



**BUNDABERG DISTRICT WOMEN VETERANS**  
Formed 1967 as: BUNDABERG & DISTRICT EX SERVICEWOMEN'S ASSOCIATION

# CHESTS OUT

*Women Veterans, proud to have served our nation.*  
4/2022 APR



# Congratulations Joy, 100!

**CHESTS OUT—proud female veterans staying in touch for 55 years**

## Association Information

**POSTAL ADDRESS:** PO Box 397 Bundaberg Qld 4670  
**PHYSICAL ADDRESS:** 4 Glasgow St, Svensson Heights Qld 4670  
**WEBSITE:** <https://bundywomenveterans.org.au>

### **E-MAIL ADDRESSES:**

Secretary: [secretary@bundywomenveterans.org.au](mailto:secretary@bundywomenveterans.org.au) Enquiries: [admin@bundywomenveterans.org.au](mailto:admin@bundywomenveterans.org.au)

### **BUSINESS INFORMATION:**

Incorporation IA13064 NFP Charity ABN 78362718229 Public liability Insurance Miramar -132848-Q \$20M  
See website for constitution, by laws, business plan and other important documents.

**Membership 2022:** Service Member \$5; Associate \$10; 2023 onward, Service Member \$10, Associate \$15 per year.  
Financial year: 1Jan to 31Dec. See website 'about us' for eligibility and to download an application form

### **HOW TO PAY: OUR BANK DETAILS For Electronic Funds Transfer & Direct Deposits:**

Bundaberg District Women Veterans Inc. Westpac Bundaberg: **BSB 034122 A/c 637419**

PLEASE INFORM SECTY or TREAS of EFT or Deposits. **CASH:** You can pay cash at a meeting—Please assist the Treasurer by having the correct money. If you need a receipt let the treasurer know.

### **Bundaberg District Women Veterans**

## **COMMITTEE 2022-23**

Patron: Leone Wilson OAM

**President: Jenny Waldron** 07 4157 4621 0487 302 114  
[jenny.waldron@outlook.com](mailto:jenny.waldron@outlook.com)

**Vice Pres.: Angella Hillis CSC** 0400 422 331  
[hillis.wa@gmail.com](mailto:hillis.wa@gmail.com)

**Secretary: Kate Erickson** 0407 440 215  
[k8tee@y7mail.com](mailto:k8tee@y7mail.com)

**Treasurer: Sharon Barsby** 07 4157 4621 0428 570 014  
[sharonbarsby1@outlook.com](mailto:sharonbarsby1@outlook.com)

#### Committee Members:

**Helen Baldwin** 0413 082 532 07 4152 8010  
[hnbaldy@hotmail.com](mailto:hnbaldy@hotmail.com)

**Gloria Kilpatrick** 0408 886 421  
[kilpatrickg@hotmail.com](mailto:kilpatrickg@hotmail.com)

**Kay Littler** 07 4159 1881 0427 695 167  
(Assistant Treasurer) [pdk7@dodo.com.au](mailto:pdk7@dodo.com.au)

**Leone Wilson OAM** 07 4159 4134 0427 415 946  
(Assistant Secretary) [leonewilson@outlook.com](mailto:leonewilson@outlook.com)

#### Who to contact:

You may contact any of the committee and they will refer you or the matter to the appropriate member.

Financial issues: Treasurer  
Membership: Secretary or President  
Activities: President or Secretary  
Bookings: as advertised or Treasurer

#### **Your Wellbeing Support Officers are:**

**Leone Wilson (Membership Officer)** *see above*

**Lynne Pollock** *see below*

**Jenny Waldron** *see above*

**Shirley Watson** 0408 460 951 [shirleywatson88@gmail.com](mailto:shirleywatson88@gmail.com)

**Ethel Bourke** 0428 881 487—The Lakes

**Kate Erickson**—Moore Park Beach *see above*

#### **Property Officer**

**Lynne Pollock** 07 4151 7795 0438 517 795  
[lynne.pollock21@outlook.com](mailto:lynne.pollock21@outlook.com)

### Current Life Members

Leone Wilson OAM

Shirley Watson

Kay Derome

Jennifer Waldron

### **IN CASE OF EMERGENCY**

Members—we encourage you to carry a document in your wallet or handbag that provides information which could be helpful in an emergency situation? Include things such as:

- who to contact;
- who is your doctor;
- special conditions (e.g. allergies).

Our association practices support through friendship—if you just need to talk to someone, call any committee, wellbeing support officer or association member.

Don't bottle it up! You are important to us.

All of our activities need to be

## **SCENT-FREE**

Perfumes, aftershaves and other scented products affect the health of many members. Please do not wear scented products to meetings or other activities, even outdoor activities.

THANK YOU

### So that we can honour you!

If you wish your service to your country to be recognized at your funeral, you need to let your family know. It is your family who ask the funeral director to arrange to have the poppy tribute.

## *Behind the news, March*

JOY CHRISTOU—100

Joy served in the UK Land Army during World War Two. She joined our association in 2017 but has not attended meetings due to hearing difficulties. She stays in touch through this newsletter and is also well known to Ethel Bourke and Janet Rasmussen, fellow Lakes residents.

Ethel represented us at Joy's luncheon held at The Lakes. During this function Joy was presented with our flowers (pictured on the cover). A week later, Ethel invited members to join in at a lunch which she organised for Joy at Grunskes. Jeannie Roberts, Pat Frith and

I were there—John was also to attend but unable to do so at the last minute. Joy enjoyed both activities.

An able, sharp witted, and a gracious lady—congratulations Joy, and thank you to Ethel for helping to make the events memorable.

### COMMITTEE MEETING

The committee held a meeting on Monday 11 April to catch up on business arising since the February meeting.

Our new members SM Glenda Smith and Assoc John Barsby were both formally accepted.

Other approvals related to printing of MDW Vol 2, procurement of office essentials, and purchase of flowers for our

latest centenarian, Joy Christou.

Committee were advised that all of our red-tape reporting to government had been completed.

### GRANTS

Currently there are five areas involved with grants. What many members may not know is the time involved in applying for grants. Most are very complex.

Each application requires research of the project's aims and understanding the application guidelines as they differ between funding organisations. Then follows researching the items required; obtaining approvals, e.g. meeting with council; putting together the project plans, timeline, costing, support docu-

ments/photos, and budget.

To get to lodgement of the application takes many hours over many days even weeks. In fact the 2014 Anzac Centenary project took more than a year to plan and a further 10 months to fully implement.

After submission, a grant could still fail! Yes, it is worth the effort.

If successful, an agreement is signed, payment and purchases made and acquitted. In the case of projects the work of managing the project commences and this too can be time intensive, often dealing with other organisations such as contractors, council and suppliers.

You only need to look to see what our

small association has gifted to the community of Bundaberg, and how we have preserved the memory of the service and sacrifice of women, to appreciate the value of past grant work.

When you look and see these results, may I suggest you consider the hours, days, weeks, months and trips to town that a few members have given freely to the association, enabling us to stand tall in our community.

Our president Jenny Waldron, and those she enlists to assist deserve a huge thank you.

Vice president Angella Hillis will have details to relate of the association's latest project, the Queens Jubilee Tree Planting, at the May general meeting.

### REUNION

It is only a matter of weeks before our 55th Anniversary reunion. There will be a reunion meeting at the June cuppa chat.

Donations to the raffles may be brought to the Lodge, unwrapped.

Memorabilia you can purchase is advertised on page 4 (port and MDW2), and orders can be made online or taken via the reunion clipboard with payment to the secretary.

Book your spot for Friday and Saturday functions either online on our website (see page 2) or via the clipboard. You can also note your memorabilia order at the same time.

### BRIEFS:

- SUPER SATURDAY—MAY—allotted to our association. Please come along around 1130, enjoy a cuppa and assist.
- *Mothers Daughters Wives Volume Two*—The book is now with the publisher.
- Quiet Moment—1100 Hrs, Servicewomen's Memorial, Lions Remembrance Park. All welcome.
- Anzac Girls Luncheon—Don't forget to bring along any items you have that can be displayed to commemorate 75 years of Peacekeeping.
- Anzac Day 2022—The information is reprinted in this issue for you on page 9.
- Tobruk Sunday—Thank you to our representative Shirley Parker and Shirley Watson who also attended.
- Sunny Coast Trip—RSVP is 2 May. (see page 6)

### WELLBEING

For any member going to hospital, having visitors is not always possible—restrictions and other requirements still exist and make visiting by other than family difficult. We also rely on volunteers for visiting. That does not mean you are not in our thoughts.

Please see page 5 for information re sexual harassment during ADF service.

*Leone*

## **Friendship**

**Life is partly what you make it, and partly what it is made by the friends we choose.**

**Thanks Hervey Bay**





# The (Legacy) Lodge



## Respect our Neighbours

Legacy Lodge is a residential complex; 'The Lodge' is part of that complex -

*For us to be a good neighbour we must be respectful of the other residents.*

### LODGE TEAM:

#### **Lodge Liaison Officer:**

Angella Hillis

#### **Librarians:**

Annette Newsham and Shelagh Bennet

#### **Key holders:**

President, Secretary,  
Property Officer, Liaison Officer,

#### TEA & COFFEE FACILITIES

*Provided by the association for you on a self serve basis.*

#### CLEANLINESS

We all know what that means  
*The person responsible is you.*

#### STOCK SUPPLY

Please alert a committee member if something is running low.

## Covid & Colds Care

Please be considerate—masks are no longer mandatory but can be a handy item to have with you and use as appropriate.

**Please stay at home if unwell.**

## DONATIONS AT THE LODGE

A gold coin donation made by you when attending meetings or cuppa chat help Bundaberg Legacy. They are your way of showing

appreciation for the use of the Lodge by you and your association.

The donations made are added to an association donation and given to Legacy annually.



## CLIPBOARDS



Making bookings by using the clip boards is a convenient method for members.

The booking needs to be confirmed with a payment ASAP. Do this electronically, and advise the treasurer, or you can pay at the meeting. To pay at a meeting:

**Please place the correct money in an envelope and include your name.**

## CHESTS OUT—BACK ISSUES

There are a few back issues of Chests Out available at the Lodge. They will be on the information table for a short time only. Please help yourself.

## Reporting abuse in Defence – Reparation

The Office of the Commonwealth Ombudsman (the Office), within its Defence Force Ombudsman jurisdiction, provides an independent, external and impartial mechanism for people to report historical and contemporary serious abuse in the Australian Defence Force (Defence). For reports made to the Office **before 30 June 2022** (or 30 June 2023 if a written notice of intention is provided before 30 June 2022), the Ombudsman may recommend that Defence pay a reparation payment in response to the report of abuse.

This information was sent to members electronically. If you did not receive a copy, please contact secretary Kate or assistant secretary Leone. The above applies for any occurrence on or before 30 June 2014.

## UPCOMING ACTIVITIES

### QUIET MOMENT AND ANZAC GIRLS LUNCHEON



**FRI 22 APR** *Quiet Moment at Lions Remembrance Park 1100 followed by luncheon at the Railway Hotel 1130 for Noon*

**Members not attending lunch are welcome at the Quiet Moment.**

### SUNNY COAST O'NIGHT



**WED 1-THU 2 JUN** *ETD Bundy Coaches 0730—Eumundi Markets, Sunset cruise, SCSESWA Luncheon.*

**Members \$350, guests \$400 RSVP 2 MAY**

### 55TH REUNION WEEKEND



**FRI 15-SUN 17 JUL** *Information is available on the BDWV website <https://bundywomenveterans.org.au>. You can book at meetings or download the form from the website and email to: [events@bundywomenveterans.org.au](mailto:events@bundywomenveterans.org.au)*

**Fri Welcome \$30; Sat Luncheon \$45 (members/guests) RSVP 2 JULY**

### BORDER COUNTRY EXPLORER—8 DAY COACH TRIP



**THU 8—THU 15 SEP** *BOOKED OUT—WAITING LIST ONLY.*

### TEN PIN BOWLS

#### FUN ACTIVITY—NO SKILL NEEDED (OR USED!!!)

*Healthy exercise with mates and plenty of laughs. Everyone is a winner.*

**LAST MONDAY JAN-NOV Book with Pamela 0427 594 067 one week before**



### SUPER SATURDAYS IN MAY 2022

Enjoy the friendship and a cuppa (own expense) and raise funds for our association  
1130, Bundy Services Club on Saturdays during May.



### INVITATION TO: ALL WOMEN VETERANS

*Through Council of Ex-Service Women's Associations Qld*

**FROM: Bundaberg District Women Veterans.**

**TO ALL SERVING AND FORMER SERVICEWOMEN,  
our association's activities can be found on this page and page 7  
YOU ARE WELCOME TO JOIN WITH US.**



**Please book with payment at the rate set for guests. Contact and bank info is on page 2. Additional info can be found on our website. See page 2.**

# OUR DIARY 2022

(updates, if any, will appear in this colour)

APR	Fri	22	Quiet Time/Lunch	Lions Rem Pk 1100/Railway Hotel
APR	Mon	25	Anzac Day	War Nurses 1015 Hrs (city and elsewhere as advertised locally)
MAY	Wed	04	Cuppa Chat	Lodge from 1030 Hrs—special talk by Teagan Gleeson
MAY	Sat	07	Super Saturday	Bundaberg Services Club from 1130 Hrs
MAY	Sat	14	Super Saturday	Bundaberg Services Club from 1130 Hrs
MAY	Mon	16	Meetings	Lodge, Committee 1230 Hrs, General 1400 Hrs
MAY	Sat	21	Super Saturday	Bundaberg Services Club from 1130 Hrs
MAY	Sat	28	Super Saturday	Bundaberg Services Club from 1130 Hrs
MAY	Mon	30	Ten Pin Bowls	Bundy Bowl, 1030 for 1100 Hrs
JUN	Wed	01	Cuppa Chat (tbc)	Lodge from 1030 Hrs
JUN	Wed	01	Bus trip to Sunny Coast	Mem \$350, guest \$400 RSVP 15 May
JUN	Mon	20	Meetings	Lodge, Committee 1230 Hrs, General 1400 Hrs
JUN	Mon	27	Ten Pin Bowls	Bundy Bowl, 1030 for 1100 Hrs
JUL	Wed	06	Cuppa Chat	Lodge from 1030 Hrs
JUL	Fri	15	Reunion Welcome	Rowers on the River \$30 pp RSVP 2 Jul
JUL	Sat	16	Reunion Luncheon	Rowers on the River \$45 pp RSVP 2 Jul
JUL	Sun	17	Reunion Service	War Nurses Park—morning tea at Rowers
JUL	Mon	25	Ten Pin Bowls	Bundy Bowl, 1030 for 1100 Hrs
AUG	Sat	06	Super Saturday	Bundaberg Services Club from 1130 Hrs
AUG	Sat	13	Super Saturday	Bundaberg Services Club from 1130 Hrs
AUG	Mon	15	Meetings	Lodge, Committee 1230 Hrs, General 1400 Hrs
AUG	Sat	20	Super Saturday	Bundaberg Services Club from 1130 Hrs
AUG	Sat	27	Super Saturday	Bundaberg Services Club from 1130 Hrs
AUG	Mon	29	Ten Pin Bowls	Bundy Bowl, 1030 for 1100 Hrs
SEP	Wed	07	Cuppa Chat	Lodge from 1030 Hrs
SEP	Thu	08	Border Explorer	8 Day coach trip
SEP	Mon	19	Meetings	Lodge, Committee 1230 Hrs, General 1400 Hrs
SEP	Mon	26	Ten Pin Bowls	Bundy Bowl, 1030 for 1100 Hrs
OCT	Wed	05	Cuppa Chat	Lodge from 1030 Hrs
OCT	Sat	15	Hervey Bay	Luncheon—date and details TBC
OCT	Mon	17	Meetings	Lodge, Committee 1230 Hrs, General 1400 Hrs
OCT	Mon	31	Ten Pin Bowls	Bundy Bowl, 1030 for 1100 Hrs
NOV	Wed	02	Cuppa Chat	Lodge from 1030 Hrs
NOV	Mon	21	Christmas Lunch	Details TBA
NOV	Mon	28	Ten Pin Bowls	Bundy Bowl, 1030 for 1100 Hrs
DEC	Wed	07	Cuppa Chat	Lodge from 1030 Hrs

## FOR MORE INFORMATION:

CHECK ADVERTISING ON THE WEBSITE, THE LODGE NOTICEBOARD, AND CLIPBOARDS,  
AND IN CHESTS OUT PLUS DETAILS CONTAINED IN THE MINUTES

## FOR FORWARD PLANNING

(the following is subject to change and confirmation)

- Cuppa Chat—first Wednesday
- General Meetings—third Monday except July, November and December
- Ten Pin Bowls—last Monday except December
- Luncheons—April TBA, July third Monday except reunion years, November third Monday
- Super Saturday—January, **May** and August, all Saturdays
- Commemorations—Quiet Moment and Roll Call LRP April TBA; War Nurses - Anzac Day



**April ESO BBQ, Baldy, Lynne, Jenny C and Shirley W**



**Centenarian Joy Christou with Leone, Jeannie and Ethel at Grunskes**





## ANZAC DAY MARCH BUNDABERG CITY

- ◆ The Veterans section of the parade assembles in Targo Street south of Bourbong Street.
- ◆ Assemble from 0800 Hrs
- ◆ March off around 0830 Hrs
- ◆ We turn left into Bourbong Street and turn right at the Cenotaph.
- ◆ Anzac Park—on entering Anzac Park veterans will be directed to shaded seating which is for veterans only. It is situated under a marquee to the side of the stage.
- ◆ Council encourages participants to bring a hat, sunscreen and water.
- ◆ ALL women veterans are welcome to join with our members on parade.

### DRESS



- ◆ Your medal/s should be full size and worn on the left.
- ◆ Relatives medals may be worn on the right.
- ◆ Shirt—it is appropriate to wear the cotton dress shirt for those who have one.
- ◆ Likewise the hat (as pictured)
- ◆ Otherwise, dress respectfully.

### WAR NURSES SERVICE

- ◆ Make your way to War Nurses Memorial Park opposite the Base Hospital for a 1000 Hrs assembly and service commencement at 1015.

### RSL ANZAC LUNCHEON

Members wishing to attend the RSL luncheon at the Bundaberg Services Club should make their own arrangements by booking with the RSL Activities & Events Coordinator Jan Rimmington 0422 134 313



**Tobruk Sunday**  
**Faye Chatham and Shirley Parker**  
 Faye, a daughter of a Rat of Tobruk represented the RAAF Association Branch  
 Shirley represented Bundaberg District Women Veterans.

### THE VETERANS SALUTE

The Veterans Salute to their "Fallen Comrades" originated in London on Armistice Day in 1920, during the ceremony to unveil and dedicate the Cenotaph in Whitehall at the same time a funeral procession accompanying the remains of the "Unknown Soldier" halted at the Cenotaph during the ceremony before proceeding to Westminster Abbey for internment. Those present included the senior soldier, sailor and many Victoria Cross winners. The ceremony concluded with a march past.

The Regimental Sergeant Major of the Guard Regiment conducting the ceremony, faced with a gathering of highly decorated and high ranking military men (including many Victoria Cross winners), all wearing rows of medals, decreed that all would salute the Cenotaph as they marched past by placing their hand over their medals, signifying that "No matter what honours we may have been awarded they are nothing compared with the honour due to those who paid the supreme sacrifice".

## *Mother Reclassification:*

A woman, named Emily, renewing her driver's license at the County Clerk's office was asked by the woman recorder to state her occupation. She hesitated, uncertain how to classify herself.

"What I mean is," explained the recorder, "do you have a job, or are you just a .....?"

"Of course I have a job," snapped Emily. "I'm a mother."

"We don't list 'mother' as an occupation ... 'housewife' covers it," said the recorder emphatically.

I forgot all about her story until one day I found myself in the same situation, this time at our own Town Hall. The Clerk was obviously a career woman, poised, efficient, and possessed of a high sounding title like, "Official Interrogator" or "Town Registrar".

"What is your occupation?" she probed. What made me say it, I do not know... The words simply popped out.

"I'm a Research Associate in the field of Child Development and Human Relations."

The clerk paused, ball-point pen frozen in midair, and looked up as though she had not heard right. I repeated the title slowly, emphasizing the most significant words. Then I stared with wonder as my pronouncement was written in bold, black ink on the official questionnaire.

"Might I ask," said the clerk with new interest, "just what you do in your field?"

Coolly, without any trace of fluster in my voice, I heard myself reply, "I have a continuing program of research, (what mother doesn't), in the laboratory and in the field, (normally I would have said indoors and out).

"I'm working for my Masters, (the whole darned family), and already have four credits, (all daughters). Of course, the job is one of the most demanding in the humanities, (any mother care to disagree?) and I often work 14 hours a day, (24 is more like it). But the job is more challenging than most run-of-the-mill careers and the rewards are more of a satisfaction rather than just money."

There was an increasing note of respect in the clerk's voice as she completed the form, stood up, and personally ushered me to the door.

As I drove into our driveway, buoyed up by my glamorous new career, I was greeted by my lab assistants -- ages 13, 7, and 3. Upstairs I could hear our new experimental model, (a 6 month old baby), in the child-development program, testing out a new vocal pattern. I felt triumphant! I had scored a beat on bureaucracy! And I had gone on the official records as someone more distinguished and indispensable to mankind than "just another mother."

Motherhood.....What a glorious career! Especially when there's a title on the door. Does this make grandmothers "Senior Research Associates in the field of Child Development and Human Relations" and great grandmothers Executive Senior Research Associates"? I think so!!! I also think it makes aunts "Associate Research Assistants".

*Happy Mothers Day to all Research Associates*



*Our members post war operations contribution to Australia*



## HAVING MUM OVER FOR DINNER

**SMILE**

Smile at all you meet—it is infectious but not harmful!  
It is life's secret tonic.

Brian invited his mother over for dinner. During the course of the meal, Brian's mother couldn't help but notice how beautiful Brian's roommate, Jennifer, was. Brian's Mum had long been suspicious of the platonic relationship between Brian and Jennifer, and this had only made her more curious.

Over the course of the evening, while watching the two interact, she started to wonder if there was more between Brian and Jennifer than met the eye.

Reading his mom's thoughts, Brian volunteered, 'I know what you must be thinking, but I assure you Jennifer and I are just roommates.'

About a week later, Jennifer came to Brian saying, 'Ever since your mother came to dinner, I've been unable to find the beautiful silver gravy ladle. You don't suppose she took it, do you?'

Brian said, 'Well, I doubt it, but I'll send her an e-mail just to be sure. So he sat down and wrote:

*Dear Mum,*

*I'm not saying that you 'did' take the gravy ladle from the house, I'm not saying that you 'did not' take the gravy ladle. But the fact remains that one has been missing ever since you were here for dinner.*

*Love, Brian*

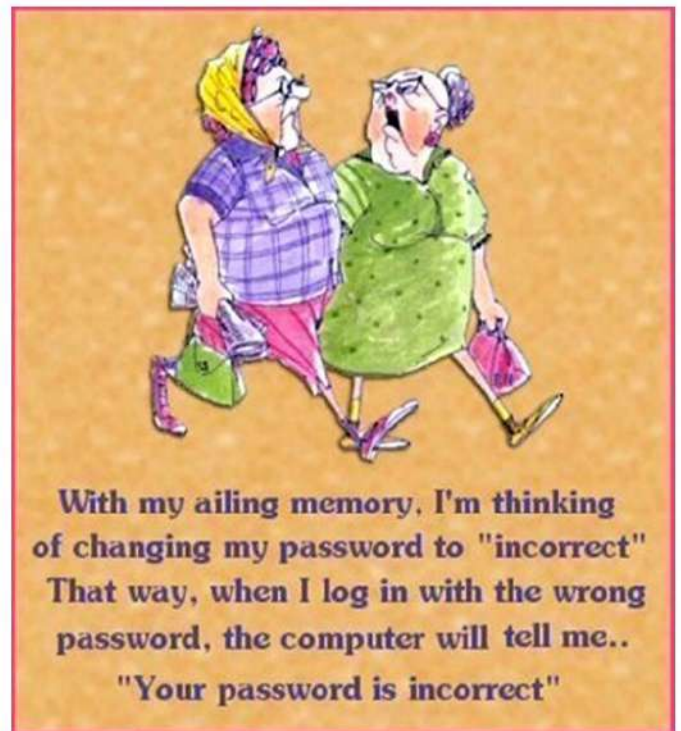
Several days later, Brian received an email back from his mother that read:

*Dear Son,*

*I'm not saying that you 'do' sleep with Jennifer, I'm not saying that you 'do not' sleep with Jennifer. But the fact remains that if Jennifer is sleeping in her own bed, she would have found the gravy ladle by now.*



*Love, Mum*



Gardening Rule: When weeding, the best way to make sure you are removing a weed and not a valuable plant is to pull on it. If it comes out of the ground easily, it is a valuable plant.

If quitters never win, and winners never quit, then who is the fool who said, "Quit while you're ahead?"

Health is merely the slowest possible rate at which one can die.

The only difference between a rut and a grave is the depth.

Give a person a fish and you feed him for a day; teach that person to use the Internet and they won't bother you for weeks.

Whenever I feel blue, I start breathing again.

All of us could take a lesson from the weather. It pays no attention to criticism.

Why does a slight tax increase cost you two hundred dollars and a substantial tax cut save you thirty cents?

How is it one careless match can start a forest fire, but it takes a whole box to start a campfire?

**Have A Happy Day**



**Bundy's 55th Birthday Reunion  
Fri 15, Sat 16, Sun 17 July 2022**

**BOOK VIA OUR WEBSITE OR  
SHARON'S CLIPBOARDS:**

<https://bundywomenveterans.org.au>

*GREEN for GO! So book now and lets GO together!*

## Talk to committee

A list of contact numbers appears on page 2—keep this handy and talk to a committee member about your ideas, or any concerns or questions.

Chests Out is designed to keep you informed and it is suggested that you hold onto or store your copy for a time as information is not repeated in every issue.

You, the members, own our association—it can be what you want it to be.

Suggestions can be provided at meetings or to a committee member.

Suggestions should meet our aims and objects.

When making a suggestion, provide details that will enable committee and members to decide on its merit.

***IT IS YOUR ASSOCIATION***

## BIRTHDAYS

### MAY

Shirley Watson	02
Meg Stegman	04
Carolyn Kennedy	15
Glenda Taylor	17
Jude Binder	18
Sue 'Veska' Ericsson	22
Patricia Frith	22
Olive Paterson	27

*Happy Birthday!*

## CONTACTS

### Bundaberg RSL:

WELFARE 0428 988 580

Eddie Stockill

SECTY 0477 959 747

Dannielle Brearley

ACTIVITIES 0418 983 415

Jan Rimmington

Defence Vets Drop In Centre:  
4153 4599

Open Mon & Thu mornings, BBQ's  
lunchtime 1st Sunday

### NASHO Bus Trips

Book with Anita Currie  
0400 141 278 after 4pm

DVA: 1800 555 254

Advice and claims

1800 838 372

Open Arms—  
Veterans & Families  
Counselling

1800 011 046

Safe Zone 24/7

1800 142 072

Lifeline 24/7

13 11 14

[www.lifeline.org.au](http://www.lifeline.org.au)

ADF Health & Wellbeing Portal  
[www.defence.gov.au/health/healthportal](http://www.defence.gov.au/health/healthportal)

Defence Family Helpline 24/7

1800 624 608

[www.defence.gov.au/DCO/Defence-Helpline.asp](http://www.defence.gov.au/DCO/Defence-Helpline.asp)

Health Direct

1800 0212 222

Poisons Information

13 11 26



**HAVE YOU BOOKED?**

**Check**

the clipboards;  
the notice board;  
CO pages 6 and 7; and the  
Website!!

Have you secured your book-  
ing with payment?

**We have members who can as-  
sist you.....**

**GET YOUR SERVICE  
RECORDS**

**See Angella**

**Commissioner of Declarations  
Leone (by prior arrangement)**



**Acknowledgement:** Thank you to the Bundaberg RSL Sub Branch for printing file and limited hard copies for non-electronic members.