		39,098.98
Expenditure		
Commemorations	751.80	
Social (functions/outings)	6,288.60	
Travel (Bus Hire)	4,195.00	
Donations	300.00	
Fundraising Costs	224.86	
Operating Expenses	3,352.15	
Stock/Badges	1,089.90	
Bank Charges	1.04	
Reunion	0.00	
Grants	8,993.11	
<i>Blank</i>	0.00	
Sundries	1,016.00	
Special Projects	0.00	
Total Expenditure for Year	26,212.46	
CASHBOOK BALANCE @ 31 DEC	\$12,886.52	\$ 12,886.52
Excess Income over Expenditure	-427.09	

Jennifer Waldron
President


20/1/20

Sharon Barsby
Treasurer


20/1/20

Reconciliation, Balance Sheet & Auditor's Report for year ending 31 Dec 2019

BUNDABERG & DISTRICT EX SERVICEWOMEN'S ASSOCIATION INC

ANNUAL FINANCIAL REPORT Page 2 of 2
For Year ended 31st December 2019

Reconciliation Statement 31 December 2019

Westpac Community Solutions Cheque Account				
Balance 1.1.2018	13,313.61			
Deposits	25,785.37			
	39,098.98			
Withdrawals	26,212.46			
Bank Balance 31.12.2019	12,886.52			\$12,886.52
Unpresented cheques		0.00		
Agrees with cashbook			\$12,886.52	
Westpac Term Deposit Account				
Opened 22.11.2018	5,000.00			
Balance 31.12.19	5,000.00		\$5,000.00	\$5,000.00
<i>Term 24 Months @ 2.4% to 2020</i>				
Saleable Stock on Hand				
<i>item</i>	<i>this year</i>	<i>cost value</i>		
Membership Badges	24	11.82	283.68	
MDW Books	2	38.00	76.00	
Mugs	1	5.00	5.00	
Caps	7	5.00	35.00	
	0	0.00	0.00	
	0	0.00	0.00	
				\$399.68

BALANCE SHEET

ASSETS				
Cash at bank	12,886.52			
Investment	5,000.00			
Saleable Stock	399.68			
Sundry Debtors	0.00	18,286.20		
LIABILITIES				
General Assn Account	0.00			
			0.00	<u>\$18,286.20</u>

AUDITORS REPORT:

I have examined the books of the Bundaberg & District Ex Servicewomen's Association Inc. for the year ended 31st December, 2019

I am satisfied that monies received by the Association have been accounted for, but consistent with organisations of this nature, I have been unable to ascertain that all monies collected by the Branch were accounted for. Subject to this qualification, in my opinion the Statements of Income and Expenditure and Balance Sheet are properly drawn up so as to show a true and fair view of the operations of the Association for that year and of its financial position as at 31st December, 2019

Apart from minor items shown as Current Assets, the Association's Assets are cash.

 Approved Honorary Auditor

Ann Vautin

Date 24/1/20

Financial explanatory notes:

Bus grant monies carried forward (see details on 2020 budget)

Bus trip advance payments in 2019 for use in 2020 \$ 1900.00

Accommodation securement in 2019 for 2020 \$ 450.00

Sundries income and expenditure:- \$ 1016.00

Cost of president's attendance at Women Veterans conference
in Far North Qld which was reimbursed by the Bundaberg RSL
Sub Branch

Budget 2020

	Budget forecast
Income	
Members	150.00
Wellbeing Activities	33,725.00
Wellbeing Bus & Travel Hire	8,150.00
Wellbeing Reunion	-
<i>Blank</i>	
Commemoration Catering	1,000.00
<i>Blank</i>	
Grants	38,130.00
Interest	140.00
Admin Refunds	-
Fundraising	2,000.00
Special Projects	-
Sundries	
Total Income for Year	\$ 83,295.00
Expenditure	
Membership Awards & Badges	50.00
Wellbeing Activities	36,155.00
Wellbeing Bus & Travel Hire	14,010.00
Wellbeing Reunion	-
Wellbeing Support	1,500.00
Commemoration Catering	2,760.00
Commemoration Costs	2,750.00
Donations	-
Fees & Insurance	2,500.00
Operating	2,300.00
Fundraising	1,000.00
Special Projects	2,000.00
Sundries	-
Total Expenditure for Year	\$ 65,025.00
Budget Outcome	
<u>Grant monies factor</u>	Budget
Income	83,295.00
Expenditure	65,025.00
Year only profit (loss)	18,270.00
Residual grant B/f 2019	0.00
Residual bus grant C/f 2021	17,720.00
Adjusted profit (loss)	550.00

Association Life Members

1998	Lily FERGUSON
2003	Leone WILSON
2007	Elaine HOLT
2008	Jennie WHEELER
2012	Shirley WATSON
2019	Kay DEROME

HISTORICAL DATA



7 July 1967	Inaugural Meeting and formation of <i>Bundaberg & District Ex Servicewomen's Association</i> .
18 February 1994	Incorporation under Associations' Incorporation Act as <i>Bundaberg & District Ex Servicewomen's Association Inc.</i>
10 April 2015	Associate membership class created
07 February 2019	Name change registered as <i>Bundaberg District Women Veterans Inc</i>