



BUNDABERG DISTRICT WOMEN VETERANS
Formed 1967 as: BUNDABERG & DISTRICT EX SERVICEWOMEN'S ASSOCIATION

CHESTS OUT

Women Veterans, proud to have served our nation.
3/2022 MAR

Management Committee 2022-23



The Emerald Crew

STANDING: Leone Wilson OAM (Patron), Gloria Kilpatrick, Helen Baldwin, Kay Littler, Jenny Waldron (President)

SEATED: Sharon Barsby (Treasurer), Kate Erickson (Secretary)

INSET: Angella Hillis CSC (Vice President)

CHESTS OUT—proud female veterans staying in touch for 55 years

Association Information

POSTAL ADDRESS: PO Box 397 Bundaberg Qld 4670

PHYSICAL ADDRESS: 4 Glasgow St, Svensson Heights Qld 4670

WEBSITE: <https://bundywomenveterans.org.au>

E-MAIL ADDRESSES:

Secretary: secretary@bundywomenvettrans.org.au Enquiries: admin@bundywomenveterans.org.au

BUSINESS INFORMATION:

Incorporation IA13064 NFP Charity ABN 78362718229 Public liability Insurance Miramar -132848-Q \$20M
See website for constitution, by laws, business plan and other important documents.

Membership 2022: Service Member \$5; Associate \$10; 2023 onward, Service Member \$10, Associate \$15 per year.

Financial year: 1Jan to 31Dec. See website 'about us' for eligibility and to download an application form

HOW TO PAY: OUR BANK DETAILS For Electronic Funds Transfer & Direct Deposits:

Bundaberg District Women Veterans Inc. Westpac Bundaberg: **BSB 034122 A/c 637419**

PLEASE INFORM SECTY or TREAS of EFT or Deposits. CASH: You can pay cash at a meeting—Please assist the Treasurer by having the correct money. If you need a receipt let the treasurer know.

Bundaberg District Women Veterans

COMMITTEE 2022-23

Patron: Leone Wilson OAM

President: Jenny Waldron 07 4157 4621 0487 302 114
jenny.waldron@outlook.com

Vice Pres.: Angella Hillis CSC 0400 422 331
hillis.wa@gmail.com

Secretary: Kate Erickson 0407 440 215
k8tee@y7mail.com

Treasurer: Sharon Barsby 07 4157 4621 0428 570 014
sharonbarsby1@outlook.com

Committee Members:

Helen Baldwin 0413 082 532 07 4152 8010
hnbaldy@hotmail.com

Gloria Kilpatrick 0408 886 421
kilpatrickg@hotmail.com

Kay Littler 07 4159 1881 0427 695 167
(Assistant Treasurer) pdk7@dodo.com.au

Leone Wilson OAM 07 4159 4134 0427 415 946
(Assistant Secretary) leonewilson@outlook.com

Who to contact:

You may contact any of the committee and they will refer you or the matter to the appropriate member.

| | |
|-------------------|----------------------------|
| Financial issues: | Treasurer |
| Membership: | Secretary or President |
| Activities: | President or Secretary |
| Bookings: | as advertised or Treasurer |

Your Wellbeing Support Officers are:

Leone Wilson (Membership Officer) *see above*

Lynne Pollock *see below*

Jenny Waldron *see above*

Shirley Watson 0408 460 951 shirleywatson88@gmail.com

Ethel Bourke 0428 881 487—The Lakes

Kate Erickson—Moore Park Beach

Property Officer

Lynne Pollock 07 4151 7795 0438 517 795
lynne.pollock21@outlook.com

Current Life Members

Leone Wilson OAM

Shirley Watson

Kay Derome

Jennifer Waldron

IN CASE OF EMERGENCY

Members—we encourage you to carry a document in your wallet or handbag that provides information which could be helpful in an emergency situation? Include things such as:

- who to contact;
- who is your doctor;
- special conditions (e.g. allergies).

Our association practices support through friendship—if you just need to talk to someone, call any committee, wellbeing support officer or association member. Don't bottle it up!
You are important to us.



All of our activities need to be

SCENT-FREE

Perfumes, aftershaves and other scented products affect the health of many members. Please do not wear scented products to meetings or other activities, even outdoor activities.

THANK YOU

So that we can honour you!

If you wish your service to your country to be recognized at your funeral, you need to let your family know. It is your family who ask the funeral director to arrange to have the poppy tribute.

Behind the news, March

ANNUAL GENERAL MEETING

There was a wonderful turn-up for the Annual General Meeting including new member Glenda Smith—welcome Glenda; and a great willingness to assist with appointments.

All committee positions were filled and we welcome Kate Erickson to the position of honorary secretary and Helen 'Baldy' Baldwin as a new committee member

The comprehensive Annual Report outlined our 2021 activities and achievements and was accepted by the meeting. The committee's attention to detail is evident and this is thanks to all

members who work or provide their support through participation.

Lynne Pollock, Glenda Everton-Brocklesby and Sonya Leijen have stood down from committee. Thanks to Lynne for her work on committee including as chair of the bus sub committee. Lynne is continuing as Property Officer but working off committee.

Our ideas lady, Glenda Everton-Brocklesby has not enjoyed the best of health exacerbated by the covid threat but some of her suggestions are still in the mill. Thanks for your input Glenda.

Thanks also to Sonya Leijen who put her hand up to take on secretary but had hardly commenced work when things went pear-shaped. Thanks for the good

intentions Sonya and we hope this year is more relaxing for you.

SECRETARY KATE

Getting set up and learning the ropes does not happen overnight so please support Kate as she settles into the job. I will be providing assistance during this process.

The area of wellbeing comes under my membership officer position so you will still receive some emails from me.

REUNION

Our 55th Anniversary celebration is fast approaching. Donations to the raffles are being accepted and we thank the members who have donated so far. Prizes will be wrapped by the Berris and

Baldy team, so just bring your items along to the Lodge. Sharon has already been shopping for items being provided by the association. Volunteers continue to be busy creating!

Memorabilia you can purchase is advertised on page 4 (port and MDW2), and orders can be made online or taken via the reunion clipboard with payment to the secretary.

Book your spot for Friday and Saturday functions either online on our website (see page 2) or via the clipboard.

MOTHERS DAUGHTERS WIVES VOL 2

Thanks to the wonderful team effort received from Jeannie, Faye, John and Jenny W, we are on schedule and only

weeks away from sending the pages to the publisher for production of the proof edition of our *Mothers, Daughters, Wives, Volume Two*.

Orders are required ASAP please so that we can determine how many copies are needed. There will only be one print run, so place your order now to be sure you don't miss out. You can order online via our website, or by clipboard.

The cost is \$20 members, \$30 non-members and both of these purchase prices are less than the actual cost.

PRE ANZAC LUNCHEON, FRIDAY 22 APR. BOOK BY 6APR

Members \$20 and guests \$30. This year's luncheon will again be held at the

Spotted Dog, Railway Hotel and the commemorative focus will be 75 years of Peacekeeping.

QUIET MOMENT 22APR 1100 LRP

Prior to our pre-Anzac luncheon, we will gather at the Servicewomen's Memorial, Lions Remembrance Park to pay tribute to the Women of the ADF and remember mates.

This annual tribute may be short in duration but it is one of our most important events on our annual calendar as we remember the association ladies who have gone before us.

ANZAC DAY 2022

Shirley Watson will represent the association in Bundaberg City and lay a

wreath during the Dawn Service.

More news will be provided closer to the event, most likely via email. Anyone with a question may contact me. I will either answer, on behalf of Kate, or send the question to commemorations officer Angella.

RATS OF TOBRUK—TOBRUK SUNDAY 9.30 10 APRIL

Our representative to lay a wreath is Shirley Parker. Members may also attend the service which will be held at the Tobruk Memorial, Lions Remembrance Park. A BBQ will follow at the Defence Veterans Drop-In Centre, Pitt/May Sts.

QUEEN'S JUBILEE TREE PROJECT

We hope to participate—watch this space.

SUNNY COAST TRIP 1-2 JUNE (see page 6)

RSVP is 2 May. This overnighter includes the very popular

Eumundi Markets and a sunset dinner cruise, plus the reason for the trip—Sunny Coast Luncheon with fellow women veterans and some partners. This year the theme is a request to bring along a donation of sanitary products for the charity, Share the Dignity.

WELLBEING

If you are unwell, we send our best wishes. Rest and recover quickly. For all, please take care!

Leone

Friendship
The only way to have a friend
is to be one.
Thanks Hervey Bay



The (Legacy) Lodge



Respect our Neighbours

Legacy Lodge is a residential complex;
'The Lodge' is part of that complex -

*For us to be a good neighbour we must be
respectful of the other residents.*

Covid Care

**The new variant is not good news, so
please be considerate—masks unless
seated—social distancing—stay at home
if unwell**

APPOINTMENTS 2022

Committee appointments:

Assistant Treasurer

Kay Littler

Assistant Secretary

Leone Wilson

Chair, Finance & Audit Sub Committee

Sharon Barsby

Chair, Strategic Planning Sub Committee

Angella Hillis

Chair, Policy and Procedures

Kate Erickson

General appointments:

Patron

Leone Wilson

Activities Officer and assistant/s

Jenny Waldron Assist: Helen Baldwin

Commemorations Officer and assistant/s

Angella Hillis Assist: Shirley Parker

Communications & Promotions Officer

Leone Wilson

Fundraising Officer and assistant/s

Sharon Barsby Assist: Kay Littler

History Manager

Leone Wilson

Lodge Liaison Officer

Angella Hillis

Lodge Librarians

Annette Newsham, Shelagh Bennet

Newsletter Editor and assistant/s

Leone Wilson. Assist:

Website Manager and assistants/s

Jenny Waldron. Assist: Faye Chatham

Social Media Manager and assistant/s

Jeannie Roberts. Assist: Jenny Waldron

Property Officer

Lynne Pollock. Assist: Sharon Barsby

Membership Officer

Leone Wilson. Assist Kate Erickson

Wellbeing Support Officers

*Ethel Bourke, Kate Erickson, Lynne Pollock,
Jenny Waldron, Shirley Watson, Leone
Wilson*

Grant Officers

*Jenny Waldron, Angella Hillis, Leone Wil-
son, Kay Littler and Sharon Barsby (Anzac
Day Trust).*

Awards Sub Committee

*Angella Hillis, Kay Derome, Shirley Wat-
son*

Additional assistants welcome for all areas excluding Awards

UPCOMING ACTIVITIES

QUIET MOMENT AND ANZAC GIRLS LUNCHEON



FRI 22 APR *Quiet Moment at Lions Remembrance Park 1100 followed by luncheon at the Railway Hotel 1130 for Noon*
Members \$20 Guests \$30 RSVP 6 APRIL

SUNNY COAST O'NIGHT



WED 1-THU 2 JUN *ETD Bundy Coaches 0730—Eumundi Markets, Sunset cruise.* **Members \$350, guests \$400 RSVP 2 MAY**

55TH REUNION WEEKEND



FRI 15-SUN 17 JUL *Information is available on the BDWV website <https://bundywomenveterans.org.au>. You can book at meetings or download the form from the website and email to: events@bundywomenveterans.org.au*
Fri Welcome \$30; Sat Luncheon \$45 (members/guests) RSVP 2 JULY

BORDER COUNTRY EXPLORER—8 DAY COACH TRIP



THU 8—THU 15 SEP *BOOKED OUT—WAITING LIST ONLY.*

Teagan Gleeson

May Cuppa Chat Wed 4 May

*For
your
benefit!*

Accredited Exercise Physiologist—Core Health and Rehabilitation, will provide a short talk. Teagan will arrive around 1045 and present her talk which she is preparing to be suited to you. She will be happy to take your questions
Please come along in support of the visit.



TEN PIN BOWLS

FUN ACTIVITY—NO SKILL NEEDED (OR USED!!!)

Healthy exercise with mates and plenty of laughs. Everyone is a winner.

LAST MONDAY JAN-NOV Book with Pamela 0427 594 067 one week before



INVITATION TO: ALL WOMEN VETERANS

Through Council of Ex-Service Women's Associations Qld

FROM: Bundaberg District Women Veterans.

TO ALL SERVING AND FORMER SERVICEWOMEN,
our association's activities can be found on this page and page 7
YOU ARE WELCOME TO JOIN WITH US.

Please book with payment at the rate set for guests. Contact and bank info is on page 2. Additional info can be found on our website. See page 2.

OUR DIARY 2022

(updates, if any, will appear in this colour)

| | | | | |
|-----|-----|----|-------------------------|--|
| MAR | Mon | 28 | Ten Pin Bowls | Bundy Bowl, 1030 for 1100 Hrs |
| APR | Wed | 06 | Cuppa Chat | Lodge from 1030 Hrs |
| APR | Mon | 11 | Committee meeting | Lodge—includes storeroom working bee. Time TBA |
| APR | Fri | 22 | Quiet Time/Lunch | Lions Rem Pk 1100; Railway Hotel M\$20 G\$30 RSVP 6Apr |
| APR | Mon | 25 | Anzac Day | War Nurses 1015 Hrs (city and elsewhere as advertised locally) |
| MAY | Wed | 04 | Cuppa Chat | Lodge from 1030 Hrs—special talk by Teagan Gleeson |
| MAY | Mon | 16 | Meetings | Lodge, Committee 1230 Hrs, General 1400 Hrs |
| MAY | Mon | 30 | Ten Pin Bowls | Bundy Bowl, 1030 for 1100 Hrs |
| JUN | Wed | 01 | Cuppa Chat (tbc) | Lodge from 1030 Hrs |
| JUN | Wed | 01 | Bus trip to Sunny Coast | Mem \$350, guest \$400 RSVP 15 May |
| JUN | Mon | 20 | Meetings | Lodge, Committee 1230 Hrs, General 1400 Hrs |
| JUN | Mon | 27 | Ten Pin Bowls | Bundy Bowl, 1030 for 1100 Hrs |
| JUL | Wed | 06 | Cuppa Chat | Lodge from 1030 Hrs |
| JUL | Fri | 15 | Reunion Welcome | Rowers on the River \$30 pp RSVP 2 Jul |
| JUL | Sat | 16 | Reunion Luncheon | Rowers on the River \$45 pp RSVP 2 Jul |
| JUL | Sun | 17 | Reunion Service | War Nurses Park—morning tea at Rowers |
| JUL | Mon | 25 | Ten Pin Bowls | Bundy Bowl, 1030 for 1100 Hrs |
| AUG | Sat | 06 | Super Saturday | Bundaberg Services Club from 1130 Hrs |
| AUG | Sat | 13 | Super Saturday | Bundaberg Services Club from 1130 Hrs |
| AUG | Mon | 15 | Meetings | Lodge, Committee 1230 Hrs, General 1400 Hrs |
| AUG | Sat | 20 | Super Saturday | Bundaberg Services Club from 1130 Hrs |
| AUG | Sat | 27 | Super Saturday | Bundaberg Services Club from 1130 Hrs |
| AUG | Mon | 29 | Ten Pin Bowls | Bundy Bowl, 1030 for 1100 Hrs |
| SEP | Wed | 07 | Cuppa Chat | Lodge from 1030 Hrs |
| SEP | Thu | 08 | Border Explorer | 8 Day coach trip |
| SEP | Mon | 19 | Meetings | Lodge, Committee 1230 Hrs, General 1400 Hrs |
| SEP | Mon | 26 | Ten Pin Bowls | Bundy Bowl, 1030 for 1100 Hrs |
| OCT | Wed | 05 | Cuppa Chat | Lodge from 1030 Hrs |
| OCT | Sat | 15 | Hervey Bay | Luncheon—date and details TBC |
| OCT | Mon | 17 | Meetings | Lodge, Committee 1230 Hrs, General 1400 Hrs |
| OCT | Mon | 31 | Ten Pin Bowls | Bundy Bowl, 1030 for 1100 Hrs |
| NOV | Wed | 02 | Cuppa Chat | Lodge from 1030 Hrs |
| NOV | Mon | 21 | Christmas Lunch | Details TBA |
| NOV | Mon | 28 | Ten Pin Bowls | Bundy Bowl, 1030 for 1100 Hrs |
| DEC | Wed | 07 | Cuppa Chat | Lodge from 1030 Hrs |

FOR MORE INFORMATION: CHECK ADVERTISING ON THE WEBSITE,
ON THE LODGE NOTICEBOARD, AND CLIPBOARDS,
AND IN CHESTS OUT AND DETAILS CONTAINED IN THE MINUTES

FOR FORWARD PLANNING (subject to change and confirmation)

- Cuppa Chat—first Wednesday
- General Meetings—third Monday except July, November and December
- Ten Pin Bowls—last Monday except December
- Luncheons—April TBA, July third Monday except reunion years, November third Monday
- Super Saturday—January and August, all Saturdays
- Commemorations—Quiet Moment and Roll Call LRP April TBA; War Nurses - Anzac Day



Glenda T, Faye, Lynne, Leone



Welcome to committee, Helen 'Baldy' Baldwin



Changing secretaries, Leone happily presents Kate Erickson with her new badge of office.



Michele, Baldy, Shirley P

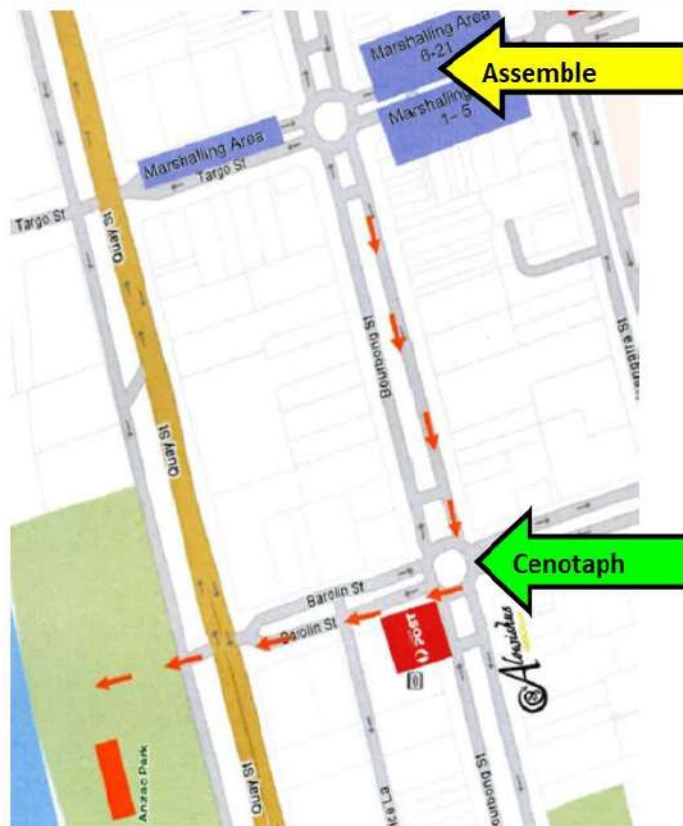


Kate, Gloria K and new member Glenda Smith chatting.



ANZAC DAY MARCH BUNDABERG CITY

- ♦ The Veterans section of the parade assembles in Targo Street south of Bourbong Street.
- ♦ Assemble from 0800 Hrs
- ♦ March off around 0830 Hrs
- ♦ We turn left into Bourbong Street and turn right at the Cenotaph.
- ♦ Anzac Park—on entering Anzac Park veterans will be directed to shaded seating which is for veterans only. It is situated under a marquee to the side of the stage.
- ♦ Council encourages participants to bring a hat, sunscreen and water.
- ♦ ALL women veterans are welcome to join with our members on parade.



DRESS

- ♦ Your medal/s should be full size and worn on the left.
- ♦ Relatives medals may be worn on the right.
- ♦ Shirt—it is appropriate to wear the cotton dress shirt for those who have one.
- ♦ Likewise the hat (as pictured)
- ♦ Otherwise, dress respectfully.



WAR NURSES SERVICE

- ♦ Make your way to War Nurses Memorial Park opposite the Base Hospital for a 1000 Hrs assembly and service commencement at 1015.

War Nurses Memorial Park Cnr
Takalvan & Bourbong Streets



Too Busy for a Friend...

One day a teacher asked her students to list the names of the other students in the room on two sheets of paper, leaving a space between each name. Then she told them to think of the nicest thing they could say about each of their classmates and write it down.

It took the remainder of the class period to finish their assignment, and as the students left the room, each one handed in the papers.

That Saturday, the teacher wrote down the name of each student on a separate sheet of paper, and listed what everyone else had said about that individual.

On Monday she gave each student his or her list. Before long, the entire class was smiling. "Really?" she heard whispered. "I never knew that I meant anything to anyone!" and, "I didn't know others liked me so much," were most of the comments.

No one ever mentioned those papers in class again. She never knew if they discussed them after class or with their parents, but it didn't matter. The exercise had accomplished its purpose. The students were happy with themselves and one another.

That group of students moved on.

Several years later, one of the students was killed in Viet Nam and his teacher attended the funeral of that special student. She had never seen a serviceman in a military coffin before. He looked so handsome, so mature. The church was packed with his friends. One by one those who loved him took a last walk by the coffin. The teacher was the last one to bless the coffin.

As she stood there, one of the soldiers who acted as pallbearer came up to her. "Were you Mark's math teacher?" he asked. She nodded: "yes." Then he said: "Mark talked about you a lot."

After the funeral, most of Mark's former classmates went together to a luncheon. Mark's mother and father were there, obviously waiting to speak with his teacher.

"We want to show you something," his father said, taking a wallet out of his pocket. "They found this on Mark when he was killed. We thought you might recognize it."

Opening the billfold, he carefully removed two worn pieces of notebook paper that had obviously been taped, folded and refolded many times. The teacher knew without looking that the papers were the ones on which she had listed all the good things each of Mark's classmates had said about him.

"Thank you so much for doing that," Mark's mother said. "As you can see, Mark treasured it." All of Mark's former classmates started to gather around. Charlie smiled rather sheepishly and said, "I still have my list. It's in the top drawer of my desk at home." Chuck's wife said, "Chuck asked me to put his in our wedding album. I have mine too," Marilyn said. "It's in my diary." Then Vicki, another classmate, reached into her pocketbook, took out her wallet and showed her worn and frazzled list to the group. "I carry this with me at all times," Vicki said and with out batting an eyelash, she continued: "I think we all saved our lists."

That's when the teacher finally sat down and cried. She cried for Mark and for all his friends who would never see him again. The density of people in society is so thick that we forget that life will end one day. And we don't know when that one day will be. So please, tell the people you love and care for, that they are special and important. Tell them, before it is too late.

Remember, you reap what you sew. What you put into the lives of others comes back into your own.

May Your Day Be Blessed And As Special As You Are



Our members post war operations contribution to Australia



With all the new technology regarding fertility recently, a 65-year-old friend of mine was able to give birth..

When she was discharged from the hospital and went home, I went to visit.

'May I see the new baby?' I asked

'Not yet,' She said 'I'll make coffee and we can chat for a while first.'

Thirty minutes had passed, and I asked, 'May I see the new baby now?'

'No, not yet,' She said.

After another few minutes had elapsed, I asked again, 'May I see the baby now?'

'No, not yet,' replied my friend.

Growing very impatient, I asked, 'Well, when can I see the baby?'

'WHEN HE CRIES!' she told me.

'WHEN HE CRIES?' I demanded. 'Why do I have to wait until he CRIES?'

'BECAUSE I FORGOT WHERE I PUT HIM, O.K.?!'



A MAN WOULD ATTEMPT THIS

Pocket Tazer Stun Gun, a great gift for the wife. A guy who purchased his lovely wife a pocket Tazer for their anniversary submitted this:



Last weekend I saw something at Larry's Pistol & Pawn Shop that sparked my interest. The occasion was our 15th anniversary and I was looking for a little something extra for my wife Julie. What I came across was a 100,000-volt, pocket/purse- sized tazer. The effects of the tazer were supposed to be short lived, with no long-term adverse affect on your assailant, allowing her adequate time to retreat to safety....



WAY TOO COOL!

Long story short, I bought the device and brought it home. I loaded two AAA batteries in the darn thing and pushed the button. Nothing! I was disappointed. I learned, however, that if I pushed the button and pressed it against a metal surface at the same time; I'd get the blue arc of electricity darting back and forth between the prongs..

AWESOME!!!

Unfortunately, I have yet to explain to Julie what that burn spot is on the face of her microwave.

Okay, so I was home alone with this new toy, thinking to myself that it couldn't be all that bad with only two triple-A batteries, right? There I sat in my recliner, my cat Gracie looking on intently (trusting little soul) while I was reading the directions and thinking that I really needed to try this thing out on a flesh & blood moving target. I must admit I thought about zapping Gracie (for a fraction of a second) and thought better of it. She is such a sweet cat. But, if I was going to give this thing to my wife to protect herself against a mugger, I did want some assurance that it would work as advertised.. Am I wrong?

So, there I sat in a pair of shorts and a tank top with my reading glasses perched delicately on the bridge of my nose, directions in one hand, and tazer in another. The directions said that a one-second burst would shock and disorient your assailant; a two-second burst was supposed to cause muscle spasms and a major loss of bodily control; a three-second burst would purportedly make your assailant flop on the ground like a fish out of water. Any burst longer than three seconds would be wasting the batteries.

All the while I'm looking at this little device measuring about 5" long, less than 3/4 inch in circumference; pretty cute really and (loaded with two itsy, bitsy triple-A batteries) thinking to myself, 'no possible way!' What happened next is almost beyond description, but I'll do my best.

I'm sitting there alone, Gracie looking on with her head cocked to one side as to say, 'don't do it dip-shit,' reasoning that a one second burst from such a tiny little ole thing couldn't hurt all that bad. I decided to give myself a one second burst just for heck of it. I touched the prongs to my naked thigh, pushed the button, and .



HOLY MOTHER OF GOD... WEAPONS OF MASS DESTRUCTION... WHAT THE HELL!!!

I'm pretty sure Jessie Ventura ran in through the side door, picked me up in the recliner, then body slammed us both on the carpet, over and over and over again. I vaguely recall waking up on my side in the fetal position, with tears in my eyes, body soaking wet, both nipples on fire, testicles nowhere to be found, with my left arm tucked under my body in the oddest position, and tingling in my legs. The cat was making meowing sounds I had never heard before, clinging to a picture frame hanging above the fireplace, obviously in an attempt to avoid getting slammed by my body flopping all over the living room..



Note: If you ever feel compelled to 'mug' yourself with a tazer, one note of caution: there is no such thing as a one second burst when you zap yourself! You will not let go of that thing until it is dislodged from your hand by a violent thrashing about on the floor.. A three second burst would be considered conservative! IT HURT LIKE HELL!!!

A minute or so later (I can't be sure, as time was a relative thing at that point), I collected my wits (what little I had left), sat up and surveyed the landscape.

My bent reading glasses were on the mantel of the fireplace. The recliner was upside down and about 8 feet or so from where it originally was. My triceps, right thigh and both nipples were still twitching. My face felt like it had been shot up with Novocain, and my bottom lip weighed 88 lbs.. I had no control over the drooling.

Apparently I pooped on myself, but was too numb to know for sure and my sense of smell was gone. I saw a faint smoke cloud above my head which I believe came from my hair. I'm still looking for my nuts and I'm offering a significant reward for their safe return!



PS.. My wife, can't stop laughing about my experience, loved the gift, and now regularly threatens me with it!

If you think education is difficult, try being stupid !!!

Fred



Bundy's 55th Birthday Reunion
Fri 15, Sat 16, Sun 17 July 2022
BOOK VIA OUR WEBSITE OR SHARON'S CLIPBOARDS:

<https://bundywomenveterans.org.au>

GREEN for GO! So book now and lets GO together!

Have you tried this?

Did it work?

Strawberries lasting weeks sounds too good to be true!

I would buy a tub of ice cream and enjoy!

Cleaning Fruit - Chemical-free and EASY!



FARMER'S PAL

Fill sink with **water**, add 1 Cup of **Vinegar**, and Stir. Add all fruit, and Soak for 10 minutes. Water will be dirty, and fruit will sparkle with no wax, or dirty film. Great for Berries too, as it keeps them from molding. Do this with strawberries, and they last for weeks!

SHARE this post with your friends!

We have members who can assist you.....
GET YOUR SERVICE RECORDS
See Angella
Commissioner of Declarations
Leone (by prior arrangement)



HAVE YOU BOOKED?

Check the clipboards; Check the notice board; Check CO pages 6 and 7; and check the Web-site!!

Have you secured your booking with payment?



If you are Travelling, do so safely

BIRTHDAYS

APRIL

- 03 Joy Christou **100**
- 04 Kay Littler
- 11 Del Crowley
- 12 John Wilson
- 18 Annette Newsham
- 29 Faye Cooke

Happy Birthday!

ESO/ESWA's ACTIVITIES

Defence Vets Drop In Centre.
Pitt & May St:
ESO MONTHLY BBQ First Sunday of the month \$5 pp.

NASHO Bus Trips
Book with Anita Currie ph 0400 141 278 after 4pm

Bundy RSL Sub Branch
Check your calendar or the latest RSL newsletter.

CONTACTS

Bundaberg RSL:
SECTY & WELFARE
0477 959 747
ACTIVITIES
0418 983 415

Defence Vets: 4153 4599
Open Mon & Thu mornings, BBQ's
lunchtime 1st Sunday

DVA: 1800 555 254
Advice and claims
1800 838 372

Open Arms—
Veterans & Families
Counselling
1800 011 046

Safe Zone 24/7
1800 142 072

Lifeline 24/7
13 11 14
www.lifeline.org.au

ADF Health & Wellbeing Portal
www.defence.gov.au/health/healthportal

Defence Family Helpline 24/7
1800 624 608
www.defence.gov.au/DCO/Defence-Helpline.asp

Health Direct
1800 0212 222

Poisons Information
13 11 26



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