



BUNDABERG DISTRICT WOMEN VETERANS
Formed 1967 as: BUNDABERG & DISTRICT EX SERVICEWOMEN'S ASSOCIATION

Chests Out

Women Veterans, proud to have served our nation.

3/2025 MAR



Committee 2025-26

Sheryl Parker, Annette Newsham, Leone Wilson OAM (P)
Kay Littler, Lynne Pollock, Mary-Rose Mulvaney OAM (S)
Absent: Jenny Waldron OAM (VP), Sharon Barsby (T)

CHESTS OUT—proud female veterans staying in touch for 58 years

Association Information

POSTAL ADDRESS: PO Box 397 Bundaberg Qld 4670

PHYSICAL ADDRESS: 4 Glasgow St, Svensson Heights Qld 4670

WEBSITE: <https://bundywomenveterans.org.au> **FACEBOOK:** Bundaberg District Women Veterans Inc

E-MAIL ADDRESSES: secretary@bundywomenveterans.org.au

admin@bundywomenveterans.org.au (enquiries) <> wellbeing@bundywomenveterans.org.au
events@bundywomenveterans.org.au

BUSINESS INFORMATION: Incorporation IA13064 NFP Charity ABN 78362718229 Public liability Insurance Miramar -132848-Q \$20M

See website for constitution, by laws, business plan and other important documents.

MEMBERSHIP: Service Member \$10; Associate \$15 per year. You may pay for more than one year. Please be sure to alert treasurer of your transfer of money. Your secretary has a record of your advance payments—contact her to check your status.

Financial year: 1Jan to 31Dec. See website 'about us' for eligibility and to download an application form.

Bundaberg District Women Veterans

COMMITTEE 2025-26

Patron: Leone Wilson OAM

EXECUTIVE MEMBERS

President: Leone Wilson OAM 07 4159 4134
M: 0427 415 946 leonewilson@outlook.com

Vice Pres: Jenny Waldron OAM 07 4157 4621
M: 0487 302 114 jenny.waldron@outlook.com

Secretary: Mary-Rose Mulvaney OAM 0419 121 128
maryrose.mulvaney@gmail.com

Treasurer: Sharon Barsby 07 4157 4621 0428 570 014
sharonbarsby1@outlook.com

COMMITTEE MEMBERS

Angella Hillis CSC 0400 422 331
hillis.wa@gmail.com

Kay Littler 07 4159 1881 0427 695 167
(Assistant Treasurer) pdk7@dodo.com.au

Annette Newsham 0407 581 935
annettenewsham@yahoo.com.au

Sheryl Parker 0423 393 151
sherylwoz@gmail.com

Lynne Pollock 07 4151 7795 0438 517 795
lynne.pollock21@outlook.com

Meetings: see page 7

Who to contact:

Financial issues:	Treasurer
Membership:	Secretary/Assist Secty or President
Activities:	Activities Officer or coordinators
Bookings:	Coordinator or Treasurer
Commemorations	Commemorations Officer
Policy, Procedures	Jenny Waldron or Leone Wilson
Strategic Planning	President

General Appointments

Activities: AOff (VACANT). Assist: Jenny Waldron, Glenda Everton-Brocklesby, Annette Newsham, Jeannie Roberts

Assist. Secty Leone Wilson, Jeannie Roberts

Awards: President, Vice Pres, Shirley Watson,

Commemorations: Coff (VACANT), Assist: Angella Hillis, Jenny Waldron, Leone Wilson

Commun.& Prom: Media: President, Assist: Sheryl Parker

Financial Auditor: Lynne Pollock, Sheona Webster-Gorrie

Fundraising: Sharon Barsby, Assist: Kay Littler, Lynne Pollock

Grants: Jenny Waldron, Kay Littler, Sharon Barsby

History: HisMgr (VACANT), Assist: Leone Wilson

Legacy Liaison: Sheryl Parker, Lynne Pollock

Library: Annette Newsham

Line Dancing: Sharon Barsby, Assist: Annette Newsham

Newsletter : Leone Wilson, Assist: Jeannie Roberts

Property Officer: Lynne Pollock, Assist: Sharon Barsby

RSL Liaison Dannielle Brearley, Gloria Kilpatrick

Social Media: Jeannie Roberts, Assist: Jenny Waldron

Ten Pin Bowls: Lynne Pollock

Website: Jenny Waldron Assist: Faye Chatham

Wellbeing Support Officers (WSO):

Jeannie Roberts

Jenny Waldron 4157 4621

Shirley Watson (include Pioneer South) 0408 460 951

Leone Wilson (Wellbeing Officer) 4159 4134

Sheryl Parker (COP Liaison)

Current Life Members

Leone Wilson OAM

Shirley Watson

Kay Derome

Jennifer Waldron OAM

Sharon Barsby

HOW TO PAY:

Electronic Funds Transfer & Direct Deposits:

Bundaberg District Women Veterans Inc. Westpac Bundaberg: BSB 034122 A/c 637419

PLEASE INFORM SECTY or TREAS.

CASH: You can pay cash at a meeting—Please assist the Treasurer by having the correct money. If you need a receipt let the treasurer know.

Behind the news, March

ANNUAL GENERAL MEETING

We are up and running for another year thanks to the willing volunteers who are taking on most of the tasks needed to continue past successes.

Welcome to the committee Mez. The ink had hardly dried on Mary-Rose Mulvaney's membership application when she volunteered to assist us to continue by becoming secretary.

Mez is still getting to know us, and how we operate, plus she has some commitments ahead, so settling into

the task will take time. Faye, Jeannie and I will be assisting Mez along the way.

As I said at the AGM, we sincerely thank Sheryl and Faye for serving in the positions of president and secretary over the last twelve months. It may not have been a busy year compared to some others but it had challenges. Thank you both.

We survived 2024 AGM, and we have survived again and can look forward to another year.

Ideally, our future needs to be viewed years ahead, not annually and we need younger folk to lead,

not old boilers like me! It is also fair to suggest we need new younger members. Do you know any?

We have a reunion due in 2027—that means commitment and ideas are needed now.

Thank you to our ladies who brought along goodies, and to those who turned up with prizes. We ended up enjoying a feast and had the usual fun with a raffle we had not planned on having. Treasurer Sharon will be happy with the results.

QUIET MOMENT TUESDAY 22 APRIL

Please assemble at Lions Remembrance Park by 1050 Hrs. We will

remember our members past and lay a tribute at the 'Servicewomen's Memorial'.

ANZAC GIRLS LUNCH

Following the Quiet Moment we go to the Bundaberg RSL Club, 17 Quay St for lunch in the Bistro.

All booked attendees will receive an advance (\$10 subsidy) against the cost of their order. Order your preferred meal from the bistro menu.

ANZAC DAY, CITY

Parade details are not yet to hand. They will be passed on to everyone via email when received.

For those who have one, red shirt is the go (not polo). Your medals go on the left—any others go on the right.

Work on 0800 Hrs assemble Targo Street, south of Bourbong St. March off 0830 heading for Buss Park.

Workers for War Nurses, please break off at conclusion of the march and make your way to War Nurses Memorial Park. Do so quietly with respect to those gathering for the Civic Service.

WAR NURSES MEMORIAL SERVICE

Remember we host this event and as such, we should all be making those who attend welcome. Please take

the time to say hello and assist as needed.

I could be contacting some members to undertake specific jobs however most of the required tasks have been filled, thanks mainly to repeat volunteers. Assisting with set-up and clean up of chairs and such is something we can all do.

ANZAC DAY REGIONAL

We will be represented at Bargara (Faye), Bundaberg (Shirley W, Dawn), Burnett Heads (Baldy), Moore Park Beach (Gloria K). If any member is attending a service elsewhere, please get in touch with me.

PICNIC

Thank you to Glenda Everton-Brocklesby for organising the picnic and ensuring all two and four legged attendees were sheltered from the rain. Jeannie had a great report with photos on Facebook.

SUNNY COAST 'CRUISE'

Next large cab off the rank for our social calendar is a day trip to Maroochydore for the Sunny Coast annual luncheon. The 'cruise ship' will be docked at the Maroochy RSL and you are invited to dress for a day of happy sailing.

Please be sure to book—the clipboard is at the Lodge now.

BIRTHDAY

Details are on page 6 and the clipboard is at the Lodge.

WELLBEING

Our thoughts are with those members who are dealing with personal or family health issues. Finding the time for a little social interaction and a laugh or two with friends is no solution, but it may help.

Don't forget to take care of YOU.

Leone

Hervey Bay shares Friendship March
A friend is one who knows all about you but loves you just the same.



Our Objects

The objects of the association are—

- To foster and strengthen friendship between members of the Association
- To promote friendship and goodwill amongst current and former servicewomen generally
- To commemorate and preserve the history of women's service in the Australian Defence Force
- To foster and strengthen ties between the Association and other ex service organisations
- To foster camaraderie and social inclusion among members of the Association
- To promote good mental and physical health, and general wellbeing of members of the Association
- To assist in providing welfare support to Association members in need
- To advocate on behalf of former and current servicewomen

TO SAVE A LIFE

We may have a defibrillator, but we need to learn how to operate it. search: HeartSine 500P

You may need to surf to find the YouTube videos—there are a couple, they are similar and all helpful.

The video has audio and you will probably need to watch it a number of times.

Refresh your training periodically.

Also look for:
How to change battery and pads on HeartSine Defibrillator

HeartSine SAM 500P Set Up and Use Video



ARE YOU REGISTERED WITH MY AGED CARE?

If so, do you know that St John's Ambulance can assist you with transport?

Phone 1300 785 646

PHOTOS OF YOU



Unless you advise otherwise, it is deemed we have permission to take and publish photos of you in the newsletter or on our Facebook page. If this is not the case, please contact the secretary.



Wellbeing Activities

All of our activities are for the wellbeing of members.

BELOW IS AN EXTRACT FROM DVA'S 'VETAFFAIRS'



Say 'bah humbug!' to scammers

Scammers are criminals who manipulate and deceive you into giving them your money or personal information. Common scams include 'too good to be true' offers, fake goods and services (especially online), and callers who impersonate people or representatives of trusted organisations.

Scammers like to exploit our festive mood during the holidays and take advantage of people who are often busier than usual, and on the lookout for the perfect gift.

DVA is encouraging everyone to make yourself a harder target for scammers by staying up to date on the latest scam alerts on the Scamwatch website: www.scamwatch.gov.au.

You can follow these 3 easy steps to avoid falling victim to a scam:

1. STOP - Don't give money or personal information, including your DVA client number, to anyone. If you are unsure, say no, hang up, delete. Don't click on links that are offering you free products or services.
2. CHECK - Scammers pretend to be from organisations you

know and trust like MyGov, your bank, the police or government. Sometimes these people may also pretend to be health professionals or ex-service organisations. If you're not sure, call the official phone number of the organisation to check.

3. REPORT - The more we talk, the less power they have. Report scams to www.scamwatch.gov.au when you see them.

To help you stay up to date on the latest scams, you can also [subscribe](#) to regular scam alert emails from Scamwatch.

Keep your personal and financial information safe and say 'bah humbug!' to scammers - so you can enjoy the festive season with your family and loved ones.

BUNDABERG RSL SUB BRANCH PROVIDED SUPPORT TO US

Please show your support for our local RSL Sub Branch:

- ⇒ Become a member
- ⇒ Attend activities that are planned for veterans and sometimes also their family
- ⇒ Attend Bundaberg RSL Sub branch general meetings
- ⇒ Attend commemorations organised by the RSL

**THE RSL SUPPORTS US—
WE NEED TO SUPPORT THEM.**

Contact info on page 12

TEN PIN BOWLS

*Last Monday of the month,
Jan to Nov—all welcome*

NO SKILL NEEDED!
Meet in café area - 1030 for
1100 Hrs start.

Stay for a social lunch
(optional).

LINE DANCING

It takes time and patience but Instructor Chris will help you to learn and enjoy this

healthy fun experience.

WEDNESDAYS FROM 15 JAN
1200-1300 Hrs (noon to 1pm)
Coronation Hall (airconditioned)
71 High Street, Walkervale.



UPCOMING ACTIVITIES



SALUTE TO SERVICEWOMEN—ANZAC GIRLS LUNCHEON—22 APR 25

Follows Quiet Moment at Lions Remembrance Park commencing at 1100 Hrs
(noon) Bistro, Bundaberg RSL Club, RSL Building, 17 Quay Street
A subsidy will be provided—select and order own meal. RSVP 10 Apr.
Coordinators :Jenny Waldron/Angella Hillis



SUNNY COAST LUNCHEON— THU 5 JUN 25

\$70 members \$95 guests, (lunch and coach) RSVP 5 May 25
Depart Bundaberg Coaches 0700 return approx. 1800
Cruise attire for lunch on the *SS Sunny Coast*, docked at Maroochydore RSL
Coordinator: Annette Newsham



58th BIRTHDAY LUNCHEON— 21 JUL 25

Venue: Terrace, Bundaberg RSL Club, RSL Building, 17 Quay Street
Gypsies, Tramps and Thieves
Members \$35 Guests \$45. RSVP 30 June
Coordinator : Jenny Waldron

COUNTRY GET-AWAY—2 to 5 SEP 25

Request a detailed information sheet from Jenny Waldron.
Coordinator: Jenny Waldron/Sharon Barsby

MONTHLY REGULARS Check page 7 for dates

CUPPA CHAT

FIRST WEDNESDAY OF THE MONTH
Informal get together at the Lodge from around 1000 Hrs
Arrive and depart as you wish. Bring a plate (optional)

TEN PIN BOWLS

LAST MONDAY JAN-NOV
FUN ACTIVITY—NO SKILL NEEDED (OR USED!) 1000 FOR 1100 HRS
Healthy exercise with mates and plenty of laughs. Everyone is a winner.
Bundaberg Bowl & Leisure Centre, Lester Street.
Members, full subsidy (free) for a time—guests pay per person booked rate.
Coordinator: Lynne Pollock

LINE DANCING

WEDNESDAYS —1200 TO 1300 HRS
Coronation Hall, 71 High St, Walkervale. *The word is that it is a real hoot!*
Cost per session in 2025 is: members \$2 and guests \$10
Coordinator: Sharon Barsby

BOOKING FOR AN ACTIVITY

PLEASE BOOK EARLY TO ASSIST WITH PLANNING.

The RSVP date is the last date for cancellations to receive a refund.

The easy way to book is via the clipboards at the Lodge.

Otherwise contact coordinator, activity officer or secretary. Contact info page 2.

IMPORTANT: Please advise any special diet requirements when booking for a function.

All bookings are to be confirmed by payment. (see page 2 for payment options).

OUR DIARY 2025

Please check page 10 for Commemorations



MAR	Mon	31	Ten Pin Bowls	Bundy Bowl & Leisure Centre, 1030 for 1100 Hrs
APR	Wed	02	Cuppa Chat	Lodge from 1000 Hrs
APR	Wed	02	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
APR	Wed	09	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
APR	Wed	16	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
APR	Tue	22	Salute to Servicewomen	Quiet Moment Lions Remembrance Park 1100 Hrs Anzac Girls Luncheon Bundaberg RSL Club 1200 Hrs
APR	Wed	23	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
APR	Fri	25	ANZAC Day	Bundaberg ANZAC Parade 0800 (see page 10) War Nurses 1015 Hrs (watch for notices on page 10)
APR	Mon	28	Ten Pin Bowls	Bundy Bowl & Leisure Centre, 1030 for 1100 Hrs
APR	Wed	30	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
MAY	Wed	07	Cuppa Chat	Lodge from 1000 Hrs
MAY	Wed	07	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
MAY	Wed	14	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
MAY	Mon	19	Meetings	Lodge, Committee 1200 Hrs (all welcome), General 1300 Hrs
MAY	Wed	21	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
MAY	Mon	26	Ten Pin Bowls	Bundy Bowl & Leisure Centre, 1030 for 1100 Hrs
MAY	Wed	28	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
JUN	Wed	04	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
JUN	Wed	04	Cuppa Chat	Lodge from 1000 Hrs
JUN	Thu	05	Bus trip	Sunshine Coast Luncheon 5 May - details page 6, book now.
JUN	Wed	11	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
JUN	Mon	16	Meetings	Lodge, Committee 1200 Hrs (all welcome), General 1300 Hrs
JUN	Wed	18	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
JUN	Wed	25	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
JUN	Mon	30	Ten Pin Bowls	Bundy Bowl & Leisure Centre, 1030 for 1100 Hrs
JUL	Wed	02	Cuppa Chat	Lodge from 1000 Hrs
JUL	Wed	02	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
JUL	Wed	09	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
JUL	Sat	12	Art Class	cancellation to be confirmed (Ukulele may have substituted)
JUL	Wed	16	Line Dancing	Coronation Hall 71 High St Walkervale 1200 Hrs
JUL	Mon	21	Birthday Lunch	58th Birthday <i>Gypsies, Tramps and Thieves</i> 1130 for 1200 Hrs



MARCH CUPPA CHAT

**Angella, Leone, Shirley, Sharon,
Jeannie, Annette, Sheryl, Glenda S, Mez, Glo-
ria K, Lesley, Anne
Sharon and Faye**



**PICNIC AT BOTANIC GARDENS
(braving the rain)**

**Jeannie and Ebony
Glenda EB, Sheryl, Ken, Shirley P, Shirley W
Glenda T**





AUTHOR TALK

Shirley W, Jeannie, Patricia, (author/member) Sheryl, Annette, Kerry

2025 AGM—HAND OVER OF OFFICE BEARERS

President

Sheryl Parker to Leone Wilson OAM



Secretary

Faye Chatham to Mary-Rose Mulvaney OAM



Read all about some of our stories behind the photos on Facebook

Commemorations



Women Veterans, join together for

ANZAC DAY BUNDABERG

BUNDABERG ANZAC PARADE *Below is 2024—not yet confirmed for this year, but 'usual'*

0800 assemble Targo Street south of roundabout.

The parade will march west along Bourbong Street, past the cenotaph and into Buss Park. There will be a designated shaded area for veterans. If attending Civic Service, take hat, water, sun screen.

War Nurses work party exit the park discreetly.

RED SHIRT or RED POLO?
FOR ANZAC DAY WEAR YOUR RED SHIRT IF YOU HAVE ONE. The polo shirt is for casual wear.

WAR NURSES SERVICE

1000 assemble War Nurses Memorial Park

1015 service

We host this service—please make all in attendance welcome and assist with the running as best you are able.



Enquiries: secretary@bundywomenveterans.org.au or phone Leone 07 4159 4134

By The Left—wear your medal entitlement on the left with pride



QUIET MOMENT TUE 22 APRIL 1100

This is when we pause to honour the women of the ADF and to remember the members who are no longer with us. Dress is neat casual as we then have lunch together. No need to wear medals. Lunch see page 6



ANNIVERSARIES & SIGNIFICANT EVENTS

APRIL

- 10 Apr 1941 Siege of Tobruk, North Africa (Rats of Tobruk)
- 22 Apr 1995 Kibeho massacre, Rwanda, occurred in a camp for internally displaced persons.
- 25 Apr 1915 ANZAC DAY. Landing at Gallipoli.



Our members' post WWII defence contribution to Australia



DOG FOR SALE :



A guy is driving around the back woods of Montana and he sees a sign in front of a broken down shanty-style house: 'Talking Dog For Sale'. He rings the bell and the owner appears and tells him the dog is in the backyard. The guy goes into the backyard and sees a nice looking Labrador retriever sitting there.

'You talk?' he asks.

'Yep,' the Lab replies.

After the guy recovers from the shock of hearing a dog talk, he says 'So, what's your story?'

The Lab looks up and says, 'Well, I discovered that I could talk when I was pretty young. I wanted to help the government, so I told the CIA. In no time at all they had me jetting from country to country, sitting in rooms with spies and world leaders, because no one figured a dog would be eavesdropping.'

'I was one of their most valuable spies for eight years running... But the jetting around really tired me out, and I knew I wasn't getting any younger so I decided to settle down. I signed up for a job at the airport to do some undercover security, wandering near suspicious characters and listening in. I uncovered some incredible dealings and was awarded a batch of medals.'

'I got married, had a mess of puppies, and now I'm just retired.'

The guy is amazed. He goes back in and asks the owner what he wants for the dog.

'Ten dollars,' the guy says.

'Ten dollars? This dog is amazing! Why on earth are you selling him so cheap?'

'Because he's a Bullshitter. He's never been out of the yard'



SMILE

A kindergarten pupil told his teacher he'd found a cat. She asked him if it was dead or alive. "Dead." She was informed. "How do you know?" she asked her pupil. "Because I pissed in its ear and it didn't move," answered the child innocently. "You did WHAT?!?" the teacher exclaimed in surprise. "You know," explained the boy, "I leaned over and went 'Pssst!' and it didn't move."

One day a teacher read the story Chicken Little to her class. She came to the part of the story where Chicken Little tried to warn the farmer. She read, "... and so Chicken Little went up to the farmer and said, "The sky is falling, the sky is falling!" The teacher paused then asked the class, "And what do you think that farmer said?" One little girl raised her hand and said, "I think he said: 'Holy Shit! A talking chicken!'" The teacher was unable to teach for the next 10 minutes.

Some fishing terms explained

Catch and Release - A conservation motion that happens most often right before the local Fish and Game officer pulls over a boat that has caught over it's limit.

Hook - (1) A curved piece of metal used to catch fish. (2) A clever advertisement to entice a fisherman to spend his life savings on a new rod and reel. (3) The punch administered by said fisherman's wife after he spends their life savings.

Line - Something you give your co-workers when they ask on Monday how your fishing went the past weekend.

Lure - An object that is semi-enticing to fish, but will drive an angler into such a frenzy that he will charge his credit card to the limit before exiting the tackle shop.

Reel - A weighted object that causes a rod to sink quickly when dropped overboard.

Rod - An attractively painted length of fiberglass that keeps an angler from ever getting too close to a fish.

School - A grouping in which fish are taught to avoid your \$29.99 lures and hold out for spam instead.

Tackle - What your last catch did to you as you reeled him in, but just before he wrestled free and jumped back overboard.



Tackle Box - A box shaped alarmingly like your comprehensive first aid kit. Only a tackle box contains many sharp objects, so that when you reach in the wrong box blindly to get a Band Aid, you soon find that you need more than one.

Test - (1) The amount of strength a fishing line affords an angler when fighting fish in a specific weight range. (2) A measure of your creativity in blaming "that darn line" for once again losing the fish.

*I haven't gotten anything done today.
I've been in the Produce Department trying to open this stupid plastic bag.*

CONTACTS

RSL

EMERGENCY 134RSL (134775)

Bundaberg RSL:

Veteran Support Centre: 43303167

ADVOCATE - Compensation -

Lex Roberts

Advocate Cell Tue-Fri 0900-1600

ACTIVITIES:

Tracey Amos (Contact TBA)

RSL Sub Branch

MOB 0477 959 747 or 43303169

Secretary Dannielle Brearley

RSL bldg. Mon-Fri 0830-1500

RSL VETERAN SERVICES

134 RSL (134 775) Opt 2

vs@rslqld.org

LEGACY

WELLBEING Rudy Valzan

0418 452 059

Defence Vets Drop In Centre:

4153 4599

Open Mon & Thu mornings,
ESO BBQ's lunchtime 1st Sunday

WELLBEING

Jude Binder, Angella Hillis CSC

DVA

1800 555 254

Advice and claims

1800 838 372

Mates4Mates

mates4mates.org

Open Arms—

Veterans & Families

Counselling

1800 011 046

Safe Zone 24/7

1800 142 072

Lifeline 24/7

13 11 14

www.lifeline.org.au

HAVE YOU BOOKED? Check

the clipboards;
the notice board;

CO pages 6 and 7; and Website

Have you secured your
booking with payment?

Talk to Committee

A list of contact numbers appears on page 2

Keep a copy handy and talk to a committee member about your ideas, or any concerns or questions.

Chests Out is designed to keep you informed. You should file your copy for a time as information is not necessarily repeated in every issue.

You, the members, own our association—it can be what you want it to be.

SUGGESTIONS:

Suggestions can be provided to the secretary or a committee member ahead of a meeting—

that way they can be placed on the agenda giving members advance notice and allowing them to consider your idea.

When making a suggestion, provide details that will enable committee and members to decide on its merit.

Suggestions should meet our aims and objects and comply with association policy/ constitution. (both are on the web)

IT IS YOUR ASSOCIATION



BIRTHDAYS

APRIL

Joy Christou (103)	03
Kay Littler	04
Del Crowley	11
John Wilson OAM	12
Annette Newsham	18
Fae Cooke	29

Happy Birthday!

**MEETINGS ARE
ESSENTIAL TO THE
ASSOCIATION**

**A QUORUM IS
ESSENTIAL TO A
MEETING**

**YOUR ATTENDANCE IS
ESSENTIAL TO A
QUORUM!**



Acknowledgement: Thank you to the Bundaberg RSL Sub Branch for printing file and limited hard copies for non-electronic members.