

BUNDABERG DISTRICT WOMEN VETERANS

Formed 1967 as: BUNDABERG & DISTRICT EX SERVICEWOMEN'S ASSOCIATION

Chests Out

Women Veterans, proud to have served our nation.

1/2025 JAN



CHESTS OUT—proud female veterans staying in touch for 58 years

Association Information

POSTAL ADDRESS: PO Box 397 Bundaberg Qld 4670
PHYSICAL ADDRESS: 4 Glasgow St, Svensson Heights Qld 4670

WEBSITE: https://bundywomenveterans.org.au FACEBOOK: Bundaberg District Women Veterans Inc E-MAIL ADDRESSES: secretary@bundywomenveterans.org.au

admin@bundywomenveterans.org.au (enquiries) <> wellbeing@bundywomenveterans.org.au events@bundywomenveterans.org.au

BUSINESS INFORMATION: Incorporation IA13064 NFP Charity ABN 78362718229 Public liability Insurance Miramar –132848-Q \$20M See website for constitution, by laws, business plan and other important documents.

MEMBERSHIP DUE NOW:: Service Member \$10; Associate \$15 per year. You may pay for more than one year. Please be sure to alert treasurer of your transfer of money. Your secretary has a record of your advance payments—contact her to check your status.

Financial year: 1Jan to 31Dec. See website 'about us' for eligibility and to download an application form.

Bundaberg District Women Veterans

COMMITTEE 2024-25

Patron: Leone Wilson OAM EXECUTIVE MEMBERS

President: Sheryl Parker 0423 393 151

sherylwoz@gmail.com

Vice Pres: Jenny Waldron 07 4157 4621 0487 302 114

jenny.waldron@outlook.com

Secretary: Faye Chatham 0419 194 701

bundywv@outlook.com

Treasurer: Sharon Barsby 07 4157 4621 0428 570 014

sharonbarsby1@outlook.com

COMMITTEE MEMBERS

Angella Hillis CSC 0400 422 331

hillis.wa@gmail.com

Kay Littler 07 4159 1881 0427 695 167 (Assistant Treasurer) pdk7@dodo.com.au

Annette Newsham 0407 581 935

annettenewsham@yahoo.com.au

Lynne Pollock 07 4151 7795 0438 517 795

lynne.pollock21@outlook.com

Leone Wilson OAM 07 4159 4134 0427 415 946 (Assistant Secretary) leonewilson@outlook.com

Meetings: see page 7

Who to contact:

Financial issues: Treasurer

Membership: Secretary/Assist Secty or President Activities: Activities Officer or coordinators

Bookings: Coordinator or Treasurer
Commemorations Commemorations Officer

Policy, Procedures Jenny Waldron or Leone Wilson Strategic Planning President

General Appointments

Activities: Jenny Waldron +

Glenda Everton-Brocklesby, 4152 3315

Jeannie Roberts 0409 281 787

Assist. Secty Leone Wilson

Awards: President, Vice Pres, Shirley Watson,

Leone Wilson

Commemorations: Angella Hillis+ Jenny Waldron, Dot Carroll

Leone Wilson

Commun.& Prom:- Media: President; C&P Off: Leone Wilson

Financial Auditors Kay Littler, Lynne Pollock
Fundraising: Sharon Barsby + Lynne Pollock,

Kay Littler

Grants: Jenny Waldron, Kay Littler,

Sharon Barsby, plus as approved.

History: Leone Wilson

Legacy Liaison: Angelia Hillis, Lynne Pollock
Library: Annette Newsham, Dot Carroll
Newsletter: Leone Wilson + Jeannie Roberts
Property Officer: Lynne Pollock + Sharon Barsby
RSL Liaison Dannielle Brearley + Gloria Kilpatrick
Social Media: Jeannie Roberts, + Jenny Waldron

Ten Pin Bowls: Lynne Pollock

Website: Jenny Waldron + Faye Chatham

Wellbeing Support Officers (WSO):

 Ethel Bourke (The Lakes Village)
 0428 881 487

 Jenny Waldron
 4157 4621

 Jeannie Roberts
 0408 281 787

 Shirley Watson (include Pioneer South)
 0408 460 951

 Leone Wilson (Wellbeing Officer)
 4159 4134

Current Life Members

Leone Wilson OAM Shirley Watson Kay Derome Jennifer Waldron Sharon Barsby

HOW TO PAY:

Electronic Funds Transfer & Direct Deposits:

Bundaberg District Women Veterans Inc. Westpac Bundaberg: BSB 034122 A/c 637419

PLEASE INFORM SECTY or TREAS

CASH: You can pay cash at a meeting—Please assist the Treasurer by having the correct money.

If you need a receipt let the treasurer know.

Behind the news, January

HAPPY NEW YEAR!

2025 is off to a good start with great support at the Bundy Social Club Super Saturday raffles, and for our first meeting, plenty of bums on the new seats donated to us by Legacy who had received them from the Bundy Services (now Social) Club. Legacy 'lads' hand delivered the seatingthank you Legacy, Len and Troy.

And the topping on the cream cake of 2025 is Jennifer Waldron OAM.

Congratulations to Jenny, so well deserved.

FAREWELL OUR LAST AUSTRALIAN WWII VETERAN MEMBER—SHIRLEY COUTTS

Please see the Vale notice on page 10 for details of a memorial service on 10 February.

We have one remaining WWII member, Joy Christou, British Land Army. Joy is 102.

BDWV MOVING FORWARD

In just 8 weeks or less, we elect a new committee. Hopefully! Our year and our future could depend on you.

Nominate now—forms are available electronically from the secretary or assistant secretary and printed

forms are available at the Lodge.

All positions are available but please read page 4 for a brief on what the two 'vacant due to retiring' positions entail.

NOTICE OF AGM

Please read this notice on page 12. It contains details of cut off dates.

MEMBERSHIP!

Membership subs are due now. Some have paid in advance and others have been paying during January. You need to be financial by the Annual General Meeting. If unsure, please check with Secretary Faye.

ACTIVITIES

eran Wellbeing Grant 2023-24.

Our activities officer was surprised and happy to learn that our grant application was approved albeit some months later than expected.

As a result, Jenny has looked at adding a Murgon Getaway in September and an additional arty/crafty type activity; the opportunity to match our vocal cord talent with our twanging skill on a ukulele in October or November.

Watch the activity pages for more detail. Thank you DVA!

Summer Luncheon 10 Feb

Department of Veterans' Affairs, Vet- A chance to enjoy greats like fried ice cream and other tasty treats that are offered by Saangs Asian Fusion.

> You need to book with Jenny W by 1 Feb so that Jenny can ensure we have tables organised.

Timing is noon. Members who are the first to arrive, please fill one or two tables, and then place your orders. This will allow those arriving later from the Shirley Coutts memorial service, to sit at the other table and will avoid having to wait for them to arrive before ordering. It will also be easier for staff serving.

Order your own choice from the menu and pay for your own selec-

It would be appreciated if any member needing to cancel, informs Jenny ASAP. We were rather embarrassed by no-shows last February.

Pages 6 and 7:

Check these two pages for coming activities.

And of course, we need a full committee to enable their deliverance!

SUPPORT FOR QUOTA CARE BAGS

Your committee approved the siting of a collection container at the Lodge

where members wishing to donate items to Quota can easily do so. Jeannie and Annette will clear the container sider becoming a WSO? regularly and ensure your gifts to women and children escaping domestic violence are delivered appropriately. There is a list available to use as a guide.

WELLBEING

Thank you to Jeannie for adding her name to the official list of Wellbeing Support Officers (WSO). Jeannie has already been 'looking out' for some of our members.

One of the biggest tasks undertaken by a WSO is to be contactable for a member who needs to talk to a friend. Visiting a hospital or a nursing home only occurs when we are made aware that a member is in hospital/home. And then the request for a volunteer visitor is sought

from the WSO's or from other members. Why not con-

Stats. WSO's, the activity officer and activity coordinators provide the wellbeing officer with monthly statistics. All figures collected are ultimately reflected in our annual report which you can then view.

We know that there is additional friendship related activities that are not included, they may not be measured but they are invaluable to our members.

Leone

Hervey Bay shares Friendship January

A real friend is the one who walks in when the rest of the world walks out.



'25—lets be alive!

We have many service members and some are bound to have the ability needed to be our president and also our secretary. We require two volunteers to come forward ASAP

So much to look forward to:

- Our activities for 2025 have been planned, and expanded thanks to a grant from DVA's Veteran Wellbeing Grant program
- Our commemorations planning for our Quiet Moment and for the War Nurses Service on Anzac Day is underway with approvals received
- Our healthy activities, have kicked off with line dancing and ten pin bowlers are knockin' 'em down!
- Our strategic plan 2025-2030 is in place and includes a reunion in 2027

We just need a president to...

Preside over our meetings and ensure deliverance of our strategic plan

And a Secretary to...

 Prepare our agendas, take our minutes, handle the correspondence and tick off our governance responsibilities

Most, if not all committee have indicated they will nominate and if elected, provide assistance to our new president and secretary. Together the committee will ensure our members continue to enjoy all that our association of friendship offers.

Please help us to continue.....

JUST <u>TWO PERSONS</u> ARE NEEDED TO VOLUNTEER,
TO FILL THE VACANT PRESIDENT AND SECRETARY POSITIONS.

Contact President Sheryl 0423 393 151 or Secretary Faye 0419 194 701 to volunteer your assistance.

also encourage new members!











Wellbeing Activities

All of our activities are for the wellbeing of members.

TEN PIN BOWLS

Last Monday of the month, Jan to Nov—all welcome Meet in café area - 1030 for 1100 Hrs start.





NO SKILL NEEDED!



Stay for a social lunch (optional).

Congratulations to Shirley P, 2024

winner of the Wooden Spoon!

Shirley challengers you to take the trophy
from her in '25.

First timers contact Lynne Pollock 0438 517 795

BUNDABERG RSL SUB BRANCH PROVIDED SUPPORT TO US

Please show your support for our local RSL Sub Branch:

- ⇒ Become a member
- ⇒ Attend activities that are planned for veterans and sometimes also their family
- ⇒ Attend Bundaberg RSL Subbranch general meetings
- → Attend commemorations organised by the RSL

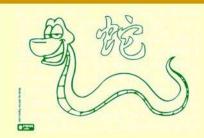
THE RSL SUPPORTS US— WE NEED TO SUPPORT THEM.

Contact info on page 12

LINE DANCING

Rave reviews have been received!

Come along and see why.
Instructor Chris will help you to enjoy
this healthy fun experience.
WEDNESDAYS FROM 15 JAN
1200-1300 Hrs (noon to 1pm).
Coronation Hall (airconditioned),
71 High Street, Walkervale.



Laugh and lunch with friends at Saangs Asian Fusion on Monday 10 February.

Buy your own from the menu.

Book with Jenny W by 1 Feb.



From the above, to the below, in half a morning!



Have a go in '25 - see page 6

UPCOMING ACTIVITIES



SUMMER LUNCHEON 10 FEB 25

1200 Hrs—SAANGS ASIAN FUSION
Buy your own luncheon. You need to book by 1 Feb. (see also page 3)
Coordinator: Jenny Waldron

SALUTE TO SERVICEWOMEN—ANZAC GIRLS LUNCHEON—22 APR 25

Follows Quiet Moment at Lions Remembrance Park commencing at 1100 Hrs (noon) Terrace, Bundaberg RSL Club, RSL Building, 17 Quay Street

Members \$25 Guests \$35. RSVP 10 Apr.

Coordinators :Angella Hillis/Jenny Waldron

PICNIC IN THE PARK—09 MAR 25

Watch for details of time and place to meet

MONTHLY REGULARS

Check page 7 for dates

CUPPA CHAT

FIRST WEDNESDAY OF THE MONTH
Informal get together at the Lodge from around 1000 Hrs
Arrive and depart as you wish. Bring a plate (optional)

TEN PIN BOWLS

LAST MONDAY JAN-NOV

FUN ACTIVITY—NO SKILL NEEDED (OR USED!) 1000 FOR 1100 HRS
Healthy exercise with mates and plenty of laughs. Everyone is a winner.
Bundaberg Bowl & Leisure Centre, Lester Street.
Coordinator: Lynne Pollock

LINE DANCING

WEDNESDAYS -1200 TO 1300 HRS

Coronation Hall, 71 High St, Walkervale. The word is that it is a real hoot!

Cost per session in 2025 is: members \$9 and guests \$10

Coordinator: Sharon Barsby

BOOKING FOR AN ACTIVITY

The easy way is via the clipboards at the Lodge.

Otherwise contact coordinator, activity officer or secretary.

Contact info page 2.

IMPORTANT:

Please advise any special diet requirements when booking for a function.

All bookings are to be confirmed by payment (see page 2 for payment options).

Watch for any updates to these activities.

If, unfortunately, you need to cancel a booking, please advise the coordinator.

OUR DIARY 2025



Please check page 10 for Commemorations

FEB	Wed	05	Cuppa Chat	Lodge from 1000 Hrs
FEB	Wed	05	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
FEB	Mon	10	Luncheon	Saangs Asian Restaurant 1200 Hrs—see page 3 and 6
FEB	Wed	12	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
FEB	Mon	17	Meetings	Lodge, Committee 1200 Hrs (all welcome), General 1300 Hrs
FEB	Wed	19	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
FEB	Mon	24	Ten Pin Bowls	Bundy Bowl & Leisure Centre, 1030 for 1100 Hrs
FEB	Wed	26	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
MAR	Wed	05	Cuppa Chat	Lodge from 1000 Hrs
MAR	Wed	05	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
MAR	Sun	09	Picnic in the Park	Botanical Gardens, BYO lunch (check minutes & CO for updates)
MAR	Wed	12	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
MAR	Mon	17	AGM	Lodge 1300 Hrs
MAR	Wed	19	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
MAR	Wed	26	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
MAR	Mon	31	Ten Pin Bowls	Bundy Bowl & Leisure Centre, 1030 for 1100 Hrs
APR	Wed	02	Cuppa Chat	Lodge from 1000 Hrs
APR	Wed	02	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
APR	Wed	09	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
APR	Wed	16	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
APR	Tue	22	Salute to Servicewomen	Quiet Moment Lions Remembrance Park 1100 Hrs Anzac Girls Luncheon Bundaberg RSL Club 1200 Hrs
APR	Wed	23	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
APR	Fri	25	ANZAC Day	War Nurses 1015 Hrs (watch for notices on page 10)
APR	Mon	28	Ten Pin Bowls	Bundy Bowl & Leisure Centre, 1030 for 1100 Hrs
APR	Wed	30	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
MAY	Wed	07	Cuppa Chat	Lodge from 1000 Hrs
MAY	Wed	07	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
MAY	Wed	14	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
MAY	Mon	19	Meetings	Lodge, Committee 1200 Hrs (all welcome), General 1300 Hrs
MAY	Wed	21	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
MAY	Mon	26	Ten Pin Bowls	Bundy Bowl & Leisure Centre, 1030 for 1100 Hrs
MAY	Wed	28	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs



December Cuppa Chat and January Super Saturday









Our first meeting for 2025 (January 17th)



Our last Super Saturday raffles day for 2025 at the Bundy Social club (January 25th)

A big thank you to the members who attended during January; and the Bundy Social Club for the support provided as a result.

VALE



SHIRLEY FIELD COUTTS NEE FLOWERS

23 December 1924—16 December 2024

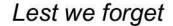
101404 ACW, Women's Auxiliary Australian Air Force 15 Apr 1943 to 26 Oct 1945

Shirley was born in Yeppoon.. She enlisted in the WAAAF in Brisbane and served at RAAF Station Bundaberg and No 7 Stores Depot Toowoomba as an equipment assistant.

Shirley first joined the Bundaberg & District Ex Servicewomen's Association in 1991. Following a break she rejoined in 2002, remaining a member continuously from that date. Shirley and husband Bill were great supporters of association activities and Shirley always spread her ever-present smile at meetings and other gatherings.

Shirley's family travelled to be with her for a pre-birthday gathering arranged by them to celebrate her coming one hundredth celebration on 23 December. At this family party, Shirley received the King's letter. She passed away peacefully just one week out from her birthday and was privately cremated on her birthday.

A memorial service will be held on 10 February, at Bundaberg Crematorium at 1100 Hrs.to honour our last Australian World War Two veteran member.





Commemorations

ANZAC PARK REDEVELOPMENT:

Hopes are for its use on Anzac Day with landscaping in place, and a flag pole.

STREETS OF REMEMBRANCE—WOMEN VETERANS

A Bundaberg Regional Council program.

A Bundaberg District Women Veterans' Saluting Their Service project.

To date our association has made 23 submissions. 11 have been approved. Most of these are WWI or WWII. Ten current members have been identified as having active/peace keeping/overseas service plus a meaningful connection to the Bundaberg region. Of these ten, five submissions have been made.

Service with the British Queen Alexandra services will not be approved, (Sisters Cullen, Cheesman and Wilson) but the data supplied by us will be retained for any future expansion of the program and for historic reasons.

In almost all of the results to date, the submitted names have been added to the council's list of possible street names that may be chosen by future developers. Some may be years before being honoured, but at least they are on the list! More will be added in coming weeks/months.

ANNIVERSARIES & SIGNIFICANT EVENTS

FEBRUARY

14 Feb National Servicemen's Day

15 Feb Fall of Singapore, 1942

16 Feb Bangka Island Massacre, 1942

19 Feb Bombing of Darwin, 1942





Our members' post WWII defence contribution to Australia





Kids are truly priceless

NEW & SCARY SIGHT

A little boy got lost at the YMCA and found himself in the women's locker room. When he was spotted, the room burst into shrieks, with ladies grabbing towels and running for cover. The little boy watched in amazement and then asked, What's the matter-haven't you ever seen a little boy before?"

I was driving with my three young children one warm summer evening when a woman in the convertible ahead of us stood up and waved. She was stark naked! As I was reeling from the shock, I heard my five-yearold shout from the back seat, "Mom! That lady isn't wearing a seat belt!"

TOOTHBRUSH LOGIC

My son Zachary, 4, came screaming out of the bathroom to tell me he'd dropped his toothbrush in the toilet. So I fished it out and threw it in the garbage. Zachary stood there thinking for a moment, then ran to my bathroom and came out with my toothbrush. He held it up and said with a charming little smile, "We better throw this one out too then, 'cause it fell in the toilet a few days ago."





- · Dad, are we pyromaniacs? Yes, we arson.
- What do you call a pig with laryngitis? Disgruntled.
- · Why do bees stay in their hives during winter? Swarm.
- If you're bad at haggling, you'll end up paying the price.
- Just so everyone's clear, I'm going to put my glass-
- A commander walks into a bar and orders everyone around.
- . I lost my job as a stage designer. I left without making a scene.
- · Never buy flowers from a monk. Only you can prevent florist friars.
- · How much did the pirate pay to get his ears pierced? A buccaneer.
- I once worked at a cheap pizza shop to get by. I kneaded the dough.
- My friends and I have named our band 'Duvet'. It's a cover band.
- I lost my girlfriend's audiobook, and now I'll never hear the end of it.
- . Why is 'dark' spelled with a k and not c? Because you can't see in the dark.
- Why is it unwise to share your secrets with a clock? Well, time will tell.
- When I told my contractor I didn't want carpeted steps, they gave me a blank stare.
- Bono and The Edge walk into a Dublin bar and the bartender says, "Oh no, not U2 again."
- Prison is just one word to you, but for some people, it's a whole sentence.
- Scientists got together to study the effects of alcohol on a person's walk, and the result was staggering.
- I'm trying to organize a hide and seek tournament, but good players are really hard to find.
- I got over my addiction to chocolate, marshmallows, and nuts. I won't lie, it was a rocky road.
- What do you say to comfort a friend who's struggling with grammar? There, their, they're.
- · I went to the toy store and asked the assistant where the Schwarzenegger dolls are and he replied, "Aisle B, back."
- What did the surgeon say to the patient who insisted on closing up their own incision? Suture self.
- · I've started telling everyone about the benefits of eating dried grapes. It's all about raisin awareness.

. I'm not saying I'm old and worn out, but I make sure I'm nowhere near the curb on trash day.

CONTACTS

EMERGENCY 134RSL (134775)

Bundaberg RSL:

Veteran Support Centre: ADVOCATE RECEPTIONIST (Level 1 Compo Level 1 Wellbeing) Liz Kirchner: 4330 3167 Advocate Cell Tue-Fri 0900-1600 Compensation Advocate - Lex Roberts

ACTIVITIES: Jan Rimmington 0422 134 313 (Work from Home)

RSL Sub Branch MOB 0477 959 747 or 43303169

Secretary Dannielle Brearley RSL bldg. Mon-Fri 0830-1500

RSL VETERAN SERVICES 134 RSL (134 775) Opt 2 vs@rslald.org

LEGACY WELLBEING Rudy Valzan 0418 452 059

Defence Vets Drop In Centre: 4153 4599

Open Mon & Thu mornings, ESO BBQ's lunchtime 1st Sunday WELLBEING

Jude Binder, Angella Hillis CSC

1800 555 254 Advice and claims 1800 838 372

Mates4Mates mates4mates.org

Open Arms-

Veterans & Families Counselling 1800 011 046

> Safe Zone 24/7 1800 142 072

Lifeline 24/7

13 11 14 www.lifeline.org.au

ADF Health & Wellbeing Portal www.defence.gov.au/health/ healthportal

Defence Family Helpline 24/7 1800 624 608

www.defence.gov.au/DCO/ Defence-Helpline.asp

Health Direct 1800 022 222 Poisons Information 13 11 26

Elder Abuse 1800 737 732

HAVE YOU BOOKED? Check

the clipboards; the notice board; CO pages 6 and 7; and Website

> Have you secured your booking with payment?

Have a great Australia Day



BIRTHDAYS

FEBRUARY

Sheona Webster-Gorrie 09 Glenda Smith 07 Jenny Chester 09

Happy Birthday!

BUNDABERG DISTRICT WOMEN VETERANS INC

NOTICE OF

ANNUAL GENERAL MEETING

MONDAY 17 MARCH 1300 HRS (1PM)

The Lodge, 4 Glasgow Street

AGENDA ITEMS—close 11 Feb

Notices of Motions for the AGM Agenda are to be with the secretary by 11 February. They will be included as a notice on the February General Meeting agenda.

Nominations for Committee—close noon 3 Mar

Nominations are called for all committee positions. Nominations should be in writing and signed by the nominee, nominator and seconder. All must be current financial service members of the association.

Positions to be filled: President, Vice President, Treasurer, Secretary, Committee Member

NOMINATIONS CLOSE NOON 03 MARCH

Nomination forms Nomination forms are available at the Lodge. A copy of the form can be emailed to you upon request. Send email to secretary, (see page 2)

A list of nominees will be sent electronically to all members and will be posted on the notice board at the Lodge by 5 March.



Acknowledgement: Thank you to the Bundaberg RSL Sub Branch for printing file and limited hard copies for non-electronic members.