#### BUNDABERG DISTRICT WOMEN VETERANS

Formed 1967 as: BUNDABERG & DISTRICT EX SERVICEWOMEN'S ASSOCIATION



Women Veterans, proud to have served our nation. 2/2022 FEB

# The tragic loss of lives at Bangka Island 16 February 1942

## Not Forgotten

Women

Veterans

21 Australian Army Nurses massacred by Japanese soldiers 80 years ago, were remembered at the Bundaberg Australian Service Nurses Memorial.

The lives lost following the sinking of SS Vyner Brooke, due to injury, drowning, massacre or as prisoners of war were also remembered.





Lest we forget

#### Association Information

POSTAL ADDRESS: PO Box 397 Bundaberg Qld 4670 PHYSICAL ADDRESS: 4 Glasgow St, Svensson Heights Qld 4670

> WEBSITE: https://bundywomenveterans.org.au E-MAIL ADDRESSES:

Secretary: secretary@bundywomenvetrans.org.au Enquiries: admin@bundywomenveterans.org.au

#### **BUSINESS INFORMATION:**

Incorporation IA13064 NFP Charity ABN 78362718229 Public liability Insurance Miramar -132848-Q \$20M See website for constitution, by laws, business plan and other important documents.

Membership: Service Member \$5 per annum; Associate \$10 per annum; Financial year: 1Jan to 31Dec See website 'about us' for eligibility and to download an application form

**HOW TO PAY:** OUR BANK DETAILS For Electronic Funds Transfer & Direct Deposits:

Bundaberg District Women Veterans Inc. Westpac Bundaberg: BSB 034122 A/c 637419

PLEASE INFORM SECTY or TREAS of EFT or Deposits. CASH: You can pay cash at a meeting—Please assist the Treasurer by having the correct money. If you need a receipt let the treasurer know.

#### **Bundaberg District Women Veterans**

#### COMMITTEE 2021-22

Patron: Leone Wilson OAM

President: Jenny Waldron 07 4157 4621 0487 302 114 jenny.waldron@outlook.com

Vice Pres.: Angella Hillis CSC 0400 422 331

hillis.wa@gmail.com

Secretary: Leone Wilson OAM 07 4159 4134

0427 415 946 leonewilson@outlook.com

Treasurer: Sharon Barsby 07 4157 4621 0428 570 014 sharonbarsby1@outlook.com

#### **Committee Members:**

0407 440 215 Kate Erickson (Assistant Secretary) k8tee@y7mail.com

Glenda Everton-Brocklesby 07 4152 3315 0409 896 699

dimps111243@yahoo,com.au

Gloria Kilpatrick 0408 886 421 kilpatrickg@hotmail.com

Sonya Leijen 0431 754 083

d\_k\_z\_d@bigpond.com

07 4159 1881 0427 695 167 Kay Littler (Assistant Treasurer) pdk7@dodo.com.au

Lynne Pollock 07 4151 7795 0438 517 795 (Property Officer) lynne.pollock21@outlook.com

#### Who to contact:

You may contact any of the committee and they will refer you or the matter to the appropriate member.

Financial issues: Treasurer

Membership: Secretary or President Activities: President or Secretary as advertised or Treasurer Bookings:

#### Your Wellbeing Support Officers are:

Leone Wilson (Membership Officer) see above

Lynne Pollock see above Jenny Waldron see above

Shirley Watson 0408 460 951 shirleywatson88@gmail.com

Ethel Bourke 0428 881 487-The Lakes Kate Erickson-Moore Park Beach

#### **Current Life Members**

Leone Wilson OAM Shirley Watson Kay Derome Jennifer Waldron

#### IN CASE OF EMERGENCY

Members—we encourage you to carry a document in your wallet or handbag that provides information which could be helpful in an emergency situation? Include things such as:

- who to contact;
- who is your doctor;
- special conditions (e.g. allergies).

Our association practices support through friendship-if you just need to talk to someone, call any committee, wellbeing support officer or association member. Don't bottle it up! You are important to us.

All of our activities need to be

## CENT-FREE

Perfumes, aftershaves and other scented products affect the health of many members. Please do not wear scented products to meetings or other activities, even outdoor activities. THANK YOU

#### So that we can honour you!

If you wish your service to your country to be recognized at your funeral, you need to let your family know. It is your family who ask the funeral director to arrange to have the poppy tribute.

#### Behind the news, February

#### MONTO

Jenny reported to the meeting that 18 folk enjoyed a day in the country viewing the murals and other art works at and around Monto all topped off with a lovely country pub lunch. You can enjoy a couple of photos here and Jeannie has posted more on our Facebook. Thanks Jeannie.

Making the trip even more special was the countryside looking at its very best, dressed in a cloak of green contrasting with the various shades of timber.

Angella provided the proverbial 'navy quiz'.

#### BANGKA ISLAND REMEMBERED

Undeterred by the noisy traffic, our president provided those that attended this remembrance of such a ruthless and tragic event, with details of the massacre of 21 Australian nurses.

Glenda Taylor recited the poem for nurses who paid the supreme sacrifice, patron Leone laid the tribute and two verses of the Ode were recited by Jenny and Angella.

Following the service some members headed off to enjoy a cuppa together and others crossed the river to buy a Patto lunch. Thank you to all who attended and to those who sent apologies. Even to those of you who spared a thought; and Angella for arranging.

#### SUNNY COAST BOOKINGS NEEDED

Please let us know <u>now</u> if you plan to join this trip. Numbers required ASAP. There is a minimum participant requirement for this popular overnight activity to go ahead.

Past travellers know all too well that the topping on the cake for this trip is getting together with other ladies, and some men, at the Sunny Coast annual luncheon.

Activities such as a visit to Eumundi markets and all that u-beaut scenery and seafood on the sunset cruise are sure to be a bonus. Accommodation is good and brekky last year 'over the road' was also a talking point. Come join us!!

#### **OPEN FORUM**

There was not a lot of discussion arising at the annual open forum. One question brought up was regarding receipts—it would appear some members are questioning why they don't receive a receipt after making a payment.

The reason is clear, they never asked the treasurer to provide one. Sharon has the receipt book with her at meetings or can be contacted by email or phone.

Members may also ask to see the association records by arrangement with the treasurer or secretary.

#### REUNION

Volunteers are busy creating! And I

think they are having fun as they make all these things that you just have to be there to see—so book your spot for Friday and Saturday via the clipboard.

#### MOTHERS DAUGHTERS WIVES VOL 2

The book is nearing completion. Look for a clipboard that will allow you to register your interest in obtaining a copy.

The price is yet to be determined but you will be advised ASAP and you can then confirm your interest with payment in the usual way.

#### SUPER SATURDAY IN JANUARY

Thank you to all supporters, it was a great way to kick off the new year, masks and all.

#### ANNUAL GENERAL MEETING

21 March, 1400 Hrs. Followed by afternoon tea which will be catered. Please make a special effort to attend.

Members with email who are on the 'A' list (receiving all association notices and agendas) should have received the annual report, sent 23 Feb.

The email also outlined some areas of conducting the AGM and the need for questions to be asked in advance. Questions without notice may not be answered at the AGM.

As there is no general meeting between now and Anzac day, notices regarding activities and commemorations will be provided at the end of the meeting.

Some, if known in time, could appear at the bottom of the AGM agenda. They may include updates on our Quiet Moment and Anzac Girls Luncheon, Anzac Day and also Rats of Tobruk Sunday.

This AGM agenda will detail all business to be considered at the meeting and will be sent to members electronically prior to the meeting. Look for it on the Friday prior (18th March)

#### WELLBEING

Welcome to Ethel Bourke and Kate Erickson who have joined our list of wellbeing support officers. Ethel will be the WSO for the Lakes area in particular, and Kate for Moore Park Beach.

This is wonderful news, creating a network of folk you are able to contact. The WSO's are there to provide a friendly ear or to convey your message to committee. It is important

to understand that our WSO's are not qualified welfare officers or advocates and are unable to offer advice. Defence Drop In Centre and RSL Sub Branch can provide this type of assistance.

Great news that we can come out from behind our masks at 6pm on 4 March. But that does not mean the bug has gone by any means—and now the flu is due to join it, so take care!

Leone

#### Friendship

Friendship is a promise made in the heart. Silent, unwritten, unbreakable by distance, unchangeable by time.

Thanks Hervey Bay

## Veska's popular MINDFUL MOVEMENT EXPERIENCE

sessions have returned

They are being held on Tues, 0930 to 1030, at Legacy House 11 Williams Road.

Entry a gold coin donation to Bundaberg Legacy
Gentle exercise to your own ability

## For your benefit!

Following the January general meeting, the offer received from

## Teagan Gleeson,

Accredited Exercise Physiologist— Core Health and Rehabilitation, to provide a short talk and answer your questions was accepted.

I am pleased to advertise Tegan's attendance for the

## **May Cuppa Chat**

Wed 4 May

Teagan will arrive around 1045 and present her talk after having mingled for short time. She is preparing a talk suited to you and will be happy to take your questions.

Please come along in support of the visit.

## NOTICE OF ANNUAL GENERAL MEETING

#### Monday 21 March 1400 Hrs

#### Closing date for nominations is 7Mar.

- All positions will become vacant at the AGM.
- Nominations must be moved and seconded and accepted by financial members.
- Please give signed nominations to the secretary prior to the closing date.
- Where a written nomination has been received, no further nominations (from the floor) will be called.



#### GET INVOLVED IN YOUR ASSOCIATION

We are what you make us.

- Activities Sub Committee
- Commemorations Assistants
- Wellbeing support Officers
  - President
  - Vice President
    - Secretary
    - Treasurer
  - Committee member

Committee nominations close 7 March—
however you don't need to be on committee
to be a part of a sub committee or
a wellbeing support officer.

FIND THE SIX



## The (Legacy) Lodge



#### A&Q

Hopefully providing some answers before you need to ask.

### Library

Swap items are for you to enjoy.

On loan items also available, please note these in the loan register before removing.

Association records—available on request – not to be removed from the Lodge.

> Avoid overstocking please NO magazines or papers please Thank you to contributors.

#### Notice Board and Booking table

.Information you need to know booking forms for activities other relevant forms and leaflets attendance book

#### **DIGGERS HAT**

#### Forget to bring along a gold coin?

You can use a \$ note if you wish—equate that to the number of visits you make to The Lodge.

#### DVA/Service Information

Located in the bookshelf inside the entry. this contains Information mainly supplied by Angella that may be of assistance to you.

DRINKS IN REFRIGERATOR Yes, they are there for YOU for \$1

#### **TEA & COFFEE FACILITIES**

Provided by the association for you on a self serve basis.

#### **CLEANLINESS**

We all know what that means The person responsible is you.

#### STOCK SUPPLY

Please alert a committee member if something is running low.

#### **LODGE TEAM:**

#### **Lodge Liaison Officer:**

**Angella Hillis** 

#### Librarians:

Annette Newsham and Shelagh Bennet

#### **Key holders:**

President, Secretary, Property Officer, Liaison Officer.

## Respect our Neighbours

Legacy Lodge is a residential complex; 'The Lodge' is part of that complex -

For us to be a good neighbour we must be respectful of the other residents.





2020

**Covid Care** 



2022

## What a difference two years makes!

The bug is still out there and the flu is on its way courtesy of incoming overseas flights....

#### CONTINUE TO TAKE CARE

We know what to do-we know how to do it. Be respectful of those around you, and be vigilant.

## Entry to the Lodge

At time of typing, the following applies to the Lodge up until 6pm on Friday 4 May:

masks unless seated—social distancing

## **UPCOMING ACTIVITIES**

#### QUIET MOMENT AND ANZAC GIRLS LUNCHEON



**FRI 22 APR** Quiet Moment at Lions Remembrance Park 1100 followed by luncheon at the Railway Hotel 1130 for Noon

Members \$20 Guests \$30 RSVP 6 APRIL

#### SUNNY COAST O'NIGHT



WED 1-THU 2 JUN ETD Bundy Coaches 0730—Eumundi Markets, Sunset cruise. Members \$350, guests \$400 RSVP 2 MAY

#### 55TH REUNION WEEKEND



FRI 15-SUN 17 JUL Information is available on the BDWV website https://bundywomenveterans.org.au. You can book at meetings or download the form from the website and email to: events@bundywomenveterans.org.au

Fri Welcome \$30; Sat Luncheon \$45 (members/guests) RSVP 2 JULY

#### BORDER COUNTRY EXPLORER—8 DAY COACH TRIP



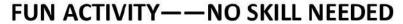
THU 8—THU 15 SEP Travel by Bundy Coaches

Toowoomba Carnival of Flowers, Cobb & Co trip with Drovers Lunch, Mt Tamborine, Canungra, Sea World or similar, Outback Spectacular., and more!

Members \$1700 Guests \$2200 Single Supplement \$440 Deposit \$500 pp
(deposit is non refundable)

ONE ROOM ONLY AVAILABLE FOR ONE OR TWO PERSONS

#### **TEN PIN BOWLS**





Healthy exercise with mates and plenty of laughs. Everyone is a winner.

LAST MONDAY JAN-NOV Book with Pamela 0427 594 067 one week before



#### INVITATION TO: ALL WOMEN VETERANS

Through Council of Ex-Service Women's Associations Qld FROM: Bundaberg District Women Veterans.

To all members of ESWA Qld and beyond, our association's activities can be found on this page and page 7 YOU ARE WELCOME TO JOIN WITH US.

Please book with payment at the rate set for guests. Contact and bank info is on page 2. Additional info can be found on our website. See page 2.

## OUR DIARY 2022

(updates, if any, will appear in this colour)

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	FEB	Mon	28	Ten Pin Bowls	Bundy Bowl, 1030 for 1100 Hrs
	MAR	Wed	02	Cuppa Chat	Lodge from 1030 Hrs
	MAR	Mon	21	AGM	Lodge, 1400 Hrs
	MAR	Mon	28	Ten Pin Bowls	Bundy Bowl, 1030 for 1100 Hrs
	APR	Wed	06	Cuppa Chat	Lodge from 1030 Hrs
	APR	Mon	11	Committee meeting	Lodge—includes storeroom working bee. Time TBA
	APR	Fri	22	Quiet Time/Lunch	Lions Rem Pk 1100; Railway Hotel M\$20 G\$30 RSVP 6Apr
	APR	Mon	25	Anzac Day	War Nurses 1015 Hrs (city and elsewhere as advertised locally)
	MAY	Wed	04	Cuppa Chat	Lodge from 1030 Hrs—special talk by Teagan Gleeson
	MAY	Mon	16	Meetings	Lodge, Committee 1230 Hrs, General 1400 Hrs
	MAY	Mon	30	Ten Pin Bowls	Bundy Bowl, 1030 for 1100 Hrs
	JUN	Wed	01	Cuppa Chat (tbc)	Lodge from 1030 Hrs
	JUN	Wed	01	<b>Bus trip to Sunny Coast</b>	Mem \$350, guest \$400 RSVP 15 May
	JUN	Mon	20	Meetings	Lodge, Committee 1230 Hrs, General 1400 Hrs
	JUN	Mon	27	Ten Pin Bowls	Bundy Bowl, 1030 for 1100 Hrs
	JUL	Wed	06	Cuppa Chat	Lodge from 1030 Hrs
	JUL	Fri	<b>15</b>	Reunion Welcome	Rowers on the River \$30 pp RSVP 2 Jul
	JUL	Sat	16	Reunion Luncheon	Rowers on the River \$45 pp RSVP 2 Jul
	JUL	Sun	17	Reunion Service	War Nurses Park—morning tea at Rowers
	JUL	Mon	25	Ten Pin Bowls	Bundy Bowl, 1030 for 1100 Hrs
	AUG	Sat	06	Super Saturday	Bundaberg Services Club from 1130 Hrs
	AUG	Sat	13	Super Saturday	Bundaberg Services Club from 1130 Hrs
	AUG	Mon	<b>15</b>	Meetings	Lodge, Committee 1230 Hrs, General 1400 Hrs
	AUG	Mon	29	Ten Pin Bowls	Bundy Bowl, 1030 for 1100 Hrs
	SEP	Wed	07	Cuppa Chat	Lodge from 1030 Hrs
	SEP	Thu	08	Border Explorer	8 Day coach trip
	SEP	Mon	19	Meetings	Lodge, Committee 1230 Hrs, General 1400 Hrs
	SEP	Mon	26	Ten Pin Bowls	Bundy Bowl, 1030 for 1100 Hrs
	ОСТ	Wed	05	Cuppa Chat	Lodge from 1030 Hrs
	ОСТ	Sat	<b>15</b>	Hervey Bay	Luncheon—date and details TBC
	ОСТ	Mon	17	Meetings	Lodge, Committee 1230 Hrs, General 1400 Hrs
	OCT	Mon	31	Ten Pin Bowls	Bundy Bowl, 1030 for 1100 Hrs
	NOV	Wed		Cuppa Chat	Lodge from 1030 Hrs
	NOV	Mon		Christmas Lunch	Details TBA
١	NOV	Mon		Ten Pin Bowls	Bundy Bowl, 1030 for 1100 Hrs
ĺ	DEC	Wed	07	Cuppa Chat	Lodge from 1030 Hrs
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FOR MORE INFORMATION
CHECK ADVERTISING ON THE WEBSITE,
ON THE LODGE NOTICEBOARD, AND CLIPBOARDS
IN CHESTS OUT
AND DETAILS CONTAINED IN THE MINUTES



**Morning tea at Mount Perry** 



The silo trail

**North Burnett locals** 

## **MONTO MAGIC**



**North Burnett visitors** 









Olive, Jenny C, Lynne and, winners, Baldy, Shirley and Olive—February ESO Barbie at the drop-in.





80th Anniversary, Bangka Island massacre. Shirley W, Kay L; Tribute Jeannie, Kay D, Helen (Baldy), Kate, Lynne's back—February meeting



## The demise of Common Sense

This Common Sense was American, but his namesake elsewhere have suffered a similar fate.

Today we mourn the passing of an old friend, by the name of Common Sense. Common Sense lived a long life but died in the United States from heart failure on the brink of the new millennium. No one really knows how old he was, since his birth records were long ago lost in bureaucratic red tape.

He selflessly devoted his life to service in schools, hospitals, homes, factories helping folks get jobs done without fanfare and foolishness. For decades, petty rules, silly laws, and frivolous lawsuits held no power over Common Sense. He was credited with cultivating such valued lessons as to know when to come in out of the rain, why the early bird gets the worm, and that life isn't always fair.

Common Sense lived by simple, sound financial policies (don't spend more than you earn), reliable parenting strategies (the adults are in charge, not the kids), and it's okay to come in second. A veteran of the Industrial Revolution, the Great Depression, and the Technological Revolution, Common Sense survived cultural and educational trends including body piercing, whole language, and "new math." But his health declined when he became infected with the "If-it-only-helps-one-person-it's-worth-it" virus.

In recent decades his waning strength proved no match for the ravages of well intentioned but overbearing regulations. He watched in pain as good people became ruled by self-seeking lawyers. His health rapidly deteriorated when schools endlessly implemented zero-tolerance policies.

Reports of a six-year-old boy charged with sexual harassment for kissing a classmate, a teen suspended for taking a swig of mouthwash after lunch, and a teacher fired for reprimanding an unruly student only worsened his condition. It declined even further when schools had to get parental consent to administer aspirin to a student but could not inform the parent when a female student was pregnant or wanted an abortion.

Finally, Common Sense lost his will to live as the Ten Commandments became contraband, churches became businesses, criminals received better treatment than victims, and federal judges stuck their noses in everything from the Boy Scouts to professional sports. Finally, when a woman, too stupid to realize that a steaming cup of coffee was hot, was awarded a huge settlement, Common Sense threw in the towel.

As the end neared, Common Sense drifted in and out of logic but was kept informed of developments regarding questionable regulations such as those for low flow toilets, rocking chairs, and stepladders.

Common Sense was preceded in death by his parents, Truth and Trust; his wife, Discretion; his daughter, Responsibility; and his son, Reason. He is survived by two stepbrothers: My Rights, and I. M. A. Whiner. Not many attended his funeral because so few realized he was gone.



Believe it or not, this was published in a Department of Defence Information Bulletin...2008 or earlier.

#### The Chauvinist impression of life

In the beginning God created day and night. He created day for footy matches, going to the beach and barbies. He created night for going prawning, sleeping and barbies. God saw that it was good. Evening came and morning came and it was the Second Day.



On the Second Day God created water - for surfing, swimming and barbies on the beach. God saw that it was good. Evening came and morning came and it was the Third Day.

On the Third Day God created the Earth to bring forth plants - to provide malt and yeast for beer and wood for barbies. God saw that it was good. Evening came and morning came and it was the Fourth Day.

On the Fourth Day God created animals and crustaceans for chops, sausages, steak and prawns for barbies. God saw that it was good. Evening came and morning came and it was the Fifth Day.

On the Fifth day God created a bloke - to go to the footy, enjoy the beach, drink the beer and eat the meat and prawns at barbies. God saw that it was good. Evening came and morning came and it was the Sixth Day.

On the Sixth Day God saw that this bloke was lonely and needed someone to go to the footy, surf, drink beer, eat and stand around the barbie with. So God created Mates, and God saw that they were good blokes. God saw that it was good. Evening came and morning came and it was the Seventh Day.

On the Seventh Day God looked around at the twinkling barbie fires, heard the hiss of opening beer cans and the raucous laughter of all the Blokes, smelled the aroma of grilled chops and sizzling prawns and God saw that it was good.... well almost good. God saw that the blokes were tired and needed a rest. So God created Sheilas – to clean the house, bear children, wash, cook and clean the barbie. God saw that it was not just good, it was better than that, it was bloody fantastic.

AND HE CALLED IT AUSTRALIA......





## Getting old

You know you're getting on in years when the men at the office start confiding in you..

Middle age is when it takes longer to rest than to get tired.

By the time a woman is wise enough to watch her step, she's too old to go anywhere.

Billy Graham has described heaven as a family reunion that never ends. What must hell possibly be like? Home videos of the same reunion?

You know you're into middle age when you realize that caution is the only thing you care to exercise.

Don't worry about avoiding temptation. As you grow older, it will avoid you.

You're getting old when getting lucky means you find your car in the parking lot.

You're getting old when you're sitting in a rocker and you can't get it started.

You're getting old when you wake up with that morning-after feeling and you didn't do anything the night before.

The cardiologist's diet:

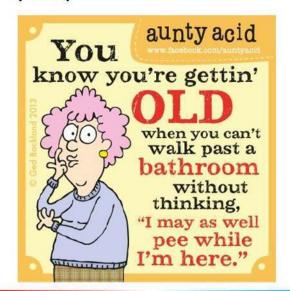
if it tastes good, spit it out.

Doctor to patient: I have good news and I have bad news: the good news is that you are not a hypochondriac.

It's hard to be nostalgic when you can't remember anything.

You know you're getting old when you stop buying green bananas.

Last Will and Testament: Being of sound mind, I spent all my money.





Bundy's 55th Birthday Reunion Fri 15, Sat 16, Sun 17 July 2022

BOOKINGS ARE OPEN
VIA OUR WEBSITE OR SHARON'S CLIPBOARDS:

https://bundywomenveterans.org.au

Members! Put your name on the booking sheet at Cuppa Chat or the General Meeting.

Activity details were published in November 2021's CO and are also available at the Lodge or on the website.

GREEN for GO! So book now and lets GO together!

Mothers, Daughters, Wives Vol 2

Reserve your copy—look for a clipboard at The Lodge.

Or contact the secretary.

Pre internet chat room using An old version of windows...



We have members who can assist you......

**GET YOUR SERVICE RECORDS** 

See Angella

Commissioner of Declarations Leone (by prior arrangement)



#### HAVE YOU BOOKED?

Anzac Girls, Sunny Coast, Our 55th Anniv. Reunion, 8 Day Border Explorer?

Check the clipboards; Check the notice board; Check CO pages 6 and 7; and check the Website!!

Have you secured your booking with payment?

## **BIRTHDAYS**

#### MARCH

03 Robyn Walton

09 Lee Mackenzie-Forbes

19 Linda Rae

23 Chris Clancy

30 Janet Rasmussen

## Happy Birthday!

#### ESO/ESWA's ACTIVITIES

Defence Vets Drop In Centre.
Pitt & May St:

ESO MONTHLY BBQ First Sunday of the month \$5 pp.

#### **NASHO Bus Trips**

Book with Anita Currie ph 0400 141 278 after 4pm

Bundy RSL Sub Branch
Check your calendar or the latest
RSL newsletter.

#### <u>CONTACTS</u>

Bundaberg RSL: SECTY & WELFARE 0477 959 747 ACTIVITIES 0418 983 415

Defence Vets: 4153 4599 Open Mon & Thu mornings, BBQ's lunchtime 1st Sunday

> DVA: 1800 555 254 Advice and claims 1800 838 372

Open Arms— Veterans & Families Counselling 1800 011 046

> Safe Zone 24/7 1800 142 072

Lifeline 24/7 13 11 14 www.lifeline.org.au

ADF Health & Wellbeing Portal www.defence.gov.au/health/ healthportal

Defence Family Helpline 24/7 1800 624 608 www.defence.gov.au/DCO/ Defence-Helpline.asp

> Health Direct 1800 0212 222

Poisons Information 13 11 26



Acknowledgement: Thank you to the Bundaberg RSL Sub Branch for printing file and limited hard copies for non-electronic members.