



BUNDABERG DISTRICT WOMEN VETERANS
Formed 1967 as: BUNDABERG & DISTRICT EX SERVICEWOMEN'S ASSOCIATION

CHESTS OUT

Women Veterans, proud to have served our nation.
T/2022 JUL



Congratulations Sharon - Life Member



CHESTS OUT—proud female veterans staying in touch for 55 years

Association Information

POSTAL ADDRESS: PO Box 397 Bundaberg Qld 4670
PHYSICAL ADDRESS: 4 Glasgow St, Svensson Heights Qld 4670
WEBSITE: <https://bundywomenveterans.org.au>

E-MAIL ADDRESSES:

Secretary: secretary@bundywomenveterans.org.au Enquiries: admin@bundywomenveterans.org.au

BUSINESS INFORMATION:

Incorporation IA13064 NFP Charity ABN 78362718229 Public liability Insurance Miramar -132848-Q \$20M
See website for constitution, by laws, business plan and other important documents.

Membership 2022: Service Member \$5; Associate \$10; 2023 onward, Service Member \$10, Associate \$15 per year.
Financial year: 1Jan to 31Dec. See website 'about us' for eligibility and to download an application form

HOW TO PAY: OUR BANK DETAILS For Electronic Funds Transfer & Direct Deposits:

Bundaberg District Women Veterans Inc. Westpac Bundaberg: **BSB 034122 A/c 637419**

PLEASE INFORM SECTY or TREAS of EFT or Deposits. CASH: You can pay cash at a meeting—Please assist the Treasurer by having the correct money. If you need a receipt let the treasurer know.

Bundaberg District Women Veterans

COMMITTEE 2022-23

Patron: Leone Wilson OAM

President: Jenny Waldron 07 4157 4621 0487 302 114
jenny.waldron@outlook.com

Vice Pres.: Angella Hillis CSC 0400 422 331
hillis.wa@gmail.com

Vice Pres.: TBA (president elect) TBA
TBA@TBA

Secretary: Kate Erickson 0407 440 215
k8tee@y7mail.com

Treasurer: Sharon Barsby 07 4157 4621 0428 570 014
sharonbarsby1@outlook.com

Committee Members:

Helen Baldwin 0413 082 532 07 4152 8010
hnbaldy@hotmail.com

Gloria Kilpatrick 0408 886 421
kilpatrickg@hotmail.com

Kay Littler 07 4159 1881 0427 695 167
(Assistant Treasurer) pd7@dodo.com.au

Leone Wilson OAM 07 4159 4134 0427 415 946
(Assistant Secretary) leonewilson@outlook.com

Who to contact:

You may contact any of the committee and they will refer you or the matter to the appropriate member.

Financial issues:	Treasurer
Membership:	Secretary or President
Activities:	President or Secretary
Bookings:	as advertised or Treasurer

Your Wellbeing Support Officers are:

Leone Wilson (Membership Officer) *see above*

Lynne Pollock *see below*

Jenny Waldron *see above*

Shirley Watson 0408 460 951 shirleywatson88@gmail.com

Ethel Bourke 0428 881 487—The Lakes

Kate Erickson—Moore Park Beach *see above*

Property Officer

Lynne Pollock 07 4151 7795 0438 517 795

Current Life Members

Leone Wilson OAM

Shirley Watson

Kay Derome

Jennifer Waldron

Sharon Barsby

IN CASE OF EMERGENCY

Members—we encourage you to carry a document in your wallet or handbag that provides information which could be helpful in an emergency situation? Include things such as:

- who to contact;
- who is your doctor;
- special conditions (e.g. allergies).

Our association practices support through friendship—if you just need to talk to someone, call any committee, wellbeing support officer or association member.

Don't bottle it up! You are important to us.

All of our activities need to be

SMELLS-FREE

Perfumes, aftershaves and other strong smelling products affect the health of many members. Please do not wear scented products to meetings or other activities, even outdoor activities.

THANK YOU

So that we can honour you!

If you wish your service to your country to be recognized at your funeral, you need to let your family know. It is your family who ask the funeral director to arrange to have the poppy tribute.

Behind the news, July

REUNION WRAP UP

Accolades have flooded in to the association and were passed on via a general email sent to members.

The planners, the sewers, the designers, the wrappers, the donors, the loaners...well done all. Together you helped us excel.

Thanks and recognition of their contribution to the weekend need to also go to our working visitors who toiled over the three days, Jenny's mates who were put to work at Bungadoo,

then filled in at the last minute when needed, and assisted setting up on Sunday—no doubt they were also provided opportunity to load and unload gear many times, every day!

Also to our photographer Lorraine—I know first hand how much you miss out on when running around taking photos. Lorraine kindly gifted the almost 700 pictures to us. Thanks Lorraine

Topping everything off were our visiting guests at the various events who got into the spirit of each activity, plus our official guests who participated at the ceremonies on Sunday.

Ceremonial coordinator and presidential side-kick Angella was seldom still ensuring everything happened as it was supposed to, even if she forgot how quickly air force can 'take off'.

Of course the overall coordinator who began working on this reunion not long after our golden reunion, Jenny Waldron, deserves the mountain of credit.

QUEEN'S JUBILEE TREE PROJECT

This additional ceremony topped off the weekend. The morning tea that followed provided an opportunity to say farewell and to wind down.

Recognition goes to the Federal Government and Keith Pitt MP Federal Member for Hinkler for allowing our association the honour of being involved in the nationwide Queen's Platinum Jubilee's tree planting program.

Thanks to a Federal Government grant which together with association funds, financed the project, Bundaberg will have a beautiful environmental tribute to Queen Elizabeth II's Platinum Jubilee.

Bundaberg Regional Council, Parks and Garden staff provided essential assistance with technical and planning advice and with the actual tree acquisition

and plantings which they will be undertaking for the next few months.

The red tape timeline presented grant organiser Jenny Waldron with arguably her tightest and most challenging schedule but in recognition of the importance of the project she pushed on through the logistical barriers and as a result brought much pride to our association and a noteworthy contribution to Bundaberg's image as a city that pays tribute to worthy historical milestones.

With Angella's assistance the full project will be managed by Jenny through to its completion on 11 November 22.

ACTIVITIES TO END OF YEAR?

- Bus trip to Hervey Bay luncheon
- Christmas luncheon

We already have members interested in the trip to Hervey Bay—understandable as we always have a great time at their Saturday luncheon. (see page 6 for details).

What we don't have is a coordinator. See p5 for some idea of what has to be done by a volunteer coordinator.

Christmas lunch—we have a date, but that is all. A coordinator is needed. Booking at a preferred venue will become increasingly difficult. See p 5 for what is required of a coordinator.

SUPER SATURDAY

August is our next fundraising opportunity at Bundy Services Club. The first Saturday is 6th. There is no meeting before then so please take note. Come along and join in the fun; be there by 1130 please.

WEBSITE

Our current website is fragile and therefore updates are rare. A new website build has been ordered and once complete, our webmaster Jenny Waldron will begin the task of inserting the necessary material including updates.

The current membership applications, both service member and associate member carry the incorrect email reference. If wishing to provide a membership application to someone, may I suggest it be obtained from the secretary

rather than downloaded from the website.

PA SYSTEM

We still need a volunteer to learn how to set-up the system as Sharon will not be available next Anzac Day. Phone 4157 4621 to help.

WELLBEING

Please stay covid safe, for you, and for others.

Take care.

Leone

Friendship

Treasure the tears, treasure the laughter, but most importantly treasure the memories.

Thanks Hervey Bay



Mothers Daughters Wives Volume Two

\$20 members \$30 non-members

Mugs—badged 'Association'

\$10 each

See Sharon



THE MIND—USE IT OR LOSE IT

Relax, clear your mind, now answer the following question

Q. If a red house is made with red bricks, a blue house is made with blue bricks, a pink house is made with pink bricks, a black house is made with black bricks, what is a greenhouse made with?

A: Greenhouses are made from glass. If you said "green bricks," what the heck are you still doing here reading these questions??? Dang!!... If you said "glass", then go on to the next question. (which will be in the next issue).



The (Legacy) Lodge



LODGE TEAM:

Lodge Liaison Officer: Angella Hillis

Librarians:

Annette Newsham and Shelagh Bennet

Key holders:

President, Secretary,

Property Officer, Liaison Officer,
or authorised substitute during absences.

Please be considerate—

Please stay at home if unwell.

SPECIAL LIBRARY



The association's collection of books is available for members to read on-site—they are one only copies and we can't afford to lose them.

This special library which is housed in the store room includes MDW vol one and two, The Special Chests Out, Vol One and Two Commemorative booklets and Chests Out's.

Please feel free to have a read when visiting the Lodge.
But do not remove from the building—thank you.

TIN HAT DONATIONS

A gold coin donation when attending meetings, cuppa chat helps Bundaberg Legacy.

TEA & COFFEE FACILITIES

Provided by the association for you on a self serve basis.

CLEANLINESS

We all know what that means

The person responsible is you.

STOCK SUPPLY

Please alert a committee member if something is running low.

CLIPBOARDS

Making bookings by using the clip boards is a convenient method for members.

The booking needs to be confirmed with a payment ASAP. Do this electronically, and advise the treasurer, or you can pay at the meeting. To pay at a meeting:

Please place the correct money in an envelope and include your name.

Respect our Neighbours

Legacy Lodge is a residential complex; 'The Lodge' is part of that complex -

For us to be a good neighbour we must be respectful of the other residents



ATTENTION ALL MEMBERS!



Your association needs you

Without the assistance of volunteers, we will not be able to go to Hervey Bay—nor will we be enjoying our annual Christmas lunch.

Our June meeting and the last Chests Out alerted all members to this situation, but to date nobody has come forward. Below is a basic idea of what is required to keep us moving forward.

HERVEY BAY

- Check the level of interest, and if sufficient,
- Obtain a quote for a suitable size coach Hervey Bay return on Saturday 15 October
- obtain committee approval of quote
- Book the coach using the times from 2021 as a guide.
- Check with secretary to ensure a risk assessment has been completed
- Check with Treasurer re members payments and the payment to Hervey Bay by RSVP date
- Have a list of attendees (with mobile numbers) and check them off as they board the bus
- At Hervey Bay, ensure all attendees reboard the bus for the return trip.
- General monitoring all aspects using the guide-lines and check lists in Procedures part 3 clause 4

CHRISTMAS

- Check for a venue and a menu quote
- Make recommendation to committee and seek approval for event subsidy.
- Book the venue
- Select the menu with committee and confirm with venue
- Ensure numbers are advised to venue on time
- Work with venue and also with support members to deliver a happy event
- Ensure thank-you letters, if any, are sent by secretary within the first week following.
- Provide feedback if necessary to guide the organiser for the following year.
- General monitoring all aspects using the guide-lines and check lists in Procedures part 3 clause 2

The Association Procedures Manual, Part Three has a full guide to all activities.

Obtain a copy from the Secretary



We need a Vice President to train as President

We also need an Activities Officer



VICE PRESIDENT

A president in training will be supported by our current president with guidance available from her, and from the management committee.

The Association has smooth operation methods and sound governance practices based on the government laws, rules and, constitution . Our Policy & Procedures Manuals provide reference and guidance.

An Annual Agenda ensures all areas of importance are considered by management committee at least annually.

ACTIVITIES OFFICER

An Activities Officer is the manager to ensure all activities included on our calendar of events are properly organised and delivered successfully by a team of volunteers.

Procedures Manual Part Three contains details relating to all activities including check lists.

A Calendar of Events for 2023 needs to be produced by the Activities Officer working with the management committee for approval at Sep or Oct 22 meeting.

MENTORING IS AVAILABLE

Volunteers for any of the above positions or any association position may seek assistance and guidance as needed from the members who have experience in the area. We all can work together to provide for our members.

The Association's Constitution and Policy Manual are available in PDF format, for download from our website. They may also be obtained from the Secretary. Procedures Manuals are available from the secretary.

UPCOMING ACTIVITIES

BORDER COUNTRY EXPLORER—8 DAY COACH TRIP

THU 8—THU 15 SEP *BOOKED OUT—WAITING LIST ONLY.*



HERVEY BAY 18TH BIRTHDAY 14-16 OCTOBER

THEME The Roaring Twenties;

Luncheon Saturday 15 October "Bonny & Clyde"

Lunch cost \$45 and coach, subject to confirmation, \$25 RSVP September meeting

BEFORE THIS EVENT GOES AHEAD IT NEEDS AN ORGANISER. SEE PAGE 5



CHRISTMAS LUNCHEON—MONDAY 21 NOVEMBER

No details at this point.

FOR THIS EVENT TO GO AHEAD IT NEEDS AN ORGANISER. SEE PAGE 5



TEN PIN BOWLS

FUN ACTIVITY—NO SKILL NEEDED (OR USED!!!)



Healthy exercise with mates and plenty of laughs. Everyone is a winner.

LAST MONDAY JAN-NOV Book with Pamela 0427 594 067 one week before.



INVITATION TO: ALL WOMEN VETERANS

*Through Council of Ex-Service Women's Associations Qld
FROM: Bundaberg District Women Veterans.*

*TO ALL SERVING AND FORMER SERVICEWOMEN,
our association's activities can be found on this page & page 7*

YOU ARE WELCOME TO JOIN WITH US.

Please book with payment at the rate set for guests. Contact and bank info is on page 2. Additional info can be found on our website:

<https://bundywomenveterans.org.au>

OUR DIARY 2022

(updates, if any, will appear in this colour)

JUL	Mon	25	Ten Pin Bowls	Bundy Bowl, 1030 for 1100 Hrs
AUG	Sat	06	Super Saturday	Bundaberg Services Club from 1130 Hrs
AUG	Sat	13	Super Saturday	Bundaberg Services Club from 1130 Hrs
AUG	Mon	15	Meetings	Lodge, Committee 1230 Hrs, General 1400 Hrs
AUG	Sat	20	Super Saturday	Bundaberg Services Club from 1130 Hrs
AUG	Sat	27	Super Saturday	Bundaberg Services Club from 1130 Hrs
AUG	Mon	29	Ten Pin Bowls	Bundy Bowl, 1030 for 1100 Hrs
SEP	Wed	07	Cuppa Chat	Lodge from 1030 Hrs
SEP	Thu	08	Border Explorer	8 Day coach trip
SEP	Mon	19	Meetings	Lodge, Committee 1230 Hrs, General 1400 Hrs
SEP	Mon	26	Ten Pin Bowls	Bundy Bowl, 1030 for 1100 Hrs
OCT	Wed	05	Cuppa Chat	Lodge from 1030 Hrs
OCT	Sat	15	Hervey Bay	Luncheon—subject to a volunteer organiser
OCT	Mon	17	Meetings	Lodge, Committee 1230 Hrs, General 1400 Hrs
OCT	Mon	31	Ten Pin Bowls	Bundy Bowl, 1030 for 1100 Hrs
NOV	Wed	02	Cuppa Chat	Lodge from 1030 Hrs
NOV	Mon	21	Christmas Lunch	Details TBA—requires a volunteer organiser
NOV	Mon	28	Ten Pin Bowls	Bundy Bowl, 1030 for 1100 Hrs
DEC	Wed	07	Cuppa Chat	Lodge from 1030 Hrs

FOR MORE INFORMATION:

CHECK ADVERTISING ON THE WEBSITE, THE LODGE NOTICEBOARD, AND CLIPBOARDS,
AND IN CHESTS OUT PLUS DETAILS CONTAINED IN THE MINUTES

FOR FORWARD PLANNING

(the following is subject to change and confirmation)

- Cuppa Chat—first Wednesday
- General Meetings—third Monday except July, November and December
- Ten Pin Bowls—last Monday except December
- Luncheons—April TBA, July third Monday except reunion years, November third Monday
- Super Saturday—January, May and August, all Saturdays
- Commemorations—Quiet Moment and Roll Call LRP April TBA; War Nurses - Anzac Day
- Maroochydore Luncheon 1 June 2023

VETERANS HEALTH WEEK

Veterans Health Week is normally held late October.

Now is the time to put forward ideas of activities or guest speakers.

This year is possibly nutrition—talks on the value of food items,
best cooking practices, diet, etc.

Volunteer organisers required to plan and run activities and complete the DVA grant request. Don't be shy! Any volunteer will receive guidance where required.



Sheona & Sharon;

MC Karen;

Lynne & Kay;

Angella & Jenny;

Photographer Lorraine;

The raffle draw—Kate, Karen & Sharon;



Some winners - Kerry, Jenny, Jeannie;

Helen & Beverley (Gloria);

Shirley, Glenda & Sharon

Lorraine took almost 700 photos. Some are on Facebook.. A link will be established to all in due course.





Service of Remembrance 17 July 2022—Peace Operations—Vietnam—South East Asia—War Nurses





Australian Government

Planting Trees for The Queen's Jubilee

War Nurses Memorial Park & Lions Remembrance Park: July-Nov 2022

Ceremonial planting of the first tree in this project, a *Waterhousia floribunda* War Nurses Memorial Park, 17th July 2022.

This project is jointly funded through Bundaberg District Women Veterans Inc and The Australian Government's Planting Trees for The Queen's Jubilee Program and is being delivered in partnership with Bundaberg Regional Council.



Thank you to all visitors who attended our 55th Anniversary Reunion Events



GRANDMA—NOT GUILTY

Senior citizens are constantly being criticized for every conceivable deficiency of the modern world, real or imaginary. We know we take responsibility for all we have done and do not try to blame others.

HOWEVER, upon reflection, we would like to point out that it was NOT senior citizens who took:

The melody out of music,
The pride out of appearance,
The courtesy out of driving,
The romance out of love,
The commitment out of marriage,
The responsibility out of parenthood,
The togetherness out of the family,
The learning out of education,
The service out of patriotism,
The Golden Rule from rulers,
The nativity scene out of cities,
The civility out of behaviour,
The refinement out of language,
The dedication out of employment,
The prudence out of spending,
The ambition out of achievement or
God out of government and schools.



SMILE

Yes, I'm a SENIOR CITIZEN and I think I am having the time of my life! Now if I could only remember who sent this to me, I wouldn't send it back to them.

Or, maybe I should send it to all my friends anyway. They won't remember, even if they did send it.



Spread the laughter
Share the cheer
Let's be happy
While we're here.



THIS ISSUE: Photos included in this CO are only a representation of what was taken. It has not been possible to include much text. Page 8 has a heading. Page 9 is the Reunion Luncheon, page 10 the Service of Remembrance and page 11 the Jubilee Tree Planting. When our new website has been built, we hope to provide a link to all photographs. Also, we have plans for a commemorative booklet so watch future CO's for further details.

Don't FORGET! **HAVE YOU BOOKED?**
Check
the clipboards;
the notice board;
CO pages 6 and 7; and the
Website!!
Have you secured your
booking with payment?

We have members who can assist you.....

**GET YOUR SERVICE
RECORDS**
See Angella
Commissioner of Declarations
Leone (by prior arrangement)



CO pages 6 and 7; and the
Website!!

Have you secured your
booking with payment?

BIRTHDAYS

August

Kate Erickson	10
Jenny Waldron	13
Leone Wilson	13
Jill Pollock	14
Dot Carroll	19
Angella Hillis	22
Denise McLachlan	22
Shirley Parker	27

Happy Birthday!

CONTACTS

Bundaberg RSL:

WELFARE 0428 988 580

Eddie Stockill

SECTY 0477 959 747

Dannielle Brearley

ACTIVITIES 0418 983 415

Jan Rimmington

Defence Vets

Drop In Centre:

4153 4599

Open Mon & Thu mornings,
BBQ's lunchtime 1st Sunday

DVA: 1800 555 254

Advice and claims

1800 838 372

Open Arms—
Veterans & Families
Counselling
1800 011 046

Safe Zone 24/7

1800 142 072

Lifeline 24/7

13 11 14

www.lifeline.org.au

ADF Health & Wellbeing Portal
www.defence.gov.au/health/healthportal

Defence Family Helpline 24/7
1800 624 608

www.defence.gov.au/DCO/Defence-Helpline.asp

Health Direct

1800 022 222

Poisons Information
13 11 26



Acknowledgement: Thank you to the Bundaberg RSL Sub Branch for printing file and limited hard copies for non-electronic members.