

#### **BUNDABERG DISTRICT WOMEN VETERANS**

Formed 1967 as: BUNDABERG & DISTRICT EX SERVICEWOMEN'S ASSOCIATION

# Chests Out

Women Veterans, proud to have served our nation.

8/2025 AUGUST

# **MORNING TEA**



# TOM QUINN CAFÉ

**Cuppa Chat Day, August 2025** 

#### **Association Information**

POSTAL ADDRESS: PO Box 397 Bundaberg Qld 4670 PHYSICAL ADDRESS: 4 Glasgow St, Svensson Heights Qld 4670

WEBSITE: https://bundywomenveterans.org.au FACEBOOK: Bundaberg District Women Veterans Inc E-MAIL ADDRESSES: secretary@bundywomenveterans.org.au

admin@bundywomenveterans.org.au (enquiries) <> wellbeing@bundywomenveterans.org.au events@bundywomenveterans.org.au

events@bundywomenveterans.org.au

BUSINESS INFORMATION: Incorporation IA13064 NFP Charity ABN 78362718229 Public liability Insurance Miramar –132848-Q \$20M

See website for constitution, by laws, business plan and other important documents.

MEMBERSHIP:: Service Member \$10; Associate \$15 per year. You may pay for more than one year. Please be sure to alert treasurer of your transfer of money. Your secretary has a record of your advance payments—contact her to check your status.

Financial year: 1Jan to 31Dec. See website 'about us' for eligibility and to download an application form.

Bundaberg District Women Veterans

**COMMITTEE 2025-26** 

Patron: Leone Wilson OAM

**EXECUTIVE MEMBERS** 

President: Leone Wilson OAM 07 4159 4134

M: 0427 415 946 leonewilson@outlook.com

Vice Pres: Jenny Waldron OAM 07 4157 4621

M: 0487 302 114 jenny.waldron@outlook.com

Secretary: Mary-Rose Mulvaney OAM 0419 121 128 maryrose.mulvaney@gmail.com

Treasurer: Sharon Barsby 07 4157 4621 0428 570 014

sharonbarsby1@outlook.com

**COMMITTEE MEMBERS** 

Angella Hillis CSC 0400 422 331

hillis.wa@gmail.com

Kay Littler 07 4159 1881 0427 695 167 (Assistant Treasurer) pdk7@dodo.com.au

Annette Newsham 0407 581 935

annettenewsham@yahoo.com.au

Sheryl Parker 0423 393 151 sherylwoz@gmail.com

sneryiwoz@ginan.com

Lynne Pollock 07 4151 7795 0438 517 795

lynne.pollock21@outlook.com

Meetings: see page 7

Who to contact:

Financial issues: Treasurer

Membership: Secretary/Assist Secty, President
Activities: Activities Officer or coordinators

Bookings: Coordinator or Treasurer Commemorations Commemorations Officer

Policy, Procedures Jenny Waldron or Leone Wilson

Strategic Planning President

**General Appointments** 

Activities: A/Off (VACANT). Assist: Jenny Waldron,

Glenda Everton-Brocklesby,

Annette Newsham, Jeannie Roberts

Assist. Secty Leone Wilson, Jeannie Roberts; Gloria

Kilpatrick

Awards: President, Vice Pres, Shirley Watson,

Commemorations: C/Off (VACANT), Assist: Angella Hillis, Jen-

ny Waldron, Leone Wilson

Commun.& Prom: Media: President, Assist: Sheryl Parker Financial Auditor: Lynne Pollock, Sheona Webster-Gorrie

Fundraising: Sharon Barsby, Assist: Kay Littler, Lynne

Pollock

Grants: Jenny Waldron, Kay Littler, Sharon

Barsby

History: His/Mgr (VACANT), Assist: Leone Wilson

Legacy Liaison: Sheryl Parker, Lynne Pollock

Library: Annette Newsham

Line Dancing: Sharon Barsby, Assist: other dancers

Newsletter: Leone Wilson, Assist: Jeannie Roberts

Property Officer: Lynne Pollock, Assist: Sharon Barsby

RSL Liaison Dannielle Brearley, Gloria Kilpatrick

Social Media: Jeannie Roberts, Assist: Jenny Waldron

Ten Pin Bowls: Lynne Pollock

Website: Jenny Waldron Assist: Faye Chatham

Wellbeing Support Officers (WSO):

Jeannie Roberts

 Jenny Waldron
 4157 4621

 Shirley Watson
 0408 460 951

 Leone Wilson (Wellbeing Officer)
 4159 4134

Sheryl Parker (COP Liaison)

**Current Life Members** 

Leone Wilson OAM Shirley Watson Kay Derome

Jennifer Waldron OAM

**Sharon Barsby** 

**HOW TO PAY:** 

Electronic Funds Transfer & Direct Deposits:

Bundaberg District Women Veterans Inc. Westpac Bundaberg: BSB 034122 A/c 637419

PLEASE INFORM SECTY or TREAS.

**CASH:** You can pay cash at a meeting—Please assist the Treasurer by having the correct money. If you need a receipt let the treasurer know.

## Behind the news, August

#### **AUGUST MEETING**

Despite the many apologies we still had a good roll up and managed packed agendas for both committee and general meeting.

The management committee approved a membership application and we welcome WWII centenarian Mavis Blackwood, WRANS to our group of women veterans. Welcome Mavis.

The little things—they matter. Some good, some not so:



- :) Sharon's dash to raise the flag before GM began
- :) Annette's garden watering
- :) Volunteer to assist secretary, thanks Gloria K
- :) Donated vacuum cleaner, thanks Glenda EB
- :) Shirley W for wreath collection and all of our commemoration volunteers, Shirley W, Helen Baldy, Dannie, plus photographers
- :) Goodies to eat and prizes to win at the meeting
- :) Raffle support plus raffle runners Lynne and Sharon
- :) Volunteers for Friday raffle
- :) Smiling faces and shared laughter
- :) all of our volunteers who make us who we are



- :( Scattered dirty cups left on exit at the Lodge
- :{ Late-comers exiled to back row at meetings we plan to fix that Faye and Phyllis
- :( abandoned general untidiness, rubbish and tasks; thanks to Jenny and Sharon for staying behind to clean, tidy and prepare for lock-up.



No one person is responsible for all the little things—we all are!

#### **ACTIVITIES**

Refer to page 6 and 7 and the minutes for the latest information.

Booking sheets for Hervey Bay and Christmas are awaiting you at the Lodge. Don't forget to include any special requirements such as diet; and don't forget to pay by the RSVP date.

Ukulele try-out is also there - you can add your name to the waiting list, last minute cancellations do happen.

#### 2026 CALENDAR OF EVENTS

If you have any suggestions you wish the activities sub committee to consider, please provide your suggestion with as much detail as possible, to Jenny Waldron.

The sub committee will be preparing the COE ahead of the October meeting so please don't delay, send your input by end September.

#### **REUNION 2027**

A meeting has been held by those interested in assisting planning for our reunion. Jenny Waldron coordinated the meeting and is preparing a concept for presentation to the committee. It is off to a good start.

Members wishing to contribute should contact Jenny.

#### PATRICIA RECEIVES RECOGNITION

Patricia Collins has shared the news that the State Library of NSW publicly announced the 2025 NSW History Awards shortlists on 14 August.

Her book, *Rock and Tempest* is Highly Commended in the General History Prize category, and is Shortlisted for the ANZAC Memorial Trustees Military History Prize.

Patricia said "The judges' comments in both categories left me stunned." Well done Patricia!

#### WELLBEING

Getting older is not always good fun. It seems unfair that just as you have some more time to do what you wish—you find you no longer have the ability, or if you do, you have a darn appointment, and have to say no!

However, where possible, don't let age get in the way of a good time. If laughter is good medicine, than everyone who attended the August meeting should be feeling much better. Take care,

Leone

Hervey Bay shares Friendship August

Truly great friends are hard to find, difficult to leave, and simply impossible to forget.

# **HISTORY PROJECT**

12 SERVICE MEMBERS HAVE JOINED OUR ASSOCIATION BETWEEN 2022 AND NOW, IF YOU ARE ONE, YOUR STORY HAS NOT YET BEEN RECORDED.

There are also quite a few who didn't get around to submitting a story for either of the two volumes of *Mothers, Daughters, Wives.* 

Here is another chance to do just that.

For 2027 we hope to consider a booklet option, similar to the booklets that preserved our WWII ladies' history.

The important content for this would be your stories.

We believe the fabric of Bundaberg's ADF History needs to be recorded and needs to include <u>female veterans</u> regardless of where and when they served.

DO YOU KNOW THAT STREETS OF REMEMBRANCE
SUBMISSIONS RELATING TO OUR WORLD WAR TWO AND
ACTIVE SERVICE LADIES, WAS SUPPORTED BY EXTRACTS FROM Mothers, Daughters, Wives.

To get started contact Leone or Sharon.

# Are you in the know?

If you are an RSL member, you should be receiving:

- TEXTS AND EMAILS FROM THE BUNDABERG RSL SUB BRANCH these detail coming activities including meetings, commemorations, functions.
- MEMBERS'S UPDATES –includes information about wellbeing activities being held around the state.

If perchance you do not receive these notices, contact RSL Sub Branch secretary Dannielle Brearley 4138 7621 or 0477 595 747 to ensure your contact details are up to date.

## Women's Health Week 1-5 September

Promoted by DVA—you can find out what is on offer (such as healthy hints, recipes etc) by registering:

https://www.jeanhailes.org.au/womenwshealth-week

Our garden—is it thirsty?



# Wellbeing Activities

All of our activities are for the wellbeing of members.

## **LINE DANCING**

It takes time and patience but Instructor Chris will help you to learn and enjoy this healthy fun experience.

WEDNESDAYS FROM 1200-1300 Hrs (noon to 1pm)

Coronation Hall (airconditioned) 71 High Street, Walkervale.

Coordinator: Sharon Barsby

SPECIAL CHARITY DAY, 30 AUG.

Check with fellow line dancers for all the info.

#### TEN PIN BOWLS

Last Monday of the month, Jan to Nov all welcome

NO SKILL NEEDED!

Meet in café area - 1030 for 1100 Hrs start.

Stay for a social lunch (optional).

AUGUST ONLY, BE THERE EARLY—BOWL AT 0900

Please let Lynne know you will be attending. First timers contact Lynne Pollock 0438 517 795

#### **VOLUNTEERS**

Without volunteers, our association would have nothing to offer.

We are a group who work together to ensure we enjoy the good things our association can provide.

Volunteering is rewarding.

There is something for everyone to do

## **FIRST AID KIT**

THE KIT IS LOCATED IN THE LODGE KITCHEN
IF YOU NEED TO USE ANYTHING,
PLEASE ALERT THE PROPERTY MEMBER OF ANY
REQUIREMENT TO REPLENISH.

# Are you an RSLA member?

BUNDABERG RSL SUB BRANCH SUPPORTS US PLEASE SHOW YOUR SUPPORT FOR YOUR RSL Contact info on back page

#### DO YOU HAVE A

- Will
- Enduring Power of Attorney
- Advance Health Directive
- Joint Title of Property
- Joint Bank Accounts
- Lists of accounts, entitlements, access passwords, etc.

Are they all together? Easily located?

# VETERANS HEALTH WEEK (VHW)

DVA's Veterans Health Week normally falls around October.

The week is an annual health promotion initiative to increase health lifestyle awareness.

Our association will be invited to participate by submitting a program and a grant will be on offer to support our proposal, if approved.

The management committee would appreciate any ideas for our members that may be beneficial and possibly suitable for VHW 2025

### **UPCOMING ACTIVITIES**



#### COUNTRY GET-AWAY—2 to 5 SEP

Campers are ready and set to go....look for photos in coming issues Coordinator: Jenny Waldron/Sharon Barsby

#### PICNIC IN THE PARK—SUN 12 OCT

Alexandra Park—BYO Lunch

#### **UKULELE LESSON-TUE 14 OCT**

The Lodge, 1000 Hrs to 1200 Hrs
Members \$10, Guests \$20. includes lunch
waiting list available
Coordinator: Jeannie Roberts

#### **HERVEY BAY LUNCHEON- SAT 18 OCT 25**

Full reunion weekend details are available at the Lodge
Saturday lunch, depart Bundaberg Coaches 0930 RSVP by 30 Sep
60's attire—flower power and bell bottoms.

Members \$70 guests \$85
Coordinator: Jenny Waldron

#### CHRISTMAS LUNCHEON—MON 17 NOV

Members \$35, Guests \$45 Booking sheet available at the Lodge

#### **CUPPA CHAT**

FIRST WEDNESDAY OF THE MONTH
Check page 7 for dates
Informal get together at the Lodge from around 1000 Hrs
Arrive and depart as you wish. Bring a plate (optional)

Check page 7 for meetings and all other regular activities

#### BOOKING FOR AN ACTIVITY

#### PLEASE BOOK EARLY TO ASSIST WITH PLANNING.

The RSVP date is the last date for cancellations to receive a refund.

The easy way to book is via the clipboards at the Lodge, otherwise contact coordinator, activity officer or secretary. Contact details and payment info can be found on page 2

#### **IMPORTANT**:

Please advise any special diet requirements when booking for a function.

All bookings are to be confirmed by payment. (see page 2 for payment options)

Watch for any updates to these activities.

If, unfortunately, you need to cancel a booking, please advise the coordinator.

# **OUR DIARY 2025**



## Please check page 10 for Commemorations

AUG	Mon	25	Ten Pin Bowls	Bundy Bowl & Leisure Centre, 0830 for 0900 Hrs
AUG	Wed	27	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
SEP	Wed	03	Cuppa Chat	Lodge from 1000 Hrs
SEP	Wed	03	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
SEP	Tu-Fr	2-5	Murgon Getaway	Go bush at Barambah; visit attractions
SEP	Wed	10	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
SEP	Mon	15	Meetings	Lodge, Committee 1200 Hrs (all welcome), General 1300 Hrs
SEP	Wed	17	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
SEP	Wed	24	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
SEP	Mon	29	Ten Pin Bowls	Bundy Bowl & Leisure Centre, 1030 for 1100 Hrs
ОСТ	Wed	01	Cuppa Chat	Lodge from 1000 Hrs
ОСТ	Wed	01	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
ост	Wed	80	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
ОСТ	Sun	12	Picnic in the Park	Alexandra Park—BYO lunch
ОСТ	Tue	14	Ukulele Lesson	Beginners class at Legacy Lodge 1000-1200 hrs M\$10 G\$20
ОСТ	Wed	15	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
ОСТ	Sat	18	Hervey Bay Lunch	Depart Bundy Coaches 0930 Hrs
ОСТ	Mon	20	Meetings	Lodge, Committee 1200 Hrs (all welcome), General 1300 Hrs
ост	Wed	22	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
ОСТ	Mon	27	Ten Pin Bowls	Bundy Bowl & Leisure Centre, 1030 for 1100 Hrs
ОСТ	Wed	29	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
ОСТ	TBA		VHW	Veterans Health Week activity
NOV	Wed	05	Cuppa Chat	Tom Quinn Café 1000 Hrs—buy your own
NOV	Wed	05	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
NOV	Wed	12	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
NOV	Mon	17	Christmas Lunch	RSL Club, Terrace Room M \$35 G \$45
NOV	Wed	19	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
NOV	Mon	24	Ten Pin Bowls	Bundy Bowl & Leisure Centre, 1030 for 1100 Hrs
NOV	Wed	26	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
DEC	Wed	03	Cuppa Chat	Lodge from 1000 Hrs
DEC	Wed	03	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
DEC	Wed	10	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
DEC	Wed	17	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs

# Commemorations

#### **ANNIVERSARIES & SIGNIFICANT EVENTS- SEPTEMBER**

03 Sep Merchant Navy Day, Australian National Flag Day

1st Wed Battle for Australia Day 14 Sep National Peacekeepers Day

In August,
we attended
services
commemorating
the 80th
Anniversary of the
end of World War
Two and Vietnam
Veterans Day.

Wreath layers were Helen Baldwin Dannielle Brearley Shirley Watson











A crusty old man walks into the local church and says to the secretary, "I

would like to join this damn church."

The astonished woman replies, "I beg your pardon, sir. I must have misunderstood you. What did you say?"

"Listen up, damn it," said the old man. "I said I want to join this damn church!"

"I'm very sorry, sir, but that kind of language is not tolerated in THIS church," said the secretary. She then leaves her desk and goes into the pastor's study to inform him of her situation.

The pastor agrees that the secretary does not have to listen to that foul language.

They both return to her office and the pastor asks the old geezer, "Sir, what seems to be the problem here?"

"There's no damn problem," the old man says. "I just won \$200 million in this damn lottery and I want to join this damn church to get rid of some of this damn money."

"I see," said the pastor. "And is this bitch giving you a hard time?"

John and Joe were walking home from the pub. John says to Joe, 'I can't be bothered to walk all that way.'

'I know,' says Joe, 'but we've no money for a cab and we've missed the last bus home.'

'We could steal a bus from the depot,' John suggests. They arrive at the bus depot and John tells Joe to go in and get a bus while he keeps a look-out.

After shuffling around for ages, John shouts, 'Joe, what are you doing? Have you not found one yet?'

Joe shouts back, 'I cant find a No. 91'

'Oh blimey, ye thick sod, take the No. 14 and we'll walk from the roundabout.'

One reason the Military Services have trouble operating jointly is that they don't speak the same language. For example, if you told Navy personnel to "secure a building," they would turn off the lights and lock the doors. The Army would occupy the building so no one could enter. Marines would assault the building, capture it, and defend it with suppressive fire and close combat. The Air Force, on the other hand, would take out a three-year lease with an option to buy.

A GROUP OF 1ST, 2ND, AND 3RD, GRADERS ACCOMPANIED BY TWO FEMALE TEACHERS WENT ON A FIELD TRIP TO THE LOCAL RACE TRACK TO LEARN ABOUT THOROUGHBRED HORSES.

WHEN IT WAS TIME TO TAKE THE CHILDREN TO THE BATHROOM IT WAS DECIDED THAT THE GIRLS WOULD GO WITH ONE TEACHER AND THE BOYS WOULD GO WITH THE OTHER TEACHER.

THE TEACHER ASSIGNED TO THE BOYS WAS WAITING OUTSIDE THE MEN'S ROOM WHEN ONE OF THE BOYS CAME OUT AND TOLD HER THAT NONE OF THEM COULD REACH THE URINAL.

HAVING NO CHOICE, SHE WENT INSIDE, HELPED THE BOYS WITH THEIR PANTS AND BEGAN HOISTING THE LITTLE BOYS UP ONE BY ONE, ASSISTING THEM IN DIRECTING THE FLOW AWAY FROM THEIR CLOTHES.

AS THE TEACHER LIFTED ONE BOY, SHE COULDN'T HELP BUT NOTICE HE WAS UNUSUALLY WELL ENDOWED. TRY-ING NOT TO SHOW THAT SHE WAS STARING, THE TEACH-ER SAID "YOU MUST BE IN THE 4TH."

NO MA'AM, HE REPLIED, I'M THE JOCKEY RIDING SILVER ARROW IN THE 5TH"

#### WIMPY DADS

Two kids are arguing over whose father is the biggest scaredy-cat.

The first kid says, "My dad is so scared that when lightning strikes, he hides underneath the

The second kid replies, "Yeah? Well, that's nothing. My dad is so scared that when my mom has to work the nightshift, he sleeps with the lady next door."

Snapdragons



I just wanted you to know, I have entered the snapdragon part of my life.

Part of me has snapped.....

And the rest of me is draggin'!

I put my scale in the bathroom corner and that's where the little liar will stay until it apologizes.

#### **CONTACTS**

#### **Bundaberg RSL**

Secretary 07 4138 7621

Compensation & Wellbeing Advocacy & Hospital Visits 07 4330 3166

Activities & Events 07 4330 3167

Bundaberg RSL Club 07 4138 7620

Bundaberg Legacy 07 4152 5958

#### Defence Vets Drop In Centre:

07 4153 4599

Open Mon & Thu mornings, ESO BBQ's lunchtime 1st Sunday

WELLBEING

Jude Binder

DVA 1800 838 372

Mates4Mates mates4mates.org

Open Arms— Veterans & Families Counselling 1800 011 046

> Safe Zone 24/7 1800 142 072

Lifeline 24/7 13 11 14

www.lifeline.org.au

ADF Health & Wellbeing Portal www.defence.gov.au/health/healthportal

Defence Family Helpline 24/7 1800 624 608 www.defence.gov.au/DCO/Defence-Helpline.asp

# **BIRTHDAYS**

## **SEPTEMBER**

Robyn Ellis	07
Jennie Promnitz	09
Carmel Bridge	18
Berris Bainbridge	19
Jeannie Roberts	25
Tracy Casteleijn	28

Happy Birthday!

### The Window Through Which We Look



A young couple moves into a new neighborhood. The next morning while they are eating breakfast, the young woman sees her neighbour hanging the wash outside.

"That laundry is not very clean", she said. "She doesn't know how to wash correctly. Perhaps she needs better laundry soap."

Her husband looked on, but remained silent.

Every time her neighbour would hang her wash to dry, the young woman would make the same comments.

About one month later, the woman was surprised to see a nice clean wash on the line and said to her husband: "Look, she has learned how to wash correctly. I wonder who taught her this."

The husband said, "I got up early this morning and cleaned our windows."

And so it is with life. What we see when watching others depends on the purity of the window through which we look.

## INVITATION TO SERVING AND FORMER SERVICEWOMEN TO JOIN OUR ASSOCIATION

The application form can be found on our website:

https://bundywomenveterans.org.au

Or request a copy from our secretary

### Members—

why not download a form to pass to eligible women veterans, so that they may have the opportunity to join our great group.

#### PHOTOS THIS ISSUE

Unfortunately only one photo has been taken at an association organised activity other than representation at commemorations.

That means four things:

The one photo was used on the cover
There were no photos for the usual pages 8 and 9
There were no photos to post on Facebook
and

We were all too busy enjoying ourselves to take photos



Acknowledgement: Thank you to the Bundaberg RSL Sub Branch and Anzac Day Trust for assistance with the cost of this publication.